# THE HEALTHY HOME

Simple Truths to Protect Your Family From Hidden Household Dangers

by Myron Wentz, Ph.D. and Dave Wentz with Donna K. Wallace

## **BOOK OVERVIEW**

In *The Healthy Home*, father-and-son team Dr. Myron Wentz and Dave Wentz walk readers room-by-room through a typical house, pointing out the surprising health risks posed by the everyday products and behaviors of a modern family.

With the help of colorful illustrations and illuminating quizzes, you will learn about the negative effects of toxins found throughout your home and receive simple solutions to help minimize exposure without foregoing convenience.

From examining the cleanliness of the air in your home versus a city during rush hour, to determining the effects of high-frequency radiation from wireless technology, to revealing the dangerous source of that "new car smell," *The Healthy Home* gives people the power to make a long-term impact on their own health and that of their loved ones. It is an invaluable guide that will change how we live in simple yet significant ways.



All author proceeds will be donated to the international non-profit Children's Hunger Fund to help provide food and medical care to impoverished children around the world.

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### ABOUT THE AUTHORS



#### MYRON WENTZ, Ph.D.

Dr. Myron Wentz holds a Ph.D. in microbiology with a specialty in immunology from the University of Utah. He founded Gull Laboratories in 1974 and developed the first commercially available diagnostic test for the Epstein-Barr virus. Later he founded USANA Health Sciences and the Sanoviv Medical Institute. Honored in June 2007 with the Albert Einstein Award

for Outstanding Achievement in the Life Sciences, he is the author of A Mouth Full of Poison and Invisible Miracles.

In recent years Dr. Wentz has turned his attention to charitable and humanitarian concerns, founding the Wentz Medical Centre and Laboratory in Uganda and the Wentz Medical Centre in Cambodia, serving children orphaned by diseases such as malaria and HIV. In 2006, Dr. Wentz was a recipient of the Children's Champion Award, presented by the Children's Hunger Fund.



#### DAVE WENT7

Dave Wentz is chief executive officer of USANA Health Sciences, a state-of-the-art manufacturer of nutritional supplements and health products. He received a bachelor's degree in bioengineering from the University of California, San Diego. In 2009 he was named one of the most powerful CEOs 40 and under on Forbes.com. Dave lives

with his wife, Reneé, and children, Andrew and Sydney, in Salt Lake City, Utah, where he enjoys skydiving, playing volleyball and soccer, mountain biking, and skiing Utah's famous powder.