

The Science Behind

USANA Digestive Enzyme



Food For Thought

Enzymes are an essential factor in converting the food we eat into a form our bodies can use for nourishment and energy. Without optimal functioning of these enzymes, good digestive health may be impaired.

Enzymes that are important to human health are abundant in raw foods. These enzymes can be dramatically diminished as a result of our modern diet, which often involves cooking and heavily processing raw foods. Many researchers have maintained that this loss of dietary enzymes, along with the natural decline of digestive enzymes, may be a significant contributing factor to poor health as we age.

Enzymes for Digestion and Nutrient Absorption

USANA's **Digestive Enzyme** supplement provides an additional supply of enzymes to help your body digest a variety of foods. The enzymes contained in this powerful supplement help to break down the cellulose (from fruits and vegetables), fats, proteins, carbohydrates, and starches we eat, so nutrients can be absorbed by our cells.*

Detoxification

Good digestion is key to efficient waste elimination. As part of the digestive process, the liver is the body's primary organ for filtration. It is dependent on a combination of vitamins, phytonutrients, and minerals to function properly. Spirulina is a nutrient-dense, blue-green algae that is rich in several of these vital elements. Spirulina also contains chlorophyll, which helps to promote the elimination of toxins from the body.*

Digestive Enzyme: What Makes It Work?

- The enzymes supplied by USANA's **Digestive Enzyme** supplement assist the body in the digestion of certain foods, including those containing lactose.*
- May alleviate the feeling of fullness after eating a large meal and can help reduce the symptoms of occasional indigestion, including occasional heartburn, gas, and bloating.*
- Chlorophyll in spirulina is able to form a molecular bond with potentially harmful toxins and move them through the body so they can be eliminated.*

Digestive Enzyme: What Makes It Better?

- No animal-derived ingredients.*
- Spirulina is rich in amino acids; vitamins A, C, E, and B6; phytonutrients; and minerals, including magnesium.*
- Made with the same commitment to quality, safety, and purity you have come to expect from USANA.

Keep your digestion on the right track with USANA's Digestive Enzyme



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.