

USANA *MySMART*®

USANA MySmart® shakes are a convenient way to customize your diet, and Protein Bases are where you start. After selecting your base, add a Flavor Optimizer and a Booster to customize your shake.

1 PROTEIN BASES

- Plant
- Soy
- Whey



Available in bags (14 servings) or 28-day single-serve packets (plant and whey only)

2 FLAVOR OPTIMIZERS

- Dark Chocolate
- Cappuccino
- Orange Cream
- Peach Mango
- Banana
- Strawberry
- Matcha Green Tea
- Milk Chocolate



3 BOOSTERS

- Protein Plus
- Fibergy® Plus



NUTRIMEAL™

Nutrimeal™ shakes are nutritionally balanced meal replacements that provide an ideal ratio of carbohydrates, proteins, and beneficial fats to support a healthy weight.

DUTCH CHOCOLATE

- Rich chocolate flavor
- 15 grams protein blend
- Gluten free†

FRENCH VANILLA

- Smooth vanilla flavor
- 15 grams soy protein
- Gluten free†

NUTRIMEAL FREE

- Mild vanilla flavor
- 17 grams plant protein
- Gluten free†



†For our customers sensitive to gluten, dairy, or soy: no gluten, dairy, or soy are used in these products. However, they are produced in a facility that manufactures other foods that do contain gluten. These products are produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

*Individual results may vary. The 5-Day RESET program lowers your daily caloric intake and recommends moderate exercise for best results.

It is suggested that you take these products to your physician and secure their advice if you intend to change your diet, begin an exercise program, are pregnant or lactating, have allergies, are taking medications, or are under the care of a physician.

Children under the age of 18 should not participate in the 5-Day RESET program, except on the advice of their physician and/or dietitian.

5-DAY RESET™, REV3 ENERGY® & SURGE PACK

Reset your body and your life with the **5-Day RESET™** weight-loss kit.* Each day, simply replace three meals with a delicious and nutritionally balanced Nutrimeal™ shake, take your USANA® supplements, eat whole-food, low-glycemic snacks, and practice healthy lifestyle habits.

KIT CONTAINS:

- 8 Dutch Chocolate Nutrimeal™ single-serve packets
- 7 French Vanilla Nutrimeal™ single-serve packets
- 5 USANA® Probiotic stick packs
- 5 AM/PM HealthPak™ packets
- Program guide and tracking sheet

Also available in a **Nutrimeal Free RESET Kit**

REV3 ENERGY®

This powerful energy drink packs a clean, crisp taste and gives you that extra oomph you need to push through your day.

REV3 ENERGY® SURGE PACK

Convenient with a light lemon tea flavor, mix this stick pack with hot water for a healthy and energizing start to your day.



CELAVIVE®

Celavive skincare, featuring **USANA InCelligence Technology®**, combines botanical extracts and powerful peptides in an exclusive Cell-Signaling Complex designed to counteract visible signs of aging like fine lines and wrinkles by targeting key skin receptors. Celavive also features the Olivo!™ Botanical Blend that provides intense hydration for up to 24 hours with just one application.

Combined, these ingredients respond uniquely to reveal beautiful, younger-looking skin.

- Conditioning Makeup Remover
- Gentle Milk Cleanser (dry/sensitive skin)
- Creamy Foam Cleanser (combination/oily skin)
- Perfecting Toner
- Hydrating + Lifting Sheet Mask

- Vitalizing Serum
- Hydrating Eye Essence
- Protective Day Cream SPF 30 (dry/sensitive skin)
- Protective Day Lotion SPF 30 (combination/oily skin)
- Replenishing Night Cream (dry/sensitive skin)
- Replenishing Night Gel (combination/oily skin)



Cleanse

Tone

Enhance

Enhance

Hydrate

senSé™ BODY CARE

Sensé™ body care products are made from botanical extracts from natural sources and topical nutrition complexes, so you can expect beautiful results for your body, hair, and smile.

- Energizing Shower Gel
- Revitalizing Shampoo
- Nourishing Conditioner
- Intensive Hand Therapy
- Firming Body Nourisher
- Whitening Toothpaste



USANA
THE CELLULAR NUTRITION COMPANY



WHY USANA?

USANA creates high-quality nutritional products built on one simple idea: if you feed the cells in your body exactly what they need, your health will benefit. This concept fuels our endless drive to innovate and advance the science of nutrition—putting a healthy, happy life within reach for all.

Visit askthescientists.com to learn more about the benefits of supplementation and living an overall healthy lifestyle.

THE ULTIMATE IN PERSONALIZED SUPPLEMENTS

USANA offers a wide variety of nutritionals, so you can choose products for your own unique health needs.

MYHEALTHPAK™

- A completely customizable combination of your favorite supplements
- Available in AM/PM packs

ESSENTIAL NUTRITION

CELLSENTIALS™

- Advanced amounts of micronutrients to nourish, protect, and renew cells*
- Core Minerals™ and Vita-Antioxidant™ work together to support the foundation for vibrant health*

HEALTHPAK™

- Provides a full daily dose of the USANA CellSentials, as well as USANA® MagneCal D™ and the exclusive CellSentials Booster in convenient AM/PM packs

CARDIOVASCULAR SYSTEM & CELLULAR FUNCTION

PROFLAVANOL® C¹⁰⁰

- Helps support cardiovascular, immune system, and skin health*

COQUINONE® 30

- Supports production of cellular energy*

BIOMEGA™

- Supports sound cardiovascular health and joint health*

VITAMIN D

- Helps to prevent Vitamin D deficiency and supports absorption of calcium and phosphorus

BOOSTER C 600™

- Supports immune health using echinacea, elderberry, zinc, and USANA's unique Poly C® vitamin C blend

PROGLUCAMUNE™

- Supports healthy immunity, even during times of occasional stress

ENDOCRINE & SKELETAL SYSTEM

PURE REST™

- Supports the body's natural sleep and wake cycles*

PALMETTO PLUS™

- Supports long-term prostate health*

PHYTOESTRIN™

- Provides temporary relief from perimenopausal symptoms

PROCOSA®

- Supports joint health by helping to maintain healthy cartilage*

USANA® MAGNECAL D™

- Helps maintain strong, mineral-rich bones*

ACTIVE CALCIUM™ CHEWABLE

- Supports bone health

DIGESTIVE & NERVOUS SYSTEM

USANA® PROBIOTIC

- Supports healthy digestion and sound immune function*

USANA® DIGESTIVE ENZYME

- Supports healthy digestion

HEPASIL DTX™

- Supports the body's natural detoxification processes*

VISIONEX®

- Supports long-term eye health*

GINKGO-PS™

- Supports acute memory function and cognition*

USANA FOR ALL GENERATIONS

PRENATAL CELLSSENTIALS™

- A comprehensive supplement system for pregnant women and their developing babies

USANIMALS™

- Chewable daily vitamin for children

BODY ROX™

- Helps compensate for teens' erratic eating habits

BIOMEGA™ JR.

- Supports healthy brains and bodies*

BE MORE WITH USANA

If you love USANA, there's an easy way to help pay for your products (or even earn extra cash) simply by sharing what you love. Talk to your local Independent USANA Associate to get started with your own USANA business today.

Associates can also provide you with information on special pricing and how you can save up to 20%.

USANA
INDEPENDENT ASSOCIATE

USANA Health Sciences Inc., 3838 West Parkway Blvd., Salt Lake City, UT 84120



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.