

# PH Vanilla Nutrimeal

**DIRECTIONS:** For a rich, creamy shake, combine 3 scoops with 290mL–340mL of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds.

## NUTRITION FACTS

Serving Size: 3 scoops (60 g)

Servings Per Container: 9

### Amount Per Serving

<b>Calories</b>		259	
Calories from Fat		67	
		% Daily Value*	% RENI†
<b>Total Fat</b> 7.4 g		11%	††
Saturated Fat 0.8 g		4%	††
Monounsaturated Fat 5.6 g			
Polyunsaturated Fat 0.8 g			
<b>Cholesterol</b> 0.1 mg		0%	††
<b>Sodium</b> 315.6 mg		13%	††
<b>Total Carbohydrate</b> 32.9 g		11%	††
Dietary Fiber 8.3 g		33%	††
Sugars 18.4 g			
<b>Protein</b> 15 g		30%	22%
		% Daily Value*	% RENI†
Vitamin A		13%	35%
Vitamin B1		19%	23%
Vitamin B2		27%	35%
Vitamin B6		20%	31%
Vitamin B12		9%	22%
Vitamin C		17%	13%
Vitamin D		25%	50%
Vitamin E		16%	29%
Phosphorus		32%	46%
Calcium		31%	42%
Iron		28%	42%
Zinc		23%	54%
Magnesium		23%	39%
Niacin		13%	16%
Folic Acid		20%	20%

Based on Philippine RENI 2002 adult 19-29 years old.

†† % RENI Not Established

\* USA Percent Daily Value

**INGREDIENTS:** SOY PROTEIN ISOLATE, CRYSTALLINE FRUCTOSE, HIGH OLEIC SUNFLOWER OIL, MALTODEXTRIN, SOY FIBER, SUGAR CANE FIBER, NATURAL FLAVORS (VANILLA), OLIGOFRUCTOSE POWDER, THICKENER (GUM ARABIC), POTASSIUM PHOSPHATE, PRUNE POWDER, CALCIUM CARBONATE, SODIUM CASEINATE (A MILK DERIVATIVE), THICKENER (XANTHAN GUM), INULIN, EMULSIFIER (SOY LECITHIN), ANTICAKING AGENT (SILICON DIOXIDE), ANTIOXIDANT (NATURAL TOCOPHEROLS), THICKENER (CELLULOSE GUM), MAGNESIUM OXIDE, SALT, ZINC GLUCONATE, ASCORBIC ACID (VITAMIN C), FERROUS FUMERATE, POTASSIUM IODIDE, D-ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, VITAMIN A PALMITATE, CHOLECALCIFEROL (VITAMIN D), FOLIC ACID, RIBOFLAVIN, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMIN HYDROCHLORIDE (VITAMIN B1), CYANOCOBALAMIN (VITAMIN B12).

**CONTAINS:** SOYBEAN AND MILK. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, EGGS, WHEAT, SESAME, AND SHELLFISH.

**†FOR OUR CUSTOMERS SENSITIVE TO GLUTEN:** NO GLUTEN-CONTAINING INGREDIENTS ARE USED IN THIS PRODUCT. HOWEVER, FRENCH VANILLA NUTRIMEAL IS PRODUCED IN A FACILITY THAT MANUFACTURES OTHER FOODS THAT DO CONTAIN GLUTEN.

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