

# USANA MySMART®

USANA MySmart® protein shakes are a convenient way to customize your diet. For a deliciously healthy shake, start with your USANA MySmart® protein shake base and add your favorite fruits, vegetables, or flavor extract. Then add a Booster, Fibergy® Plus, or USANA MySmart® Protein Plus Booster.

## PROTEIN BASES

- Soy
- Whey



## BOOSTERS

- Protein Plus
- Fibergy® Plus



## USANA® WHOLEBIO™ MICROBIOME NUTRITION BAR

Get macros for your microbes in a chocolatey bar made with naturally sweet ingredients and a plant-based protein—plus probiotics and an exclusive prebiotic blend.



## NUTRIMEAL™

Nutrimeal™ shakes are nutritionally balanced meal replacements that provide an ideal ratio of carbohydrates, proteins, and beneficial fats to support a healthy weight.

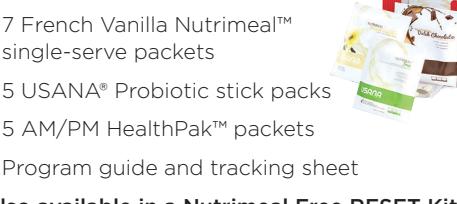
### DUTCH CHOCOLATE

- Rich chocolate flavor
- 15 grams protein blend
- Gluten free†



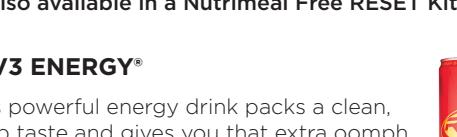
### FRENCH VANILLA

- Smooth vanilla flavor
- 15 grams soy protein
- Gluten free†



### NUTRIMEAL FREE

- Mild vanilla flavor
- 17 grams plant protein
- Gluten free†



For our customers sensitive to gluten, dairy, or soy: no gluten, dairy, or soy are used in these products. However, they are produced in a facility that manufactures other foods that do contain gluten. These products are produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

†Individual results may vary. The 5-Day RESET program lowers your daily caloric intake and recommends moderate exercise for best results.

It is suggested that you take these products to your physician and secure their advice if you intend to change your diet, begin an exercise program, are pregnant or lactating, have allergies, are taking medications, or are under the care of a physician.

Children under the age of 18 should not participate in the 5-Day RESET program, except on the advice of their physician and/or dietitian.

## 5-DAY RESET™, REV3 ENERGY® & SURGE PACK

Reset your body and your life with the 5-Day RESET™ weight-loss kit.\* Each day, simply replace three meals with a delicious and nutritionally balanced Nutrimeal™ shake, take your USANA® supplements, eat whole-food, low-glycemic snacks, and practice healthy lifestyle habits.

### KIT CONTAINS:

- 8 Dutch Chocolate Nutrimeal™ single-serve packets
  - 7 French Vanilla Nutrimeal™ single-serve packets
  - 5 USANA® Probiotic stick packs
  - 5 AM/PM HealthPak™ packets
  - Program guide and tracking sheet
- Also available in a Nutrimeal Free RESET Kit

### REV3 ENERGY®

This powerful energy drink packs a clean, crisp taste and gives you that extra oomph you need to push through your day.

### REV3 ENERGY® SURGE PACK

Convenient with a light lemon tea flavor, mix this stick pack with hot water for a healthy and energizing start to your day.



## CELAVIVE®

Celavive skincare, featuring USANA InCelligence Technology®, combines botanical extracts and powerful peptides in an exclusive Cell-Signaling Complex designed to counteract visible signs of aging like fine lines and wrinkles by targeting key skin receptors. Celavive also features the Olivol™ Botanical Blend that provides intense hydration for up to 24 hours with just one application.

Combined, these ingredients respond uniquely to reveal beautiful, younger-looking skin.

- Conditioning Makeup Remover
- Gentle Milk Cleanser (dry/sensitive skin)
- Creamy Foam Cleanser (combination/oily skin)
- Perfecting Toner
- Hydrating + Lifting Sheet Mask



### CELVIVE

### Cleanse

### Tone

### Enhance

### Hydrate

## sensé™ BODY CARE

Sensé™ body care products are made from botanical extracts from natural sources and topical nutrition complexes, so you can expect beautiful results for your body, hair, and smile.

- Energizing Shower Gel
- Revitalizing Shampoo
- Nourishing Conditioner
- Intensive Hand Therapy
- Firming Body Nourisher



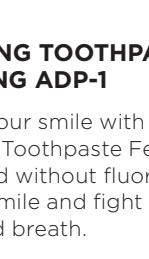
## ORAL CARE

### ORAL PROBIOTIC

Take nightly, after brushing, to support your oral health and replenish the good bacteria in your mouth for all-day fresh breath and healthy teeth and gums.

### WHITENING TOOTHPASTE FEATURING ADP-1

Brighten your smile with USANA Whitening Toothpaste Featuring ADP-1. Formulated without fluoride, protect your beautiful smile and fight the bacteria that causes bad breath.



## USANA®

THE CELLULAR NUTRITION COMPANY



# WHY USANA?

USANA creates high-quality nutritional products built on one simple idea: if you feed the cells in your body exactly what they need, your health will benefit. This concept fuels our endless drive to innovate and advance the science of nutrition—putting a healthy, happy life within reach for all.

Visit [askthescientists.com](http://askthescientists.com) to learn more about the benefits of supplementation and living an overall healthy lifestyle.



## THE ULTIMATE IN PERSONALIZED SUPPLEMENTS

USANA offers a wide variety of nutraceuticals, so you can choose products for your own unique health needs.

### MYHEALTHPAK™

- A completely customizable combination of your favorite supplements
- Available in AM/PM packs

## ESSENTIAL NUTRITION

### USANA CELSENTIALS®

- Advanced amounts of micronutrients to nourish, protect, and renew cells\*
- Core Minerals and Vita Antioxidant work together to support the foundation for vibrant health\*

### HEALTHPAK™

- Provides a full daily dose of the USANA CellSentials, as well as USANA® MagneCal D™ and the exclusive CellSentials Booster in convenient AM/PM packs

## CARDIOVASCULAR SYSTEM & CELLULAR FUNCTION

### PROFLAVANOL® C<sup>100/200</sup>

- Helps support cardiovascular, immune system, and skin health\*

### COQUINONE® 30/100

- Supports production of cellular energy\*

### BIOMEGA™

- Supports sound cardiovascular health and joint health\*

### USANA VITAMIN D

- Helps to prevent Vitamin D deficiency and supports absorption of calcium and phosphorus

### BOOSTER C 600™

- Supports immune health using echinacea, elderberry, zinc, and USANA's unique Poly C® vitamin C blend

### PROGLUCAMUNE®

- Supports healthy immunity, even during times of occasional stress

## ENDOCRINE & SKELETAL SYSTEM

### PURE REST™

- Supports the body's natural sleep and wake cycles\*

### PALMETTO PLUS™

- Supports long-term prostate health\*

### USANA ESTROPRO™

- Provides temporary relief from perimenopausal symptoms\*

### PROCOSA®

- Supports joint health by helping to maintain healthy cartilage\*

### MAGNECAL D™

- Helps maintain strong, mineral-rich bones\*

### ACTIVE CALCIUM™ CHEWABLE

- Supports bone health

### VITAMIN K2

- Supports bone and cardiovascular function with calcium.\*

## DIGESTIVE & NERVOUS SYSTEM

### USANA® PROBIOTIC

- Supports healthy digestion and sound immune function\*

### USANIMALS™

- Chewable daily vitamin for children

### HEPASIL DTX™

- Supports the body's natural detoxification processes\*

### VISIONEX® DS

- Supports long-term eye health\*

### USANA COPAPRIME+™

- Supports acute memory function and cognition\*

## USANA FOR ALL GENERATIONS

### PRENATAL CELSENTIALS™

- A comprehensive supplement system for pregnant women and their developing babies

### BIOMEGA™ JR.

- Supports healthy brains and bodies\*

### ACTIVE CALCIUM™ CHEWABLE

- Supports bone health

### VITAMIN K2

- Supports bone and cardiovascular function with calcium.\*

# BE MORE WITH USANA

If you love USANA, there's an easy way to help pay for your products (or even earn extra cash) simply by sharing what you love. Talk to your local Independent USANA Associate to get started with your own USANA business today.

Associates can also provide you with information on special pricing and how you can save up to 20%.

**USANA**  
INDEPENDENT ASSOCIATE

USANA Health Sciences Inc., 3838 West Parkway Blvd., Salt Lake City, UT 84120



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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.