



# MEN'S HEALTH EVENT

Coming soon to **USANA Sydney**

**Putting men's health on top of your agenda!**

With Dr Monica Lewis MB ChB and

Dr Gerald Lewis MB ChB, FRCP (UK), FRACP, MD (Otago)

Men are notorious for ducking the doctor when they're sick and avoiding check-ups when they're well. That's why we're putting the issue of men's health top of our agenda! We're delighted to welcome winner of the 2012 Dr Wentz Vision Award Dr Monica Lewis together with her husband, men's health advocate, doctor and cardiologist, Dr Gerald Lewis. This knowledgeable and enthusiastic duo will be presenting at USANA's Sydney office at 7.30pm on Thursday 20 September.

## Dr Monica

A practicing medical doctor for 45 years, Dr Monica Lewis sees the person as a whole and aims to treat chronic and hormonal issues by addressing many aspects of wellbeing. This encompasses lifestyle factors including nutritional supplementation and the best of conventional medicine.

In her experience, modern medicine doesn't help some people - those with conditions such as chronic fatigue, arthritis, auto immune conditions, diabetes and hormonal problems for example.

'My approach is holistic, factors such as food, exercise, stress balance, laughter and fun plus supplements all contribute to the big picture of good health.'

Monica is a Ruby Director, member of the Million Dollar club, and member of the USANA Scientific Advisory Council and 2012 Dr Wentz Vision Award winner.

Dr and Dr Lewis have together authored a number of books on heart disease, cancer and nutritional supplements. Their experience and zest for health means that the duo is much sought-after speakers specialising on a range of health subjects.

Get involved in men's health!

Come along and hear about:

- Health and heart disease
- Prostate and sex problems
- Cancers and other diseases
- How good supplementation can benefit your health
- Why we aren't told about factors that can boost men's health
- Answers to the questions you've always wanted answered but haven't got round to asking...

## Dr Gerald

Dr Gerald Lewis is a fully-trained cardiologist and general physician who has treated all forms of medical illnesses.

As part of his medical degree, Dr Lewis focused on the changes in the heart after open heart surgery. He also spent a year studying clinical pharmacology.

During his prestigious career, Dr Lewis has worked in public and private hospitals and in private clinics in New Zealand and in the United Kingdom. He has been mentioned in Who's Who in the World? and Who's Who in Medicine? for his pioneering work in the treatment of high blood pressure.

In addition to his work in conventional medicine, Gerald Lewis has a passion for complementary health. He has worked in a number of clinics and specialist areas including nutritional medicine. He is experienced in the areas of chelation therapy, intravenous vitamin C, calcium scoring for early detection of heart disease and EECP (enhanced external counter pulsation) for coronary heart disease and heart failure.

**Don't miss your chance to see  
Dr Monica Lewis and Dr Gerald Lewis  
speaking on the important subject  
of men's health!**

When: Thursday 20 September 7.30pm-9.30pm

Where: USANA Health Sciences 3 Hudson Avenue  
Castle Hill NSW 2154

Entry: \$10; purchase your ticket at the door

This event is open to  
USANA Associates and guests.

your health. your life. your way.™

