USANA creates high-quality nutritional products built on one simple idea: if you feed the cells in your body exactly what they need, your health will benefit.

USANA uses only the finest ingredients and is one of only a few nutritional companies to manufacture their products in their own state-of-the-art facility. Each product is rigorously tested for potency, bioavailability, purity, and uniformity.

More than 100 scientists globally are dedicated to creating new innovations in nutrition. More than 3,000 elite athletes worldwide use our products to support their healthy, active lifestyles.

To learn more about the benefits of supplementation and living an overall healthy lifestyle, visit:

askthescientists.com

Facebook: /USANAUK Instagram: @usana_uk_official

YouTube: /USANA United Kingdom Official

USANA.com

OPTIMISE YOUR HEALTH WITH ESSENTIAL NUTRITION

HEALTHPAK

Along with a healthy, balanced diet, USANA HealthPak makes it easy to get the micronutrients you need every day. HealthPak includes individual packets each containing the following:

- CellSentials: Vita Antioxidant with InCelligence Complex (1 tablet) and Core Minerals (1 tablet).
- MagneCal: A food supplement with magnesium (1 tablet). A HealthPak exclusive!
- CellSentials Booster: Builds upon the protection and renewal activity initiated by CellSentials (2 tablets). A HealthPak exclusive!



CELLSENTIALS (Core Minerals and Vita Antioxidant)

- Core Minerals supply an ideal combination of high-quality and trace minerals. It also includes added vitamin C. To maximise results. Core Minerals should be consumed with Vita Antioxidant, as it complements the vitamins and supports the benefits activated by the InCelligence Complex.
- Vita Antioxidant supplies high-quality vitamins and antioxidants plus the proprietary InCelligence Complex with cell-signalling



*CellSentials, containing InCelligence, nourishes your cells with biotin, chromium, and zinc to contribute to normal macronutrient metabolism. CellSentials protects your cells with copper, manganese, selenium, riboflavin, and vitamins E and C, which contribute to the protection of cells from oxidative stress. CellSentials renews your cells, as it contains calcium, folate, magnesium, vitamin A, vitamin B12, and vitamin D, which contribute to the process of cell division and specialisation.

BODY ROX

USANA's complete daily vitamin and mineral food supplement for children and teenagers.

Contains:

- Pantothenic acid to contribute to normal mental performance.
- Vitamin B12 to aid normal red blood cell formation.
- Riboflavin to help maintain normal skin.
- Vitamin C to help protect cells against oxidative stress.
- Olivol extract to provide a unique bioflavonoid complex.



SKELETAL SYSTEM

MAGNECAL D

USANA's comprehensive bone health food supplement

Contains:

- Calcium (bioavailable citrates and carbonates) for the maintenance of normal bones, teeth, and immune system.
- Vitamin D to help the body effectively absorb calcium. Vitamin D also promotes phosphorus absorption that is essential to maintaining healthy bones.
- Magnesium (bioavailable citrates and carbonates) to help reduce fatigue and aid metabolism.

PROCOSA

USANA's supplement to maintain healthy cartilage for optimal mobility, with the InCelligence Complex

Contains:

- Manganese, which contributes to the normal formation of connective tissue.
- Vitamin C to promote collagen synthesis for normal cartilage function.
- The bioavailable turmeric compound Meriva.



CALM RESPONSE

Aromatic topical essential oil balm to promote calm feelings and a centred disposition.

Mood & Relaxation

Despite your best efforts, occasional stress

expect it. Managing stress can help you feel

emotional, and mental well-being. Which is

why we created these Mood & Relaxation

better—from your mood to your physical.

can creep into your day when you least

- for on-the-go use.



MIND + BODY BALANCE*

Mood support supplement for maintaining a balanced emotional esponse and resilience.

BE MORE WITH

If you love USANA, there's an easy way to help pay for your products—or even earn extra cash simply by sharing what you love. Talk to your local Independent USANA Distributor to get started with your own USANA business today.

Distributors can also provide you with special pricing information and how you can save up to 20 %.

USANA is a member of the UK DSA (Direct Selling Association).

Contact us: contactEU@USANAinc.com

For more information about USANA products. contact your Independent USANA Distributor.





USANA Health Sciences Inc..

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HEALTHY WEIGHT

NUTRIMEAL

Nutrimeal protein shakes are tasty, convenient and nutritious

- High in protein (GM-Free)
- Contains 8 grams of dietary fibre per serving
- Gluten free†
- Natural flavour and sweeteners





DUTCH CHOCOLATE

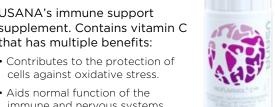
- Rich chocolate flavour
- 15 grams protein blend (from whey and soy proteins)
- Gluten free†

FRENCH VANILLA

Smooth vanilla flavour

[†]For our customers sensitive to gluten: no gluten is used in these products. However, they are produced in a facility that manufactures other foods that do contain gluten.

- 15 grams soy protein
- Gluten free†



METABOLISM+

USANA's metabolic support supplement

- Supports a healthy metabolism
- Helps increase energy
- Green tea extract can support fat burn



CARDIOVASCULAR SYSTEM

PROFLAVANOL C200

USANA's immune support supplement. Contains vitamin C that has multiple benefits:

- Contributes to the protection of
- · Aids normal function of the immune and nervous systems.
- Promotes collagen synthesis for the normal function of blood



POLY C

USANA's high-quality fish-oil food supplement

CELLULAR FUNCTION

USANA BIOMEGA

- Contains eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) that contribute to the normal function of the heart.*
- DHA specifically supports the maintenance of normal brain function.

all year round

phosphorus.

USANA's proprietary, advanced

Contains mineral ascorbates to

Supports development and

provide superior bioavailability

and prolonged vitamin C activity

maintenance of bones, cartilage,

vitamin C supplement

teeth, and gums.

USANA VITAMIN D

Support healthy vitamin D levels





PROGLUCAMUNE

Healthy immunity support. even during times of occasional stress.

 Combines organic reishi and shiitake mushroom extracts with baker's yeast to tap in to cells' natural protective abilities.

ORAL CARE

 Helps to prevent vitamin D A brilliant, white smile draws others in, builds deficiency and assists in the absorption of calcium and you up, and makes you feel fabulous.

USANA WHITENING TOOTHPASTE FEATURING ADP-1

Brighten your smile with USANA Whitening Toothpaste Featuring ADP-1. Formulated without fluoride to protect your beautiful smile and keep it clean.

DIGESTION SYSTEM & **DETOX SUPPORT**

USANA PROBIOTIC

USANA's probiotic food supplement

- Promotes a natural balance of beneficial microflora in the gut.
- Each stick is filled with 12 billion colony forming units of viable bacteria clinically proven to survive the harsh and acidic environment in the stomach.
- Features a unique 50/50 mixture of Bifidobacterium BB-12^{+®} and Lactobacillus rhamnosus LGG^{†®}.

HEPASIL DTX

A health supplement for a healthy liver and balanced natural detoxification process

 Contains choline, which contributes to normal lipid metabolism, the maintenance of normal liver function, normal homocysteine metabolism, and natural detoxification processes.**

TONE

· Gentle Milk Cleanser Perfecting Toner (suitable for dry/sensitive skin)

CELAVIVE

Visit Celavive.com to learn more.

Creamy Foam Cleanser

Vitalizing Serum

ENHANCE

Hydrating Eye Essence

Celavive skincare, featuring USANA InCelligence technology, combines botanical extracts and

powerful peptides in an exclusive Cell-Signalling Complex designed to counteract visible signs

Combined, these ingredients respond uniquely to reveal beautiful, younger-looking skin.

of ageing, like fine lines and wrinkles, by targeting key skin receptors. Celavive also features the

Olivol Botanical Blend that provides intense hydration for up to 24 hours with just one application.

- Exfoliating Scrub + Mask
- Hydrating + Lifting Sheet Mask

HYDRATE

- Protective Day Lotion SPF 30 (suitable for combination/oily skin)
 - Protective Day Cream SPF 30 (suitable for dry/sensitive skin)
 - Replenishing Night Gel (suitable for combination/oily skin)
 - Replenishing Night Cream (suitable for dry/sensitive skin)



CLEANSE



(suitable for combination/oily skin)



















These products are produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish, *The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA



INCELLIGENCE OLIVOL