



Let's  
talk  
about  
Fibre!



# Let's talk about Fibre!

- What is Dietary Fibre? Dietary fibre is a component of all plant materials. It is mainly made up of types of carbohydrate that your body can't digest or absorb.
- Fibre is classified into Soluble and Insoluble
- A diet high in fibre can help you maintain a healthy digestive system and long-term good health.
- Most Australians only get about two-thirds of the daily fibre requirement!

*Introducing*

# Fibergy™ Plus

*New!*

USANA  
fibergy

Natural Fibr Blend

- Provides Multiple Sources of Dietary Fibre
- Contains Psyllium and Inulin
- Formulated Without Gluten, Soy, or Dairy



**12 Grams**  
of Fibre per Serving





# Fibergy™ Plus

- USANA's high fibre low-GI flavourless unique formulation which contains **Psyllium** and **Inulin**, which promotes good digestive health, and aids in normal bowel regularity
- Contains natural ingredients
- Formulated without Gluten, Soy or Dairy
- 12 grams of soluble and insoluble fibre per serving – 40% of daily fibre requirement in one serve! \*

(\*National Health and Medical Research Council (NHMRC) and the Department of Health)

- More than double the fibre content per serve of competition!

Benefibre – 3 g per serve

Dulcofibre – 2.2 g per serve

Fibresure – 5 g per serve

Metamucil Clear & Natural – 5 g per serve



# Fibergy™ Plus



- Replaces **Almond Cremè & Peach Mango Fibergy** in AU & NZ
- 28 serves per pack – double!
- Item # 226
- SVP: 10
- Autoship Price : \$28.00 AU / \$36.00 NZ (Saving of 26% in AU and 30% in NZ)
- Available : Immediately!

**Better Formulation at a Better Price!**