



The Cartilage Cushion

Cartilage is a protective layer that cushions and lubricates our joints. Over the years, physical activities can wear down this layer of protection, leading to joint problems for millions of people all over the world.

The **Procosa™** supplement supplies an advanced dosage of nutrients that support and maintain the cartilage in your joints.

Who to Share With

- Athletes whose joints endure greater wear from physical stresses
- People whose work requires constant, repeated activities like walking and typing
- Older people who want to maintain problem-free movement

Why USANA's Procosa

- Procosa provides high-quality glucosamine sulfate at doses clinically proven to help maintain healthy cartilage.
- It combines the benefits of turmeric extract, manganese, vitamin C, and silicon to provide quick benefits and lasting support.
- It is effective, safe, and manufactured to pharmaceutical quality.

How to Use

Take one (1) tablet a day, preferably with a meal.



NUTRITIONAL FACTS			
INGREDIENTS	AMOUNT PER SERVING	%DV*	%RENI**
GLUCOSAMINE HYDROCHLORIDE	500 mg	†	†
MERIVA™*** CURCUMIN COMPLEX	82.5 mg	†	†
VITAMIN C (CALCIUM ASCORBATE)	75 mg	125%	115%
MAGNESIUM (MAGNESIUM SULFATE)	100 mg	25%	20%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, MODIFIED CELLULOSE, CROSCARMELOSE SODIUM, ASCORBYL PALMITATE, DEXTRIN, CALCIUM SILCATE, DEXTROSE, LEGHIN, SODIUM CARBOXYMETHYL CELLULOSE, SODIUM CITRATE.

*UNITED STATES RECOMMENDED DAILY VALUE. **BASED ON RENI VALUES FOR AGES 13 AND OLDER. ***MERIVA IS A TRADEMARK OF INDENA S.p.A †US DV OR RENI VALUE NOT YET ESTABLISHED.

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