

WHY USANA?

USANA creates high-quality nutritional products built on one simple idea: if you feed the cells in your body exactly what they need, your health will benefit.

USANA uses only the finest ingredients and is one of only a few nutritional companies to manufacture their products in their own state-of-the-art facility. Each product is rigorously tested for potency, bioavailability, purity, and uniformity.

More than 150 scientists globally are dedicated to creating new innovations in nutrition. More than 3,000 elite athletes worldwide use our products to support their healthy, active lifestyles.

To learn more about the benefits of supplementation and living an overall healthy lifestyle, visit:

[USANA.com](https://www.usana.com)
[askthescientists.com](https://www.facebook.com/USANAEuropeOfficial)
Facebook: USANAEurope.Official
Instagram: USANAEurope.Official
YouTube: [/USANA United Kingdom Official](https://www.youtube.com/channel/UC1W586500)

OPTIMISE YOUR HEALTH WITH ESSENTIAL NUTRITION

HEALTHPAK

Along with a healthy, balanced diet, USANA HealthPak makes it easy to get the micronutrients you need every day.

HealthPak includes individual packets, each containing the following:

- CellSentials: Vita Antioxidant with InCelligence Complex (1 tablet) and Core Minerals (1 tablet).
- MagneCal: A food supplement with magnesium (1 tablet). A HealthPak exclusive!
- CellSentials Booster: Builds upon the protection and renewal activity initiated by CellSentials (2 tablets). A HealthPak exclusive!



CELLSENTIALS (Core Minerals and Vita Antioxidant)

- Core Minerals supply an ideal combination of high-quality and trace minerals. It also includes added vitamin C. To maximise results, Core Minerals should be consumed with Vita Antioxidant, as it complements the vitamins and supports the benefits activated by the InCelligence Complex.
- Vita Antioxidant supplies high-quality vitamins and antioxidants plus the proprietary InCelligence Complex with cell-signalling technology.



*CellSentials, containing InCelligence, nourishes your cells with biotin, chromium, and zinc to contribute to normal macronutrient metabolism. CellSentials protects your cells with copper, manganese, selenium, riboflavin, and vitamins E and C, which contribute to the protection of cells from oxidative stress. CellSentials renews your cells, as it contains calcium, folate, magnesium, vitamin A, vitamin B12, and vitamin D, which contribute to the process of cell division and specialisation.

DIGESTIVE HEALTH & DETOX SUPPORT

USANA PROBIOTIC

USANA's probiotic food supplement.

- Promotes a natural balance of beneficial microflora in the gut.
- Each stick is filled with 12 billion colony forming units of viable bacteria clinically proven to survive the harsh and acidic environment in the stomach.
- Features a unique 50/50 mixture of *Bifidobacterium* BB-12* and *Lactobacillus rhamnosus* LGG.*†



HEPASIL DTX

A health supplement for a healthy liver and balanced natural detoxification process.

- Contains choline, which contributes to normal lipid metabolism, the maintenance of normal liver function, normal homocysteine metabolism, and natural detoxification processes.**



*Trademarks are the property of their respective owners.
**Product formulations available in Germany and Romania do not contain choline.

FIBERGY ACTIVE

A powerful, prebiotic blend of soluble and insoluble fibres to support gut health.

- Contains a blend of soluble and insoluble fibres (9 grams) to promote optimal gut health and regularity
- Formulated with fruit fibres to nourish cells with phytonutrients and antioxidants.
- No added sugars or artificial ingredients.



DIGESTIVE INFUSION

Soothing herbal infusion to help with digestion and occasional feelings of bloating caused from overeating. Features a naturally based formula of chicory inulin, dandelion root extract, ginger extract, milk thistle, cinnamon, peppermint, and liquorice.

- Naturally based formula
- Contains natural herbal extracts
- Stimulant and caffeine free
- Aids digestion and toxin removal
- No artificial flavours, colours, or sweeteners
- Maintains the health of your gut microbiome



SKELETAL SYSTEM

MAGNECAL D

USANA's comprehensive bone health food supplement

- Calcium (bioavailable citrates and carbonates) for the maintenance of normal bones, teeth, and immune system.
- Vitamin D to help the body effectively absorb calcium. Vitamin D also promotes phosphorus absorption that is essential to maintaining healthy bones.
- Magnesium (bioavailable citrates and carbonates) to help reduce fatigue and aid metabolism.



PROCOSA

USANA's supplement to maintain healthy cartilage for optimal mobility, with the InCelligence Complex

- Manganese, which contributes to the normal formation of connective tissue.
- Vitamin C to promote collagen synthesis for normal cartilage function.
- The bioavailable turmeric compound Meriva.*†



EYE HEALTH

VISIONEX DS

Advanced eye-health supplement to help maintain vision.

- Vitamin C contributes to normal collagen formation and protects cells from oxidative stress.
- Zinc is important in many aspects of health and helps maintain normal vision.
- Delivers phytonutrients like lutein, zeaxanthin, and bilberry extract.



BRAIN & NERVE HEALTH

COPAPRIME+

Advanced nootropic formula to support cognitive performance and long-term brain health.

- InCelligence Technology combines two potent nootropics shown to powerfully support cognitive function
- Bacopa extract (*Bacopa monnieri*) assists cognitive functions like learning and memory formation
- Whole coffee fruit extract supplies antioxidants and neuroprotective properties
- American ginseng supports healthy function of brain cells, neurons, and nerve cells



BE MORE WITH USANA

If you love USANA, there's an easy way to help pay for your products—or even earn extra cash—simply by sharing what you love. Talk to your local Independent USANA Distributor to get started with your own USANA business today.

Distributors can also provide you with special pricing information and how you can save up to 20%.

USANA is a member of the UK DSA (Direct Selling Association).

Contact us:
contactEU@USANAinc.com
Product images from UK/Germany are shown.

For more information about USANA products, contact your Independent USANA Distributor.

USANA
INDEPENDENT DISTRIBUTOR

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568.330103 uk_EN 2/25 WF1586500

HEALTHY WEIGHT

NUTRIMEAL

Nutrimeal protein shakes are tasty, convenient, and nutritious.

- High in protein. (GM-Free)
- Contains 8 grams of dietary fibre per serving.
- Gluten free.*
- Natural flavour and sweeteners.

DUTCH CHOCOLATE

- Rich chocolate flavour
- 16 grams protein blend (from whey and soy proteins)
- Gluten free*



FRENCH VANILLA

- Smooth vanilla flavour
- 18 grams soy protein
- Gluten free*



METABOLISM+

USANA’s metabolic support supplement.

- Supports a healthy metabolism.
- Helps increase energy.
- Green tea extract can support fat burn.



ENERGY & HYDRATION

ENERGY+

On-the-go energy drink mix with B vitamins and caffeine from green coffee beans.

- B vitamin complex:
 - Includes riboflavin (B2), niacin (B3), calcium pantothenate (B5), pyridoxine HCL (B6), and cyanocobalamin (B12), nutrients essential for energy metabolism.
- Caffeine from green coffee beans
- Taurine:
 - An amino acid that promotes healthy metabolism and supports physical performance.



CARDIOVASCULAR SYSTEM

PROFLAVANOL C²⁰⁰

USANA’s immune support supplement. Contains vitamin C that has multiple benefits:

- Contributes to the protection of cells against oxidative stress.
- Aids normal function of the immune and nervous systems.
- Promotes collagen synthesis for the normal function of blood vessels.



HYBRID

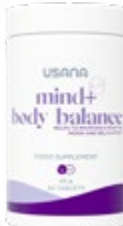
MOOD & RELAXATION

MIND + BODY BALANCE

Despite your best efforts, occasional stress can creep into your day when you least expect it. Managing stress can help you feel better—from your mood to your physical, emotional, and mental well-being.

Mood support supplement for maintaining a balanced emotional response and resilience.

- Nurtures a healthy emotional response and resilience.
- Helps the body adapt to feelings of mild and occasional stress and nervousness.



CELLULAR FUNCTION

BIOMEGA

USANA’s high-quality fish-oil food supplement.

- Contains eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) that contribute to the normal function of the heart.*
- DHA specifically supports the maintenance of normal brain function.



POLY C

USANA’s proprietary, advanced vitamin C supplement.

- Contains mineral ascorbates to provide superior bioavailability and prolonged vitamin C activity.
- Supports development and maintenance of bones, cartilage, teeth, and gums.



PROGLUCAMUNE

Healthy immunity support, even during times of occasional stress.

- Combines organic reishi and shiitake mushroom extracts with baker’s yeast to tap in to cells’ natural protective abilities.



VITAMIN D

Support healthy vitamin D levels all year round.

- Helps to prevent vitamin D deficiency and assists in the absorption of calcium and phosphorus.



CELAVIVE

Celavive skincare, featuring USANA InCelligence Technology, combines botanical extracts and powerful peptides in an exclusive Cell-Signalling Complex designed to target key skin receptors to promote the skin’s moisture barrier function and support your skin’s natural beauty-preserving functions. Celavive also features the Olivol Botanical Blend that provides intense hydration for up to 24 hours with just one application. Combined, these ingredients help support six major elements associated with a healthy skin matrix, including collagen and elastin, for younger-looking skin and a radiant, glowing complexion.

Visit celavive.com to learn more.

CLEANSE

- Gentle Milk Cleanser (suitable for dry/sensitive skin)
- Creamy Foam Cleanser (suitable for combination/oily skin)



Cleanse

TONE

- Perfecting Toner

ENHANCE

- Vitalizing Serum
- Hydrating Eye Essence
- Exfoliating Scrub + Mask
- Hydrating + Lifting Sheet Mask



Enhance

HYDRATE

- Protective Day Lotion SPF 30 (suitable for combination/oily skin)
- Protective Day Cream SPF 30 (suitable for dry/sensitive skin)
- Replenishing Night Gel (suitable for combination/oily skin)
- Replenishing Night Cream (suitable for dry/sensitive skin)



Hydrate



USANA
THE CELLULAR NUTRITION COMPANY

*For our customers sensitive to gluten: no gluten is used in these products. However, they are produced in a facility that manufactures other foods that do contain gluten. These products are produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

*The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.