



For *Bone Health*

OPTIMIZERS SUPPLEMENT PRODUCTS

The **Active Calcium™** supplement supplies nutrients that work together to promote strong, healthy bones. It also supports healthy muscle function and strength.

Who to Share With

- Women, throughout their adult lives
- People whose diets are deficient in calcium and other bone-building nutrients
- People whose bone or muscle health is a priority

Why USANA's Active Calcium

- Active Calcium provides balanced levels of calcium, magnesium, and vitamin D in bioavailable forms.
- It contains silicon, which is key to calcium mineralization of the bone matrix.
- It is effective, safe, and manufactured to pharmaceutical quality.

How to Use

Take two (2) tablets a day, preferably with meals.



Nutritional Facts		
Ingredient	Amount per 2 Tablets	% RDA*
CALCIUM (CITRATE, CARBONATE)	400 mg	40%
MAGNESIUM (CITRATE, AMINO ACID CHELATE, OXIDE)	200 mg	50%
BORON CITRATE	660 mcg	†
VITAMIN K	30 mcg	38%
VITAMIN D (CHOLECALCIFEROL)	5 mcg	50%
OTHER INGREDIENTS: MODIFIED CELLULOSE, MICROCRYSTALLINE CELLULOSE, RICE PROTEIN HYDROLYSATE, CALCIUM SILICATE, ASCORBYL PALMITATE, DEXTRIN, CROSCARMELLOSE SODIUM, DEXTROSE, LEGITHIN, SODIUM CITRATE.		

*United States Recommended Daily Allowance. Based on Philippines RENI 2002 adult 19-29 years old. †US RDA value not yet established.

112 Tablets/Bottle

Item# 120



The Calcium Warehouse

The body contains nearly three pounds of total calcium, 99 percent of which is in the bones. When the body does not get enough calcium from the daily diet, it will take some from the bones, weakening the skeletal structure over time.

There are NO APPROVED THERAPEUTIC CLAIMS for UHS Essential Health Philippines, Inc. nutritional supplements in the Philippines.