

US Prenatal Core Minerals

Directions: Take two (2) tablets twice daily, preferably with food.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 56

Amount Per Serving		% DV for pregnant and lactating women
Vitamin C (as Magnesium Ascorbate and Calcium Ascorbate)	300 mg	250%
Calcium (as Calcium Citrate and Calcium Ascorbate)	113 mg	9%
Iron (as Ferrous Fumarate)	14 mg	52%
Iodine (as Potassium Iodide)	140 µg	48%
Magnesium (as Magnesium Citrate and Magnesium Ascorbate)	113 mg	28%
Zinc (as Zinc Citrate)	10 mg	77%
Selenium (as L-selenomethionine and Sodium Selenite)	100 µg	143%
Copper (as Copper Gluconate)	1 mg	77%
Manganese (as Manganese Gluconate)	1 mg	38%
Chromium (as Chromium Polynicotinate)	150 µg	333%
Molybdenum (as Molybdenum Citrate)	25 µg	50%
Silicon (as Calcium Silicate)	2 mg	†
Vanadium (as Vanadium Citrate)	20 µg	†
Ultra Trace Minerals	1.5 mg	†
N-Acetyl L-Cysteine	80 mg	†

† Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose, Croscarmellose Sodium, Ascorbyl Palmitate, Organic Maltodextrin, Pregelatinized Starch, Silicon Dioxide, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured by: USANA Health Sciences, Inc., 3838 W. Parkway Blvd., Salt Lake City, UT 84120 USA

Laboratory tested, quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

There is a safety seal under the cap. Do not use if the seal is broken or missing. Keep tablets in original container with the lid tightly closed between uses. Store in a cool, dry place.

Store Below 25° C

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