



When applying serum to the delicate eye area, pat it on carefully using your ring finger

Your skin is so soft

It's probably safe to say that the cooler months sucked the life (and moisture) out of your complexion, leaving it looking dull and lifeless. Now is the time to nurture, lather and slather your dermis back from the brink of dehydration hell.

When the weather gets warmer, you should switch back to your gel cleanser. Try Papulex Moussant soap free cleansing gel, \$29 (8), foaming it up with lots of water and using it twice. Next up, apply a scrub like Bioré Pore Unclogging Scrub, \$10.99 (9), and lightly buff it against your skin for two minutes, avoiding a rough-and-ready, frenzied polish. Pressing too hard or scrubbing too quickly can damage your dermis, drying it out even more.

A hydrating mask – we're utterly obsessed with Chanel Sublimage Essential Regenerating Mask, \$270 (10) – will help you get your glow back. Don't forget to share the nourishing goodness with your neck, too. This goes for all products.

Chances are, no matter what your age, your eye area is displaying dehydration signs in the form of small horizontal lines. Show them who's boss with a few litres of H₂O and a potent eye serum like Elizabeth Arden Gold Ultra Lift and Strengthening Eye Capsules, \$95 (6), applied first thing in the morning and again at night.

To guard your newfound radiance, you can't go past a protecting moisturiser containing both hydrating properties and sunscreen, such as **Sensé Daytime**

Protective Emulsion, \$69. Have this baby on hand and on your face always, whether you're going to the beach or to the office – sun damage can strike your skin at any time.

If your date arrives early (leaving you no time to follow your new sexy-skin regime) just slap on a "flash" radiance product like Biotherm Flash Recharge concentrate, \$65 (7). You will glow like you just got back from Hawaii. **Leigh Campbell COSMO**

You smell heavenly

Spring means all kinds of brand new stuff: kittens, flowers and a fresh new scent. We tend to perspire more as the mercury rises, so now's a great time to switch from a roll-on to a spray deodorant. Seek out one with moisturising properties to soothe the skin, like Dove Go Fresh Anti-Perspirant Deodorant, \$4.39

(11). Select your new spring fragrance carefully. Look for a scent like Estée Lauder Sensuous EDP 50ml, \$100 (12), that tells the world you're sexy and feminine – and are not afraid to show it.

