



The **BiOmega™** supplement supplies pure, natural fish oil rich in omega-3 fatty acids that are essential for optimal health and wellness. In particular, they support healthy heart and joints.

Who to Share With

- People whose cardiovascular and neural health is a priority
- Women who want healthy pregnancies and healthy babies
- People who desire healthy, balanced immune function

Why USANA's BiOmega

- BiOmega is double-molecular distilled to be free from heavy metals and organic contaminants like dioxins and pesticides.
- It provides advanced levels of EPA and DHA, the two important omega-3 fatty acids, in just two capsules a day.
- Its lemon oil helps eliminate any fishy aftertaste.
- It supplies additional vitamin D, a nutrient found to be inadequate in most diets.
- It is effective, safe, and is independently tested and approved by ConsumerLab.

How to Use

Take one (1) capsule a day, preferably with meals.

A Fishy Dilemma

Everyone knows that fish, rich in omega-3 fatty acids, is good for health.

Because of pollution, eating certain types of fish regularly can expose you to harmful contaminants, such as mercury and chemical pesticides.



Nutritional Facts

INGREDIENTS	AMOUNT PER CAPSULE	% DV*	%RENI**
FISH OIL CONCENTRATE:	1,000 mg	†	†
EPA (EICOSAPENTAENOIC ACID)	290 mg		
DHA (DOCOSAHEXAENOIC ACID)	235 mg		
VITAMIN D3 (CHOLECALCIFEROL)	100 IU	50%	50%
EQUAL TO 2.5 mcg			
OTHER INGREDIENTS: GELATIN, GLYCERIN, NATURAL LEMON OIL, PURIFIED WATER, MIXED TOCOPHEROLS (PRESERVATIVE).			
*UNITED STATES DAILY VALUE.			
**BASED ON PHILIPPINES RENI 2002 ADULT 19-29 YEARS OLD.			
†US DV OR RENI VALUE NOT YET ESTABLISHED.			

56 Capsules/Bottle

Item# 122