# BIOMEGA™

### DIETARY SUPPLEMENT 56 CAPSULES

DIRECTIONS: TAKE TWO (2) CAPSULES DAILY, PREFERABLY WITH FOOD.

SUPPLEMENT FACTS SERVING SIZE: 2 CAPSULES		
AMOUNT PER SERVING		%DV
VITAMIN D (AS CHOLECALCIFEROL)	200 IU	50%
FISH OIL CONCENTRATE TOTAL OMEGA-3 FATTY ACIDS 1200 mg EPA (EICOSAPENTAENDIC ACID) 580 mg DHA (DOCOSAHEXAENOIC ACID) 470 mg	2000 mg	† † † †
†DAILY VALUE NOT ESTABLISHED.		

OTHER INGREDIENTS: GELATIN, GLYCERIN, LEMON OIL, PURIFIED WATER, MIXED NATURAL TOCOPHEROLS, SOYBEAN OIL.

#### CONTAINS SOY

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION WHERE APPLICABLE.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

USANA HEALTH SCIENCES, INC., 3838 W. PARKWAY BLVD., SALT LAKE CITY, UTAH 84120 USA STORE BELOW 25° C. MADE IN USA

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## VITAMIN D

### DIFTARY SUPPLEMENT 84 TABLETS

DIDECTIONS: TAKE ONE (1) TARI ET DAILY DECEDARIY WITH COOD

SUPPLEMENT FAC	CTS	
SERVING SIZE: 1 TABLET		
AMOUNT PER SERVING		%DV
VITAMIN D3 (AS CHOLECALCIFEROL)	2000 IU	500%
VITAMIN K (AS MENACHINONE MKA & MKZ)	30 ma	40%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE,

PREGELATINIZED STARCH, CROSCARMELLOSE SODIUM, ASCORBYL PALMITATE, SILICON DIOXIDE, DEXTRIN, DEXTROSE, SOY LECITHIN, SODIUM CITRATE.

### CONTAINS SOY.

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KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG OF HAVE A MEDICAL CONDITION. IF YOU EXCEED THE ESTABLISHED UPPER LIMIT (LI) OF 4000 LIMP OF 0R YITAMIN D INTAKE, REGULAR BLOOD TESTS FOR VITAMIN D AND CALCIUM STATUS ARE SUGGESTED.

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