

# WHY

## Is **REV<sup>3</sup>** ENERGY™ a Better Choice for Athletes?

With all the energy products out there, it is important for athletes to make informed decisions when considering which is best for them. High energy does not have to be high in sugar and artificial ingredients. High energy does not have to make you crash.

Free from added preservatives, **REV<sup>3</sup>** Energy is an all-natural vitamin- and antioxidant-enhanced beverage with a proprietary energy complex that is safe and effective for athletes. **REV<sup>3</sup>** Energy is NOT a sports drink; however, it provides several ingredients that benefit those participating in high-endurance sports when used along with water.

### Better Ingredients for Better Performance

**L-Carnitine** – With 375 mg per can, **REV<sup>3</sup>** Energy has more of this helpful amino acid than any other product on the market.

- Shuttles fat into the mitochondria where it can be turned into energy
- Helps transport toxic byproducts of energy combustion out of the cells and prevents their accumulation
- Favorably affects exercise recovery showing lower levels of lactic acid
- Supports the immune system

**Caffeine** – **REV<sup>3</sup>** Energy contains all-natural caffeine from antioxidant-rich green and white tea.

- Enhances endurance
- Supports energy metabolism
- Improves mental focus and mood
- Increases reaction time

**B-Vitamins** – **REV<sup>3</sup>** Energy has vitamins B1, B2, and B6.

- Replaces B vitamins that may be depleted during exercise, important to performance and recovery
- Helps convert protein, carbohydrates, and fat into energy
- Supports cell repair and production

**All-Natural, Low-Glycemic Sugars** – The total glycemic load of **REV<sup>3</sup>** Energy is three to four times lower than traditional energy drinks.

- Promotes sustained energy without the crash and burn of high-sugar energy drinks



**DON'T DRINK ENERGY DRINKS BUT STILL WANT TO REV UP?**

Check out **REV<sup>3</sup>** Energy Surge™ Packs: convenient tea-flavored stick packs you can add to water

Only 10 calories

2 grams of sugar

Hydrating alternative to crash-and-burn energy drinks



**JOIN THE REVOLUTION**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

