

# NEWSWORTHY ADVICE FROM USANA'S TOP EXPERTS

With an impressive list of accolades, credentials, and experience, USANA's in-house R&D team and Scientific Advisory Council members are authorities on health and nutrition. Check out where USANA's scientists, medical professionals, and nutrition specialists have been featured.

THE  
HUFFINGTON  
POST

482,000 Monthly Unique Visitors



## Huffington Post Canada

October 23, 2012

The article "Daylight Savings Time 2012: 6 Ways to Stay Energized in Cold Weather" quoted **USANA Executive Director of Product Development and Technology John Cuomo, Ph.D.**, as he explained the benefits of vitamin D.

YAHOO!  
Shine

27.9 Million Monthly Unique Visitors



## Yahoo!Shine

April 17, 2012

In the article "8 Things You Should Never Say to a Mom," **USANA Director of Research Nancy Steely, ND**, shared reasons why new moms may look tired or worn out, including inadequate sleep and nutrient intake.



80,900 Monthly Unique Visitors



## WTAtennis.com

April 18, 2012

In the article "Pre and Probiotics," **USANA Executive Director of Scientific and Clinical Affairs Brian Dixon, Ph.D.**, explained why probiotics are good for the body.

SHEKNOWS

4.9 Million Monthly Unique Visitors



## SheKnows.com

June 14, 2012

In an article called "6 Kid Snacks Made Healthy," **USANA scientific advisor Christine Wood, MD**, provided tips on how to convince toddlers to eat their fruits and vegetables.

SHAPE

653,000 Monthly Unique Visitors



## Shape.com

April 16, 2012

In an article titled "The 10 Most Misunderstood Diet and Fitness Strategies," **USANA Senior Scientist of Product Innovation John Bosse** debunked the myth that carbohydrates are only beneficial when you're active.

About.com

47.4 Million Monthly Unique Visitors

August 29, 2012

In an article titled "Vitamins for Stress Relief," **Dr. Brian Dixon and John Bosse** touted USANA as one of the **few nutritional companies to hold FDA registration**, and they were asked questions about how vitamins can affect stress levels.



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