DSANA HEALTH SCIENCES **Philippines Training Schedule for the week of:** 16 ~ 22 February 2009

Health & Freedom – This session will help you learn more about USANA Health Sciences and provide information about the USANA business opportunity.

Take Charge of Your Health – This session will explain the importance of nutritional supplements and introduce you to USANA's products.

Get Started Today – This session is for newly enrolled distributors to help them take the first steps in starting their business and in becoming Platinum Pacesetters.

| Office Hours: Monday – Friday 12:00 PM ~ 9:00 PM; Saturday 9:00 AM ~ 1:00 PM; Sunday – Closed | | | | | | | |
|---|-------------------|-------------------------------|-------------------------------|--------------------|-------------------|--------------------|------------------|
| | l 6-Feb Monday | 17-Feb Tuesday | l 8-Feb Wednesday | 19-Feb Thursday | 20-Feb Friday | 21-Feb Saturday | 22-Feb Sunday |
| 9:00 AM | | | | | | Office Open | |
| 10:00 AM | | | Office Closed | | | Onice Open | |
| 11:00 AM | | | | _ | | Health & Freedom | |
| 12:00 PM | Office Open | | | | | Health & Freedom | |
| 12:30 PM ~ 1:30 PM | | | | | | Get Started Today | |
| 1:30 PM ~ 2:30 PM | | | | | | | |
| 2:30 PM ~ 3:30 PM | | Take Charge of Your Health | Get Started Today | Health & Freedom | | | Office Closed |
| 3:30 PM ~ 4:30 PM | | | | | | | |
| 4:30 PM ~ 5:30 PM | Health & Freedom | Get Started Today | Health & Freedom | Get Started Today | Health & Freedom | Office Closed | |
| 5:30 PM ~ 7:00 PM | | | | | | | |
| 7:00 PM ~ 8:00 PM | Get Started Today | Health & Freedom | Take Charge of Your Health | Health & Freedom | Get Started Today | | |
| 9:00 PM | Office Closed | | | | | | |

*Dates and times subject to change.

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