

# PH Mini Core Minerals

28 TABLETS

INDICATION: PREVENTION AND TREATMENT OF MINERAL DEFICIENCY. SUPPORTS HEALTHY CELLULAR FUNCTION.

DOSAGE AND ADMINISTRATION: ADULTS TAKE FOUR (4) TABLETS DAILY, PREFERABLY WITH MEALS.

THIS BOTTLE HAS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION. FOR SUSPECTED ADVERSE DRUG REACTION, REPORT TO THE FDA: WWW.FDA.GOV.PH AND SEEK MEDICAL ATTENTION IMMEDIATELY AT THE FIRST SIGN OF ANY ADVERSE DRUG REACTION.

STORE AT TEMPERATURE NOT EXCEEDING 30° C

MADE IN USA

## MINERALS + ASCORBIC ACID

### EACH TABLET CONTAINS:

MAGNESIUM (EQUIVALENT TO 408.33 mg MAGNESIUM CITRATE AND 118.85 mg MAGNESIUM ASCORBATE)	56.25 mg
CALCIUM (EQUIVALENT TO 223.81 mg CALCIUM CITRATE AND 101.65 mg CALCIUM ASCORBATE)	56.25 mg
ASCORBIC ACID (EQUIVALENT TO 118.85 mg MAGNESIUM ASCORBATE AND 101.65 mg CALCIUM ASCORBATE)	150 mg
N-ACETYL L-CYSTEINE	48 mg
BORON (EQUIVALENT TO 30 mg BORON CITRATE)	750 mcg
ZINC (EQUIVALENT TO 16.41 mg ZINC CITRATE)	5 mg
CHROMIUM (EQUIVALENT TO 15.75 mg CHROMIUM POLYNICOTINATE)	75 mcg
IODINE (EQUIVALENT TO 6.25 mg POTASSIUM IODIDE)	125 mcg
SELENIUM (EQUIVALENT TO 5.78 mg L-SELENOMETHIONINE AND 5.49 mg SODIUM SELENITE)	50 mcg
MANGANESE (EQUIVALENT TO 4.77 mg MANGANESE GLUCONATE)	500 mcg
COPPER (EQUIVALENT TO 3.75 mg COPPER GLUCONATE)	500 mcg
VANADIUM (EQUIVALENT TO 2 mg VANADIUM CITRATE)	10 mcg
MOLYBDENUM (EQUIVALENT TO 1.31 mg MOLYBDENUM CITRATE)	12.5 mcg
TRACE MINERALS (CONTAINS CHLORIDE, MAGNESIUM, SULFATE, SODIUM, POTASSIUM, LITHIUM, AND BORON)	750 mcg

## MINERALS/VITAMINS USANA CORE CELLSSENTIALS

MANUFACTURED BY:  
USANA HEALTH SCIENCES, INC.  
3838 W. PARKWAY BLVD, SALT LAKE CITY, UTAH 84120 USA

IMPORTED AND DISTRIBUTED BY:  
UHS ESSENTIAL HEALTH PHILS, INC.  
THE ENTERPRISE CTR. 6766 AYALA AVE COR PASEO DE ROXAS,  
MAKATI CITY, PHILIPPINES.

102.320111 LB.001615 DR-XY46242



INDICATION: PREVENTION AND TREATMENT OF VITAMIN DEFICIENCY. SUPPORTS HEALTHY CELLULAR FUNCTION.

DOSAGE AND ADMINISTRATION: ADULTS TAKE FOUR (4) TABLETS DAILY, PREFERABLY WITH MEALS.

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# PH Mini Vita Antioxidant

28 TABLETS

## MULTIVITAMINS + HERBS + CHOLINE BITARTRATE + ALPHA-LIPOIC ACID + COENZYME Q10 + LYCOPENE

### EACH TABLET CONTAINS:

VITAMIN C (100 mg ASCORBIC ACID) FROM:		SOPHORAEE JAPONICA L, BUD	26.32 mg
CALCIUM ASCORBATE	65.63 mg	(CONTAINS QUERCETIN DIHYDRATE 15 mg AND RUTIN 10 mg)	
POTASSIUM ASCORBATE	44.63 mg	VITAMIN B3	10 mg
MAGNESIUM ASCORBATE	19.69 mg	(EQUIV. TO 7.5 mg NIACINAMIDE AND 2.5 mg NIACIN)	
ZINC ASCORBATE	1.31 mg	VITAMIN B1 (AS THIAMIN HYDROCHLORIDE)	7.5 mg
MIXED TOCOPHEROLS	20 mg	VITAMIN B6 (AS PYRIDOXINE HYDROCHLORIDE)	8 mg
(EQUIV. TO 70 mg D-GAMMA, D-DELTA, D-BETA TOCOPHEROL)		BIOTIN	75 mcg
CHOLINE BITARTRATE	62.5 mg	VITAMIN B2 (AS RIBOFLAVIN)	7.5 mg
VITAMIN E (AS D-ALPHA-TOCOPHERYL SUCCINATE) (EQUIV. TO 50 IU VITAMIN E)	41.3 mg	OLEA EUROPAEA L, FRUIT	7.5 mg
ALPHA-LIPOIC ACID	25 mg	(OLIVE FRUIT EXTRACT)	
INOSITOL	32 mg	VITAMIN A	4.55 mg
CITRUS SPP. L, FRUIT	28.57 mg	(EQUIV. TO 2150 IU BETA CAROTENE, 750 IU RETINYL ACETATE, AND 100 IU MIXED CAROTENOIDS)	
(CONTAINS HESPERIDIN 10 mg)		VITAMIN D3	500 IU
PANTOTHENIC ACID	22.5 mg	(EQUIV. TO 12.5 mcg CHOLECALCIFEROL)	
(EQUIV. TO 26.25 mg D-CALCIUM PANTOTHENATE)		VITAMIN B12 (AS CYANOCOBALAMIN)	50 mcg
POLYGONUM CUSPIDATUM S., ROOT	21 mg	COENZYME Q10	3 mg
(CONTAINS RESVERATROL 10 mg)		TAGETES ERECTA L., FLOWER	3 mg
CURCUMA LONGA L., ROOT	18.06 mg	(CONTAINS LUTEIN 150 mcg)	
(CONTAINS CURCUMINOIDS 3.25 mg)		LYCOPENE	250 mcg
CAMELLIA SINENSIS H., LEAVES	17.5 mg	VITAMIN K2	15 mcg
(GREEN TEA EXTRACT)		(EQUIV. TO 2.1 mg MENAQUINONE)	
VITAMIN K1	120 mcg	FOLIC ACID	150 mcg
(EQUIVALENT TO 16.8 mg PHYTONADIONE)			

## VITAMINS VITA-ANTIOXIDANT

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