

MY VITA-AO TABLET

INDICATION: AS A HEALTH SUPPLEMENT.

DIRECTIONS: ADULTS TAKE TWO (2) TABLETS TWICE DAILY, PREFERABLY WITH MEALS.

SUPPLEMENT FACTS

AMOUNT PER TABLET		AMOUNT PER TABLET	
VITAMIN A (AS BETA CAROTENE, RETINYL ACETATE AND MIXED CAROTENOIDS)	1188.85 IU	ALPHA LIPOIC ACID	29.61 mg
VITAMIN B1 (AS THIAMINE HCL)	5.9 mg	GREEN TEA EXTRACT [CAMELLIA SINENSIS, LEAF]	17.5 mg
VITAMIN B2 (AS RIBOFLAVIN)	7.5 mg	QUERCETIN DIHYDRATE	15 mg
VITAMIN B6 (AS PYRIDOXINE HCL)	6.6 mg	GRAPE SEED EXTRACT [VITIS VINIFERA L.]	12.5 mg
VITAMIN B12 (AS CYANOCOBALAMIN)	50 µg	RUTIN	10 mg
VITAMIN C (AS CALCIUM, POTASSIUM, MAGNESIUM & ZINC ASCORBATES)	100 mg	HESPERIDIN	10 mg
VITAMIN D3 (AS CHOLECALCIFEROL)	250 IU	LUTEIN	150 µg
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	50 IU	FOLIC ACID	150 µg
NIACIN	2.5 mg	MIXED TOCOPHEROLS	20 mg
NIACINAMIDE	7.5 mg	CHOLINE BITARTRATE	63.323 mg
BIOTIN	75 µg	INOSITOL	32.99 mg
VITAMIN K1 (AS PHYTONADIONE)	20 µg	COENZYME Q10 (AS UBIDECARENONE)	3 mg
VITAMIN K2 (AS MENAQUINONE)	10 µg	LYCOPENE	250 µg
PANTOTHENIC ACID (AS CALCIUM PANTOTHENATE)	22.5 mg		

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, MODIFIED STARCH, CROSCARMELOSE SODIUM, SILICON DIOXIDE, ASCORBYL PALMITATE, MALTODEXTRIN, VANILLA EXTRACT, SUNFLOWER LECITHIN, PALM OLEIN, GUAR GUM.

KEEP OUT OF REACH OF CHILDREN. JAUHKAN DARIPADA CAPAIAN KANAK-KANAK. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

CONSULT A HEALTHCARE PRACTITIONER IF YOU ARE ON ANTICOAGULANT/BLOOD THINNER PRODUCTS. THIS BOTTLE HAS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

MANUFACTURED BY: USANA HEALTH SCIENCES, INC., 3838 W. PARKWAY BLVD., SALT LAKE CITY, UTAH 84120 USA

PRODUCT REGISTRATION HOLDER / IMPORTED BY: UHS ESSENTIAL HEALTH (MALAYSIA) SDN BHD, UNIT M2-2 & M2-5, VERTICAL PODIUM, THE VERTICAL BUSINESS SUITE, AVENUE 3, BANGSAR SOUTH, 8 JALAN KERINCHI, 59200 KUALA LUMPUR, MALAYSIA
STORE IN A DRY PLACE BELOW 30°C. PROTECT FROM LIGHT AND MOISTURE.

BATCH NUMBER, MANUFACTURE DATE, EXPIRY DATE: PLEASE SEE INK PRINTED ON THE BOTTOM OF THE BOTTLE.

103.250102 LB.001508 MADE IN USA

