

USANA Health Sciences is

The Cellular Nutrition Company™



PRODUCT CHANGES YOU NEED TO KNOW

USANA Health Sciences is committed to developing the very best in cellular nutrition. Our scientists are always searching for innovative ways to stay ahead of the curve when it comes to protecting your health.* See what improvements we made to some of our most popular products to continue leading the way in the supplement industry.

MEGA ANTIOXIDANT



Now with Maximum Strength Vitamin D

Vitamin D Health Basics

- Produced in the skin upon exposure to sunlight
- Necessary for normal bone mineralization and growth*
- Important for the maintenance of muscle strength and coordination*
- Supports cardiovascular health*
- Promotes robust and balanced immune function*
- The current recommendation of 400IU of vitamin D per day may not be enough to prevent vitamin D deficiency in certain populations. Mega Antioxidant has 1800IU of vitamin D.

Recent reports show that populations around the world are suffering from vitamin D deficiency. The problem is widespread and increasing, with potentially severe repercussions for bone fracture rates and overall health.* USANA's Mega Antioxidant is now formulated with maximum strength vitamin D. Mega Antioxidant is part of the **Essentials** and **HealthPak™**, and it is offered in **MyHealthPak™**.

AO BOOSTER™



Now with a Concentrated Dose of Resveratrol and Increased Alpha Lipoic Acid

Resveratrol Health Basics

- A unique phytonutrient with multiple benefits for health and longevity*
- Provides an extra dimension of antioxidant protection*
- Supports cardiovascular health*
- Promotes balanced liver function and healthy detoxification*
- Complements the activities of many of the other phytonutrients in USANA's line

Alpha Lipoic Acid (ALA) Health Basics

- Promotes phase II detoxification enzyme induction*
- Maintains mitochondrial health*
- Regenerates other antioxidant molecules*
- Acts as a metal chelator

Resveratrol is a potent antioxidant that helps prevent free-radical damage and the premature aging of cells.* USANA's new AO Booster now has 15 times the resveratrol found in the previous formula. The new daily dose is equivalent to the amount of resveratrol found in five bottles of red wine. Alpha lipoic acid is beneficial in supporting the detoxification process and for cellular energy.* AO Booster is part of the **HealthPak™** and is offered in **MyHealthPak™**.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.