

## US Core Minerals

Directions: Take two (2) tablets twice daily, preferably with food.

# Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 56

Amount Per Serving		%DV
Vitamin C (as Magnesium Ascorbate and Calcium Ascorbate)	300 mg	333%
Calcium (as Calcium Citrate and Calcium Ascorbate)	113 mg	9%
Iodine (as Potassium Iodide)	250 µg	167%
Magnesium (as Magnesium Citrate and Magnesium Ascorbate)	113 mg	27%
Zinc (as Zinc Citrate)	10 mg	91%
Selenium (as L-selenomethionine and Sodium Selenite)	100 µg	182%
Copper (as Copper Gluconate)	1 mg	111%
Manganese (as Manganese Gluconate)	1 mg	43%
Chromium (as Chromium Polynicotinate)	150 µg	429%
Molybdenum (as Molybdenum Citrate)	25 µg	56%
Boron (as Boron Citrate)	1.5 mg	†
Silicon (as Calcium Silicate)	2 mg	†
Vanadium (as Vanadium Citrate)	20 µg	†
Ultra Trace Minerals	1.5 mg	†
N-Acetyl L-Cysteine	80 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose, Croscarmellose Sodium, Ascorbyl Palmitate, Organic Maltodextrin, Pregelatinized Starch, Silicon Dioxide, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.

Manufactured by: USANA Health Sciences, Inc., 3838 W. Parkway Blvd., Salt Lake City, UT 84120 U.S.A.

Laboratory tested, quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

There is a safety seal under the cap. Do not use if the seal is broken or missing.

Store Below 25° C

102.010104 LB.001186



## US Vita-Antioxidant

Directions: Adults take two (2) tablets twice daily, preferably with food.

# Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 56

Amount Per Serving	% DV	Amount Per Serving	%DV
Vitamin A (as 25% Retinyl Acetate and 75% [4500 IU] as Beta Carotene, Mixed Carotenoids)	1800 µg 200%	Mixed Tocopherols (D-gamma, D-delta, D-beta Tocopherol)	40 mg †
Vitamin C (as Poly C <sup>®</sup> blend: Potassium, Calcium, Magnesium, and Zinc Ascorbates)	200 mg 222%	InCelligence™ Complex	
Vitamin D3 (as Cholecalciferol)	25 µg 125%	Alpha Lipoic Acid	50 mg †
Vitamin E (as d-alpha-Tocopheryl Succinate)	67 mg 447%	Meriva <sup>®</sup> Bioavailable Curcumin Complex ( <i>Curcuma longa</i> L., root)*	36 mg †
Vitamin K (as K1 [Phytonadione] 240 µg and K2 [MK-7 Menaquinone] 30 µg)	270 µg 225%	Green Tea Extract ( <i>Camellia sinensis</i> hunt., leaves)	35 mg †
Thiamine (Vitamin B1)	15 mg 1250%	Quercetin Dihydrate	30 mg †
Riboflavin (Vitamin B2)	15 mg 1154%	Rutin	20 mg †
Niacin (as Niacin and Niacinamide)	20 mg 125%	Hesperidin ( <i>Citrus spp. L.</i> , fruit)	20 mg †
Vitamin B6 (as Pyridoxine HCL)	16 mg 941%	Resveratrol	20 mg †
Folate (as Folic Acid)	300 µg 75%	Olivol <sup>®</sup> (Olive Fruit Extract, <i>Olea europaea</i> L., fruit)**	15 mg †
Vitamin B12 (as Cyanocobalamin)	100 µg 4167%	Inositol	64 mg †
Biotin	150 µg 500%	Coenzyme Q10	6 mg †
Pantothenic Acid (as D-Calcium Pantothenate)	45 mg 900%	Lutein ( <i>Tagetes erecta</i> L., flower)	300 µg †
Choline (as Choline Bitartrate)	51 mg 9%	Lycopene	500 µg †

† Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Modified Starch, Ascorbyl Palmitate, Croscarmellose Sodium, Silicon Dioxide, Organic Maltodextrin, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.

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\*Meriva<sup>®</sup> is a registered trademark of Indena S.p.A.

\*\*Protected under US Patents 6,358,542 or 6,361,803.

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103.010104 LB.001177



## US Biomega

Directions: Take two (2) capsules daily, preferably with food.

# Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 28

Amount Per Serving	%DV
Vitamin D3 (as Cholecalciferol)	5 µg 25%
Fish Oil Concentrate	2000 mg †
Total Omega-3 Fatty Acids 1200 mg	†
EPA (Eicosapentaenoic Acid) 580 mg	†
DHA (Docosahexaenoic Acid) 470 mg	†
†Daily Value (DV) not established.	

Other Ingredients: Gelatin, Glycerin, Lemon Oil, Purified Water, Mixed Natural Tocopherols, Soybean Oil.

Contains: Soy.

Manufactured By: USANA Health Sciences, Inc. 3838 West Parkway Blvd., Salt Lake City, Utah 84120 USA  
Laboratory tested, quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.

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Store below 25° C

122.010103 LB.001140

## US Vitamin D

Directions: Take one (1) tablet daily, preferably with food.

# Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 84

Amount Per Serving		%DV
Vitamin D3 (as Cholecalciferol)	50 µg	250%
Vitamin K (as Menaquinone MK4 & MK7)	30 µg	25%
Daily Value (DV).		

Other Ingredients: Microcrystalline Cellulose, Pregelatinized Starch, Croscarmellose Sodium, Ascorbyl Palmitate, Silicon Dioxide, Dextrin, Dextrose, Soy Lecithin, Sodium Carboxymethylcellulose, Sodium Citrate.

Contains: Soy.

Manufactured By: USANA Health Sciences, Inc.

3838 W. Parkway Blvd., Salt Lake City, UTAH 84120 USA

Laboratory tested, Quality guaranteed. Meets USP specification for uniformity, potency, and disintegration where applicable.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition. If you exceed the established Upper Limit (UL) of 100 µg (4000 IU/d) for Vitamin D intake, regular blood tests for vitamin D and calcium status are recommended.

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Store below 25° C

109.010101 LB.001210