

MAINTAINING HEALTH HAS NEVER BEEN EASIER!



RESET™
Jumpstart a lifetime of healthier eating habits.

Breakfast	NUTRIMEAL™ shake
Snack	USANA® bar
Lunch	NUTRIMEAL shake
Snack	USANA bar
Dinner	NUTRIMEAL shake
Bonus snack: one serving of fruit and one serving of vegetables	

5-DAY SUPPLY
15 NUTRIMEAL Pouches
5 Iced Lemon flavour FIBERGY™ BARS
5 Peanut Butter Crunch NUTRITION BARS
5 HEALTHPAK 100™ packets
\$ _____

Item #251 • \$165.54 retail / \$137.95 Autoship • 4-pack \$522.00 retail / \$435.00 Autoship

CHOOSE THE PHASE THAT IS RIGHT FOR YOU

Transform (Phase 1)
Continue to lose weight and transform your body and your life.

Breakfast	NUTRIMEAL shake
Snack	USANA bar
Lunch	NUTRIMEAL shake
Snack	Low-glycemic snack
Dinner	Low-glycemic meal

Maintain (Phase 2)
Maintain your healthy weight and nutritious eating habits.

Breakfast	NUTRIMEAL shake
Snack	USANA bar
Lunch	Low-glycemic meal
Snack	Low-glycemic snack
Dinner	Low-glycemic meal

28-DAY SUPPLY
6 cans of **NUTRIMEAL**
2 boxes of **USANA bars**
1 **HEALTHPAK 100**
\$ _____

Sticking with your health goals is easy with Autoship

- Ships every 28 days
- 10 per cent discount off wholesale prices
- Automatic credit or checking withdrawal
- Toll-free customer service
- Change order 24/7 online
- Cancel anytime

28-DAY SUPPLY
3 cans of **NUTRIMEAL**
2 boxes of **USANA bars**
1 **HEALTHPAK 100**
\$ _____



NUTRIMEAL™—9 servings per container
Dutch Chocolate
Item #210 • \$32.40 retail / \$27.00 Autoship
Wild Strawberry
Item #212 • \$32.40 retail / \$27.00 Autoship
All-soy French Vanilla
Item #211 • \$32.40 retail / \$27.00 Autoship



USANA® Bars—14 bars per box
Peanut Butter Crunch **NUTRITION BARS**
Item #230 • \$43.14 retail / \$35.95 Autoship
Oatmeal Raisin **NUTRITION BARS**
Item #232 • \$39.60 retail / \$33.00 Autoship
Iced Lemon flavour **FIBERGY BARS™**
Item #222 • \$31.74 retail / \$26.45 Autoship



HEALTHPAK 100™—28 AM/PM Packets
Item #100 • \$182.99 retail / \$152.49 Autoship
ESSENTIALS™
ACTIVE CALCIUM PLUS™
ANTIOXIDANT BOOSTER™



For more information about any USANA products, contact your Independent Associate.