

US HealthPak

DIRECTIONS: TAKE ONE (1) PACKET IN THE MORNING AND ONE (1) PACKET IN THE EVENING, PREFERABLY WITH FOOD.

Supplement Facts		
Serving size: 1 Packet		
Servings per container: 56		
Amount Per Serving		%DV
Vitamin A (as 25% [516 mcg] Retinyl Acetate and 75% [2700 mcg] as Beta Carotene, Mixed Carotenoids)	1804 µg RAE	200%
Vitamin C (as Magnesium, Calcium, Potassium, and Zinc Ascorbates)	500 mg	556%
Vitamin D3 (as Cholecalciferol)	31 µg	155%
Vitamin E (as D-Alpha Tocopheryl Succinate)	67 mg	447%
Vitamin K (as K1 [Phytonadione] 240 µg, and K2 [MK-7 Menaquinone] 30 µg)	270 µg	225%
Thiamin (Vitamin B1)	15 mg	1250%
Riboflavin (Vitamin B2)	15 mg	1154%
Niacin (as Niacin and Niacinamide)	20 mg NE	125%
Vitamin B6 (as Pyridoxine HCl)	16 mg	941%
Folate (as 300 µg Folic Acid)	500 µg DFE	125%
Vitamin B12 (as Cyanocobalamin)	100 µg	4167%
Biotin	150 µg	500%
Pantothenic Acid (as D-Calcium Pantothenate)	45 mg	900%
Choline (as Choline Bitartrate)	51 mg	9%
Calcium (as Calcium Citrate, Carbonate, and Ascorbate)	243 mg	19%
Iodine (as Potassium Iodide)	250 µg	167%
Magnesium (as Magnesium Citrate, Carbonate, and Ascorbate)	243 mg	58%
Zinc (as Zinc Citrate)	10 mg	91%
Selenium (as L-Selenomethionine and Sodium Selenite)	100 µg	182%
Copper (as Copper Gluconate)	1 mg	111%
Manganese (as Manganese Gluconate)	1 mg	43%
Chromium (as Chromium Polynicotinate)	150 µg	429%
Molybdenum (as Molybdenum Citrate)	25 µg	56%
Mixed Tocopherols (D-Gamma, D-Delta, D-Beta Tocopherol)	40 mg	†
Inositol	64 mg	†
N-Acetyl L-Cysteine	80 mg	†
Coenzyme Q10	6 mg	†
Lutein	300 µg	†
Lycopene	500 µg	†
Silicon (as Calcium Silicate)	4.25 mg	†
Boron (as Boron Citrate)	1.83 mg	†
Vanadium (as Vanadium Citrate)	20 µg	†
Ultra Trace Minerals	1.5 mg	†
InCelligence Complex and CellSentials Booster		
Alpha-Lipoic Acid	125 mg	†
Quercetin Dihydrate	90 mg	†
Meriva®** Bioavailable Curcumin Complex (<i>Curcuma longa</i> L., Root)	36 mg	†
Green Tea Extract (<i>Camellia sinensis</i> hunt., Leaves)	35 mg	†
Olivol (Olive Fruit Extract, <i>Olea europaea</i> L., Fruit)	25 mg	†
Resveratrol	20 mg	†
Rutin	20 mg	†
Hesperidin (<i>Citrus spp.</i> L., Fruit)	20 mg	†
PQQ (Pyrroloquinoline Quinone Disodium Salt)	5 mg	†
Pterocarpus Marsupium Extract [containing Pterostilbene (<i>Pterocarpus marsupium</i> , Wood)]	50 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Microcrystalline Cellulose, Modified Starch, Croscarmellose Sodium, Silicon Dioxide, Hydroxypropyl Cellulose, Magnesium Stearate, Ascorbyl Palmitate, Organic Maltodextrin, Vanilla Extract, Organic Sunflower Lecithin, Organic Sunflower Oil, Organic Guar Gum.

Laboratory tested. Quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.

**Dietary Supplement
56 Packets**

**Meriva® is a registered trademark of Indena S.p.A.

**Keep out of reach
of children.**

Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

Store in cool, dry conditions below 23 °C (73 °F).

Manufactured by:
USANA Health Sciences, Inc.
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Made in the USA

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.