

# BE MORE WITH USANA

Get obsessed with your cells and start living your best life with USANA. As you see—and feel—the difference cellular health makes, you'll be excited to share USANA products with everyone you know. Your wellness is worth it. Get more out of your life and change the lives of those you care about most.

## USANA ACTIVE NUTRITION

Support your life in motion with **USANA Active Nutrition**. This comprehensive line of products takes a mindful approach to daily, whole-body health. Be empowered to take purposeful action to embrace healthy choices and make the most of every day. Each product is gluten free, GM-Free, made with natural ingredients, and manufactured in-house.



### WEIGHT MANAGEMENT

- Nutrimel Active Meal Replacement and Nutrimel
- Nutrimel Free Active
- Peanut Butter Snack Bar
- Decadent Vanilla Collagen Protein Bar
- Coconut Craze Collagen Protein Bar
- Active+



### DIGESTIVE

- Whey Protein Isolate
- Fibergy Active
- Detox Tea Mix



### ENERGY & HYDRATION

- Hydration Drink
- Rev3 Energy and Rev3 Energy Surge Pack

## ACTIVE NUTRITION PROGRAMS

Working smarter is key to achieving healthy lifestyle goals, and your customers will have everything they need to succeed when they unbox one of our Active Nutrition program kits.

Each kit includes a curated selection of USANA supplements and foods targeted to a specific aspect of health, plus printed resources to help users start and maintain holistic habits. The Active Nutrition programs last one to four weeks and encourage with you to focus on lifestyle just as much as nutrition—for the ultimate winning combination.

- Jumpstart Kit
- Transform Kit
- Maintain Kit

## 5-DAY RESET

Reset your body and your life with the 5-Day RESET weight-management kit.\* Each day, simply replace three meals with a delicious and nutritionally balanced Nutrimeal shake, take your USANA supplements, eat whole-foods, reach for low-glycemic snacks, and practice healthy lifestyle habits.

\*Individual results may vary. The 5-Day RESET program lowers your daily caloric intake and recommends moderate exercise for best results. It is suggested you take these products to your physician and secure their advice if you intend to change your diet, begin an exercise program, are pregnant or lactating, have allergies, are taking medications, or are under the care of a physician. Children under the age of 18 should not participate in the 5-Day RESET program, except on the advice of their physician and/or dietitian.

## CELAVIVE

Celavive skincare, featuring **USANA InCelligence Technology**, combines botanical extracts and powerful peptides in an exclusive formula designed to diminish visible signs of aging, like fine lines and wrinkles. Celavive also features the Olivol Botanical Blend that provides intense hydration for up to 24 hours with just one application.

Combined, these ingredients respond uniquely to reveal beautiful, younger-looking skin.

- Conditioning Makeup Remover
- Gentle Milk Cleanser (dry/sensitive skin)
- Creamy Foam Cleanser (combination/oily skin)
- Perfecting Toner
- Exfoliating Scrub + Mask
- Hydrating + Lifting Sheet Mask
- Radiant Facial Oil
- Hydrating Eye Essence
- Resurfacing Serum
- Vitalizing Serum
- Protective Day Cream (dry/sensitive skin)
- Protective Day Lotion (combination/oily skin)
- Replenishing Night Cream (dry/sensitive skin)
- Replenishing Night Gel (combination/oily skin)
- Luminous Moisture Cream



## POSTBIOTICS

With **Postbiotics**—a natural by-product of probiotic fermentation—lock in moisture, replenish the skin's moisture barrier, and defend against environmental irritants. USANA's postbiotic skincare works in harmony with your skin to promote a happy, well-balanced complexion.

- Calming Cleanser
- Rescue Serum
- Soothing Moisturizer
- Barrier Balm



# WHY USANA

Your body contains 37 trillion cells—each one of them is unique, making you, you. Take a whole-body approach to wellness and feel the difference optimal cellular health can make. USANA creates high-powered vitamins and minerals to help you feel your absolute best by fueling your cells. Experience the difference when you add USANA to your life.

## THE ULTIMATE IN PERSONALIZED SUPPLEMENTS

USANA offers a wide variety of nutritionals, so you can choose products for your own unique health needs.

### ESSENTIAL NUTRITION

#### USANA CELLSSENTIALS: CORE MINERALS AND VITA ANTIOXIDANT

- Provides an essential foundation for optimal cellular nutrition
- Core Minerals and Vita Antioxidant work together to support the foundation for vibrant health

#### HEALTHPAK

- Provides a full daily dose of the USANA Core Minerals and Vita Antioxidant, as well as USANA MagneCal D and the exclusive CellSentials Booster in convenient AM/PM packs

## CARDIOVASCULAR SYSTEM & CELLULAR FUNCTION

#### PROFLAVANOL C<sup>100/200</sup>

- Antioxidant for maintenance of good health

#### COQUINONE 30/100

- Supports cardiovascular health

#### BIOMEGA

- Cardiovascular health and brain function support

#### USANA VITAMIN D

- Helps to prevent vitamin D deficiency and supports absorption of calcium and phosphorus

#### POLY C

- Supports an already healthy immune system with vitamin C

#### PROGLUCAMUNE

- Supports an already healthy immune system

#### USANA IRON

- Fortify healthy habits with iron

## ENDOCRINE & SKELETAL SYSTEM

#### PALMETTO +

- Long-term prostate health support

#### USANA ESTROPRO

- May help reduce frequent menopausal symptoms

#### PROCOSA

- Supports joint health by helping to maintain healthy cartilage

#### MAGNECAL D

- Helps in the development and maintenance of bones

#### ADVANCED COLLAGEN

- Smooth and refine your skin—and more—with the power of collagen

## DIGESTIVE & NERVOUS SYSTEM

#### USANA PROBIOTIC

- Helps support gastrointestinal health

#### USANA DIGESTIVE ENZYME

- Healthy digestion aid

#### HEPA +

- Supports the body's natural detoxification processes

#### VISIONEX DS

- Long-term eye health support

#### USANA COPAPRIME+

- Traditionally used in Ayurveda for memory enhancement

## USANA FOR ALL GENERATIONS

#### PRENATAL CORE MINERALS & PRENATAL VITA ANTIOXIDANT

- A comprehensive supplement system for pregnant women and their developing babies

#### USANIMALS

- Chewable daily vitamin

#### BODY ROX

- Helps compensate for teens' erratic eating habits

#### BIOMEGA JR.

- Daily vitamin, mineral, and antioxidant support

## MOOD & RELAXATION

#### MIND+BODY BALANCE

- Helps increase energy and resistance to stress

#### PURE REST

- Supports the body's natural sleep and wake cycles

## HEALTHY LIVING

#### ORAL PROBIOTIC

Take nightly after brushing to replenish the good bacteria in your mouth and to support your gastrointestinal health with favorable gut flora.

#### WHITENING TOOTHPASTE FEATURING ADP-1

Brighten your smile with USANA Whitening Toothpaste Featuring ADP-1. Formulated without fluoride, protect your beautiful smile and fight the bacteria that causes bad breath.

#### USANA FOAMING HAND WASH

Made with naturally derived ingredients and paraben-free for a foamy, gentle cleanse that washes away dirt while it soothes and moisturizes your skin. Enjoy a decadent, lemon crème scent to subtly refresh and energize your home.

**sensé** BODY CARE

**Sensé** body care products are made with botanical extracts from natural sources and topical nutrition complexes, so you can expect beautiful results.

- Energizing Shower Gel
- Revitalizing Shampoo
- Nourishing Conditioner
- Intensive Hand Therapy
- Firming Body Nourisher
- Hair & Body Pack