



YOUR HEALTH. YOUR WAY.



Essentials™
USANA's patented Olivol™ olive fruit extract that provides the nutritional benefits of the Mediterranean diet.
112 Tablets/Bottle • Item# 101

TRUE HEALTH—IT'S ESSENTIAL

Your personal nutrition plan starts with a simple system of supplements. Together, Mega Antioxidant and Chelated Mineral comprise the USANA® Essentials™ for adults. This duo delivers a broad range of vitamins, minerals, and antioxidants to support the health of your entire body from the cell up.

CARDIOVASCULAR SYSTEM

The cardiovascular system includes the heart and blood vessels. It is responsible for circulating blood, which carries nutrients, oxygen, and blood cells throughout the body.

CoQuinone® 30
Supports cellular energy production and heart and healthy nerve function.
56 Tablets/Bottle • Item# 123



Proflavanol® C100
Supports circulation, immune function, and skin health.
56 Tablets/Bottle • Item# 110
HYBRID



BiOmega™
Supports heart, brain, skin, eye, joint, and bone health. Helps maintain a normal, healthy inflammatory response and is important for healthy pregnancies.
56 Capgels/Bottle • Item# 122



CELLULAR FUNCTION

The fundamental molecules of life, cells have unique functions in every part of the body. Our health depends on repairing and regenerating cells to keep them functioning properly.

SKELETAL SYSTEM

Bones, cartilage, and connective tissues make up the skeletal system. This important framework of the body provides us with support, allows for a wide range of movement, and protects internal organs.

Active Calcium™
Promotes strong bones and teeth. Supports muscle performance and strength, and heart, nerve, and cellular function.
112 Tablets/Bottle • Item# 120



Procosa®
Supports joints, connective tissues, and skin health.
Item# 131



Hepasil DTX™
Supports healthy normal detoxification processes in the liver.
84 Tablets/Bottle • Item# 135
HYBRID



DIGESTIVE SYSTEM

From the mouth to the colon, the digestive system includes all the organs involved in breaking food down into forms that are useable by the body and removing waste and toxins.

NERVOUS SYSTEM
Consisting of the brain, spinal cord, and nerves, the nervous system collects and processes information from inside and outside the body and sends relevant commands to the muscles and glands throughout the body.



Pure Rest™
Supports healthy normal detoxification processes in the liver.
84 Tablets/Bottle • Item# 135

Visionex®
Supports long-term eye health and visual performance. Helps maintain the structure and integrity of the lens.
56 Tablets/Bottle • Item# 134



ENDOCRINE SYSTEM

From the mouth to the colon, the digestive system includes all the organs involved in breaking food down into forms that are useable by the body and removing waste and toxins.

SCIENCE MEETS DELICIOUS



Nutrimeal™

Nutrimeal shakes are nutritionally balanced meal replacements that provide a healthy ratio of carbs, proteins, and beneficial fats to help support optimal health and an ideal weight. Their low-glycemic formulas are designed to deliver sustained energy and control hunger.

Try all three flavors! Net Wgt 531 grams /Gusset

Dutch Chocolate (protein blend)	Item# 210
French Vanilla (soy protein and gluten free)	Item# 211
Wild Strawberry (protein blend)	Item# 212

sensé beautiful science®



Item# 300 - Gentle Cleanser | Item# 301 - Hydrating Toner | Item# 302- DPE Sunscreen | Item# 303- Night Renewal | Item# 305- Perfecting Essence

BE BEAUTIFUL

Sensé beautiful science® is a complete face and body care collection without added chemical preservatives. Its patented Self-Preserving Technology combines purifying botanicals in protective liquid crystals, so each product stays fresh naturally. Skin looks younger and healthier.

THE FOUNDATION OF BEAUTY IS THE HEALTH OF YOUR CELLS

Developed by USANA Health Sciences, Sensé products are formulated to properly nourish and hydrate your skin's cells, for younger looking, healthy skin. The Sensé beauty regimen is designed to be a comprehensive approach to skin and hair care, incorporating the latest developments in Topical Nutrition and Anti Aging Technology.

