

The Science Behind

USANA Probiotic

A Delicate Balance

Any number of factors can negatively impact the balance of beneficial bacteria in the gut, including age, stress, certain medicines, and poor diet. The effects of poor digestion can range from uncomfortable stomach upset to conditions that are potentially harmful to our long-term health.

USANA Probiotic is a food supplement designed to help replenish beneficial bacteria in the gut to re-establish a healthy balance, which is essential to keeping our digestive process working properly and maintaining strong immune function. Most adults can benefit from using **USANA Probiotic**, but it is especially recommended for those who travel regularly, those who have depleted their “friendly” bacteria due to antibiotic use, or those with less than ideal eating habits.

Digestive Health

Digestive health lies at the core of our overall health. A healthy digestive system helps our body efficiently break down many of the nutrients we consume into forms that are easily absorbed, maximizing the benefits of vitamins, minerals, and antioxidants and defending against nutritional deficiencies. Healthy digestion is also important to bowel regularity—another critical component of good health.*

Immune Support

It is estimated that up to 80 percent of the immune cells in our bodies are located in the gut. Probiotics interact with, and stimulate, the immune system to help strengthen our natural defenses and sustain healthy immune function by promoting healthy bacterial growth.*

USANA Probiotic: What Makes It Work?

- The unique blend of probiotic bacteria has been proven in hundreds of clinical studies to survive transit through the stomach, to establish robust growth in the intestines, and to support digestive health and immune function.*
- Each stick pack is filled with 12 billion viable bacteria—a dose proven effective.
- When stored at room temperature, **USANA Probiotic** stays effective for 18 months or more.

USANA Probiotic: What Makes It Better?

- Quality of the bacteria used—the proprietary 50/50 mixture of *Lactobacillus rhamnosus* GG, LGG® and *Bifidobacterium*, BB-12® has the documentation needed to meet USANA's exacting standards.
- Easy to use—the mild vanilla-flavored powder can be added to food or drink.
- Made with the same commitment to quality, safety, and purity that you have come to expect from USANA.

Bring balance to your belly with **USANA Probiotic!**



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.