

DIRECTIONS: For a rich, creamy shake, combine 3 scoops with 290mL–340mL of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds.

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NUTRITIC Serving Size: 3 scoops (60 g) Servings Per Container: 9)N FA	CTS
Amount Per Serving		
Calories		256
Calories from Fat		66
	% Daily Value*	% RENI†
Total Fat 7.3 g	11%	††
Saturated Fat 1.0 g	5%	††
Monounsaturated Fat 5.5	a	
Polyunsaturated Fat 0.7 c		
Cholesterol 0.4 mg	0%	††
Sodium 417.6 mg	17%	ŤŤ
Total Carbohydrate 32.2 g	11%	ŤŤ
Dietary Fiber 8.2 g	32%	tt
Sugars 17.2 g		
Protein 15 g	30%	22%
	% Daily Value*	% RENI†
Vitamin A	13%	35%
Vitamin B1	20%	25%
Vitamin B2	27%	35%
Vitamin B6	20%	31%
Vitamin B12	9%	22%
Vitamin C	17%	14%
Vitamin D	25%	50%
Vitamin E	16%	27%
Phosphorus	30%	43%
Calcium	34%	45%
Iron	36%	54%
Zinc	25%	58%
Magnesium	27%	46%
Niacin	17%	21%
Folic Acid	17%	17%

† Based on Philippine RENI 2002 adult 19-29 years old. †† % RENI Not Established

INGREDIENTS: PROTEIN BLEND (SOY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, PEA PROTEIN), CRYSTALLINE FRUCTOSE, HIGH OLEIC SUNFLOWER OIL, MALTODEXTRIN, DUTCHED COCCA, SOY FIBER, CAME FIBER, NATURAL FLAVORS: CHOCOLATE, GUM ARABIC, OLIGOFRUCTOSE POWDER, POTASSIUM PHOSPHATE, PRUNE POWDER, CALCIUM CABBONATE, SODIUM CASEINATE, CELLULOSE GUM, SALT, XANTHAN GUM, INULIN, SOY LECTHIN, SILICON DIOXIDE, NATURAL TOCOPHEROLS, MAGNESIUM OXIDE, ZINC GLUCONATE, ASCORBIC ACID (VITAMIN O), FERROUS FUMERATE (RIRON), POTASSIUM IODIDE, D-ALPHA-TOCOPHERYL ACETATE (VITAMIN E), NIACINAMIDE, VITAMIN A PALMITATE, CHOLECALCIFEROL (VITAMIN D), FOLIC ACID, RIBOFLAVIN (VITAMIN B2), PYRIDOXINE HYDROCHLORIDE (VITAMIN B1), THIAMIN HYDROCHLORIDE (VITAMIN B1), CYANOCOBALAMIN (VITAMIN B1).

CONTAINS: SOYBEAN AND MILK. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, EGGS, WHEAT, SESAME, AND SHELLFISH.

*FOR OUR CUSTOMERS SENSITIVE TO GLUTEN: NO GLUTEN-CONTAINING INGREDIENTS ARE USED IN THIS PRODUCT. HOWEVER, DUTCH CHOCOLATE NUTRIMEAL IS PRODUCED IN A FACILITY THAT MANUFACTURES OTHER FOODS THAT DO CONTAIN GLUTEN.

^{*} USA Percent Daily Value