

USANA Named a Top Revenue Growth Company by MountainWest Capital Network

SALT LAKE CITY—(**BUSINESS WIRE**)—**October 28, 2008**—USANA Health Sciences, Inc. (NASDAQ: USNA) was recognized Friday by MountainWest Capital Network as one of the state's top 15 companies for revenue growth. Top Revenue Growth award winners had the largest dollar amount of revenue growth from 2003 through 2007. This is the fourth time USANA has been recognized by MountainWest Capital Network.

Jeff Yates, USANA Vice President and Chief Financial Officer, accepted the award on behalf of the company at an awards luncheon at the Grand America. Governor John Huntsman gave the keynote address at the luncheon.

"The entire state of Utah congratulates you on this recognition and applauds you for the employment opportunities and economic development you provide," Governor Huntsman said at the luncheon. "Thank you for making this state a competitive and prosperous one."

MountainWest Capital Network sponsors the annual event to honor Utah's top 100 fastest growing companies, the top 15 revenue growth companies, and a select group of "Emerging Elite" businesses in Utah. MountainWest Capital Network is a non-profit organization dedicated to fostering deal flow, capital development and business growth in Utah.

For more information about USANA, visit www.usana.com.

About USANA

USANA Health Sciences develops and manufactures high-quality nutritionals, personal care, and weight management products that are sold directly to Preferred Customers and Associates throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Malaysia, Mexico, the Netherlands and the United Kingdom.