

FOODS

With USANA® Foods, Eating Healthy Just Tastes Better



USANA Foods make for convenient, satisfying meal replacements without depriving your body of the energy sources it needs. Guaranteed to be low glycemic, USANA's foods will alleviate your cravings without insulting your taste buds.

Convenient for any lifestyle.

A healthy alternative for balanced nutrition that tastes fantastic.

Low-fat, high-fiber advantage.

Low-glycemic formula for sustained energy while curbing cravings.

A meal plan reliant on USANA Foods is a plan that won't let you down. You'll feel better. You'll live better.

RESET

Believe in Your Ability to Succeed



Consisting of delicious Nutrim™ shakes, Nutrition Bars, USANA supplements, and servings of fruit and vegetables, RESET is a convenient, healthy way to kick off your diet. With only 20-30 minutes of walking every day, RESET can help you transform your body and find the new you.

RESET is a 3-phase program designed to be a lifestyle change. After your 5-day Jump Start, RESET also provides you with the ability to maintain your ideal weight or continue shedding the pounds. Success is just around the corner!

Transform and Maintain your healthy lifestyle with RESET!

