

USANA®

HEALTH SCIENCES



Highlights of the **USANA 2008 International Convention**

Salt Lake City, Utah
27 - 30 August 2008

Understanding Antioxidants

Everything you need to know

Maximise your income
NEW Matching Bonus!

**NEW
EMERALD
DIRECTORS**



**Nicholas Cheoh &
Felicia Chua**
New Emerald Directors

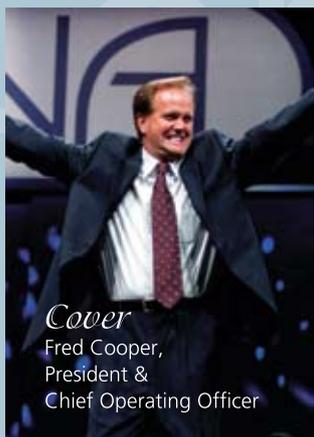


New Chairman of the Direct Selling Association (DSA) Board of Directors



Dave Wentz, president of USANA Health Sciences, Inc. (NASDAQ: USNA), was elected chairman of the Direct Selling Association (DSA) Board of Directors during the organisation's 2008 Annual Meeting in Phoenix.

The DSA is a national trade association of more than 200 leading companies that manufacture and distribute goods and services sold directly to consumers. Wentz will serve a one-year term as chairman, helping the organisation achieve its goals of promoting the direct selling industry as well as ensuring that member companies maintain the highest level of business ethics. Wentz has served a variety of roles with the DSA, including chairman of the Direct Selling Education Foundation, chairman of the 2008 Annual Meeting, and DSA vice chairman for 2006/2007 and 2007/2008.



Cover
Fred Cooper,
President &
Chief Operating Officer

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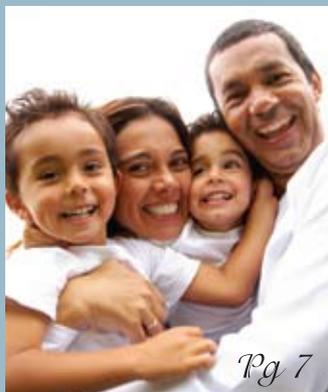
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A member of The Direct Selling Association of Malaysia

2008 International Convention: Changing Lives

I was excited to see thousands of enthusiastic USANA Distributors here in Salt Lake City once again. It was our biggest and best convention — with an incredible line-up of world-class speakers including Robert Kiyosaki, Tim Sales, Dr. Denis Waitley, and Paul Zane Pilzer. Make no mistake—convention will have an impact on your business.

This year's convention was all about Changing Lives, a theme that meant a lot to me and to our Distributors around the world. USANA is all about changing lives through better health and greater financial freedom; that's why so many Distributors and customers believe in this company and so many USANA employees are proud to say they work here. I feel confident that the entire USANA family will continue to change lives and reach my goal of impacting the lives of 290,000 families in 2008.

I love to hear stories of Distributors whose lives have been changed through USANA, and recently I had the pleasure of hearing Steve and Andrea Hryszczuk's story. Before discovering USANA, Steve was working long, tiring hours as an anesthesiologist in addition to juggling his responsibilities as a husband and father. After he turned 40, Steve decided he needed to start focusing on his own health and not just that of his patients. When a fellow physician introduced him to USANA, Steve enrolled with the aim of getting better nutrition and spending more time with his wife, Andrea, and their four children. He had the specific goal of being able to spend holidays at home with his family instead of working at the hospital.

“ This year's convention was all about *Changing Lives*, a theme that meant a lot to me and to our Distributors around the world. ”

Today as a Gold Director, Steve is able to work just part-time as an anesthesiologist and enjoy much more time with his wife and children. If USANA hadn't come into his life, Steve would probably still be burning the candle at both ends and missing out on more important things at home.

Steve is also a great example of USANA's ability to change lives exponentially. He may have been the only person in his family introduced to USANA that fateful day, but all of his loved ones are reaping the benefits: Andrea has her husband back, and his four children are now able to spend time with their father. One person—Steve's sponsor—changed six lives in just one day. That is amazing! What other business can produce those kinds of results?

We are making a difference. Everyday brings more and more people around the world optimal health and financial freedom. I invite you to come to the next convention and witness firsthand the difference you and thousands of other Distributors are making in people's lives everyday.

Live well,
Dave Wentz
CEO





Essential Elements of Building a Sustainable USANA Business

By Bill Duncan, Executive Vice President of Australasia

I always think it is smart to go back and understand the essences of the values, structures and matrix of the business we have got. And only when we understand these fundamentals then only we can build them on a solid foundation.

Focus on Value

We have a business, which manufactures, markets, well-researched, high quality and high dosage nutritional supplements. These make us the top of the line, the "Rolls Royce" line. So when you are thinking of marketing these products, you have to think of the "Rolls Royce" strategy. You have to market your products as the top of the range. Do not get caught up on low prices, but focus on value for money.

Focus on Autoship

The USANA business is based on the sale of regularly consumable products. So customers and Autoships are really important. So developing a strong customers base and encourage them to consume the products regularly is a key to long-term profitability and sustainability.

Focus on People

Businesses are conducted through network marketing, which is essentially people-to-people marketing. In order to be successful, you need to develop your skills as a people-person. The compensation system is to earn through levels in the plan, which means you can maximise your income by maximising the sales through all the levels. You need a sales team and building a team of sales people is a strategic long-term investment.

Key terms that we used in our industry are – multiplication, duplication and leverage and all these are about helping all members of the team to maximise their sales. You need to be a team person! So have fun working with people, if you are not good at it, you need to develop this very important particular skill.

Focus on YOUR business

The next thing to remember is that this is a business of your own; so treat your USANA business as a business and not a hobby. Think about the way you present yourself, they have to be business-like and professional! If you are trying to convince people that you have top quality products and a good business opportunity but you do not present yourself appropriately that represents that, you will lose your credibility.

Focus on Developing Skills

Attend trainings to build your business management skills. Business people are successful when they are good at satisfying other people's needs. And those needs in our business requirements are other people's health and security needs. So if you want to be successful in the USANA business, develop the skills in identifying what people's concerns are. And one way that can happen is to get yourself into day-to-day conversations which will lead to opportunities to you.

You might say you do not know what to talk about and you do not have a degree in business or a degree in health to engage people in the conversation. The answer is simple. Just be aware of what is happening around you. Just spend five minutes a day to review newspapers. Everyday, the media are talking about high cost of living which is a result of high prices of food and petrol, high credit card expenses and increased cost of housing. These are the issues Singaporeans talk about everyday! You will gain business credibility when you talk about current issues that you spend time reading 5 to 10 minutes a day, that may result in opening up an opportunity. When the opportunity is present to you, move in by suggesting solutions to these problems.

Prospecting people to join the business or to consume the products is not that difficult. Just listen carefully on those issues that concern them most and look at what you can match them with USANA to their needs – be it health or income or both.

Let's talk about those people that you prospect. About 8 out of 10 of them are more interested in health discussions than in business. That is important to know, because a lot of us are so focused on recruiting someone to be a Distributor that we forget that 8 out of the 10 people are not interested in becoming Distributors, rather they want to be customers. If we focus just on every prospect to be a Distributor, we missed all the customers. When you are prospecting people, always have two options ready: One is for them to sign up as a Distributor and the other is to sign up as a Preferred Customer. The volumes generated by those people (which is 2 of 10) who signed up as Distributors are definitely less than the sale to the 8 who signed up as Preferred Customers.

Focus on Guarding Personal Reputation

Having a good customer-based and customer-served system adds to profitability because it generates sales volume for your

team member. Remember, in network marketing, it is about the people that we know. And good relationship is always built on mutual respect and trust. The biggest asset that you will have as you build your USANA business will be your personal business reputation. So you need to carefully guard that reputation, always be kind and courteous to people because in network industry everyone talks. It is a network!

Focus on Long-term Investments

The strength of your network is not the machinery or computers that you owned but it is the people which is a very unique strength of your business. In network marketing business, always look at ways to improve the people that are with you. My advice is to invest in the people and this has to start with you yourself!

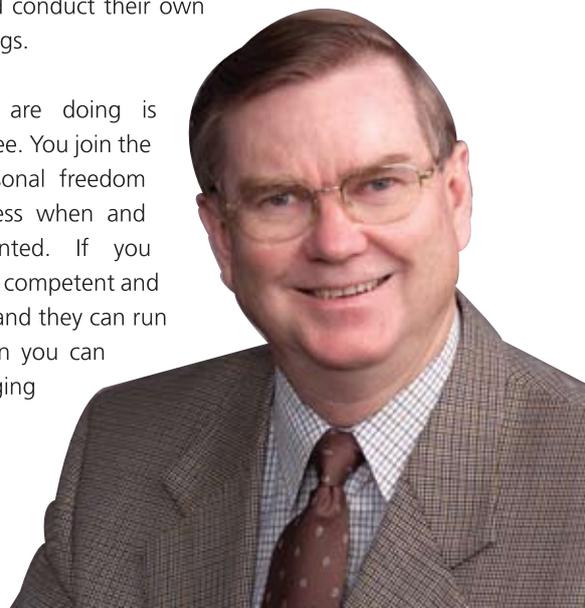
The best way to invest in the USANA business is through education. When there are training courses and workshops to improve your product knowledge and business skills make sure you participate to enrich yourself. The experienced leaders will give you some recommended readings. Buy these books to read, I make sure that I bring along a book to read wherever I go. You are never ever too old to learn. You need to top up your skills, adopt a continuous learning attitude and reading habit so that you can be the best instructor of your team.

Focus on Team Building

Lastly, you need to pass the knowledge on to your team. You need to be a trainer, coach, motivator and a teacher in your team. Remember growth in the business comes with concepts of multiplication and duplication. We use these words a lot and we need to know what they mean!

If you know something and you teach other people, you double the productivity. When you learn something and teach three other people, you triple that productivity. What you do is to duplicate yourself so that you can start delegating some of your responsibilities. Help your downlines to grow as professional business people by getting them to take on some responsibilities that you use to hold. Now they can run their own business and conduct their own events and trainings.

And what you are doing is setting yourself free. You join the business for personal freedom to do the business when and where you wanted. If you develop a team of competent and effective people, and they can run the business, then you can have fun managing them.



TAKE A Change

Changing Lives was what the recent International Convention was all about. And USANA proved that we mean business with one of the biggest announcements in the company's history — a remarkable Matching Bonus and Elite Bonus plan. You must ensure that you and your team take full advantage of the Matching Bonus and maximise your earnings! Use the Downline Management (DLM) to its fullest to manage your business in a strategic manner and to maximise your Matching Bonus and other income earning potentials.

Because of USANA, hundreds of thousands of people are living healthier, more rewarding lives. Because of USANA, people all over the world have become part of the solution rather than part of the problem. That's the power of the network that is the USANA family.

Now is the time for you to choose. How will USANA change your life and the lives of those you care for starting today? We can't wait to see what you will do!

Behind every successful business lies a set of tools and resources that increase productivity, enhance effectiveness, and streamline communication. The Internet has dawned on us for more than 10 years now. It has revolutionised the way we work and communicate with each other. Use the power of USANA and the proven resources it offers to build your business and achieve success. By going "on-line" to conduct your USANA business will enable you to spend more valuable time with your downlines rather than on the mundane tasks that are required in the traditional way of conducting business transactions. Manage your business with our unique state-of-the-art technology that provides real-time information 24 hours a day, giving you the power to grow your business both locally and worldwide.

Dr. Myron Wentz, in his closing speech, passed on this sage advice: change is unavoidable; it's up to you to decide what those changes are going to be.

Take a Change!

Dr. Andy Woo
Managing Director
Malaysia & Singapore



Take CHARGE of Your BUSINESS



Use the power of USANA and the proven resources it offers to take charge of your business and achieve success! USANA today contains a powerful set of tools that help manage your USANA business with a unique state-of-the-art technology that provides real-time information 24 hours a day, giving you the power to grow your business both locally and worldwide.

Online Shopping

Why queue? Ordering online is fast and convenient! Furthermore, you get to enjoy greater savings when you shop online!

Online Enrollment

Add new Distributors to your team with a few simple clicks!

Downline Management*

Manage your business more effectively and stay connected to your downlines.

USANA Updates

Be well-informed on the latest USANA information through timely email updates!

Web Hosting

An impressive personal website powered by USANA, that's technology made easy!

Tax Advantage

Possibly the next best thing to having a full-time accountant on hand!

*Available to Distributors who subscribe to DLM.



Often today, we hear about

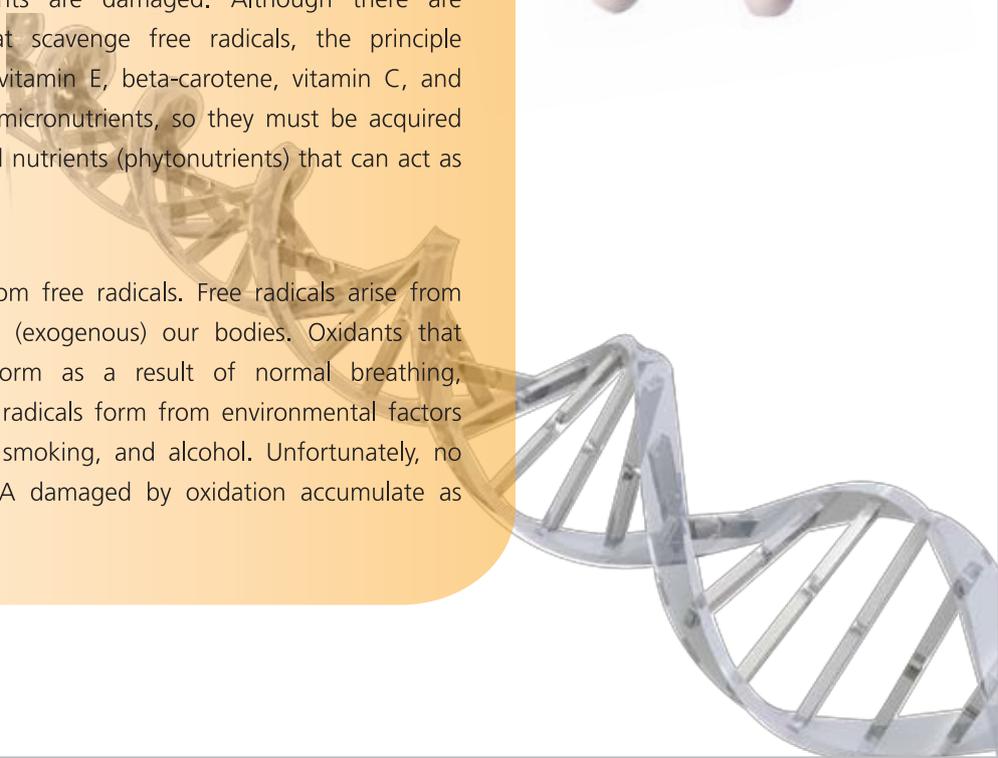
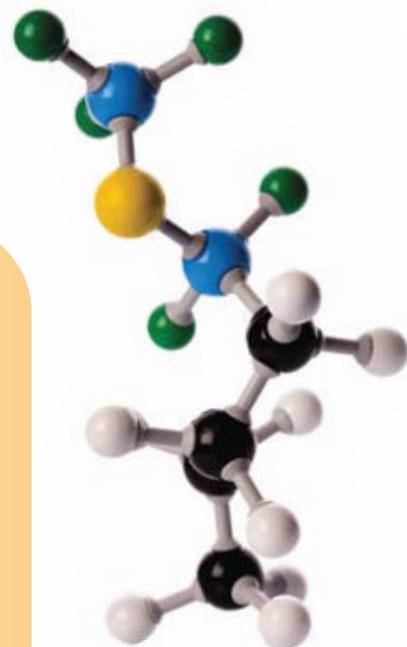
Free Radicals & Antioxidants,

but what are they exactly about?

Free radicals (pro-oxidants) are atoms or molecules with unpaired electrons. These highly reactive substances can be formed in a number of ways, and once formed they may use their reactivity to damage important cellular components - such as the cell membrane - or macromolecules like DNA. This damage can lead to mutation, impaired function, and even cell death. To minimise potential damage from free radicals, the body utilises a defence system of antioxidants.

Antioxidants are molecules that can safely interact with free radicals and terminate their reactivity before vital cellular components are damaged. Although there are several enzyme systems within the body that scavenge free radicals, the principle micronutrient (vitamin/mineral) antioxidants are vitamin E, beta-carotene, vitamin C, and selenium. The body cannot manufacture these micronutrients, so they must be acquired by diet. In addition, there are many plant-derived nutrients (phytonutrients) that can act as powerful antioxidants in the human body.

It is impossible to completely avoid damage from free radicals. Free radicals arise from sources both inside (endogenous) and outside (exogenous) our bodies. Oxidants that develop from processes within our bodies form as a result of normal breathing, metabolism, and inflammation. Exogenous free radicals form from environmental factors such as pollution, sunlight, strenuous exercise, smoking, and alcohol. Unfortunately, no antioxidant system is perfect, so cells and DNA damaged by oxidation accumulate as we age.



Health Benefits of Antioxidants

There are many known health benefits of antioxidant intake. Some scientific examples include the following:

Cancer

People with high beta-carotene intakes have about one-third the cancer risk as people with low beta-carotene intakes. ¹

People with higher intakes of vitamin C have about half the risk for many types of cancer when compared to people with low vitamin C intakes. ²

People with low intakes of several antioxidants have more DNA damage than people with generous intakes. ³

People with the highest intakes of vitamin C, E, and beta-carotene have a significantly lower risk of lung cancer. ⁴

Men who took vitamin E supplements for 10 years or more had a 30% lower risk of bladder cancer. ⁵

There are over 66 studies showing cancer-prevention activity of green tea, black tea, and their constituents. These include cancer reduction in the skin, lung, oral cavity, esophagus, stomach, liver, pancreas, bladder, small intestine, colon and prostate. ⁶

Other Chronic diseases

Several long-term studies have shown a reduced risk of cataracts in those who have taken vitamin C and/or vitamin E supplements for more than 10 years. ¹⁴

The Age-Related Eye Disease Study (AREDS) at NIH found that daily supplementation with antioxidants, zinc, and copper delayed progression of age-related macular degeneration. ¹⁵

Research has shown a significant relationship between flavonoid intakes and the occurrence of asthma. ¹⁶

Other research suggests antioxidants may help support lung function and protect the lungs from oxidative damage. ¹⁷

In a study on Alzheimer's disease, high levels of vitamin E delayed progression of the disease. ¹⁸

Heart Disease

Elderly people who took both vitamin C and vitamin E supplements had a decreased risk of death from heart disease as well as overall mortality. ⁷

Men who took vitamin supplements had a 70% lower risk of dying from heart disease and a 50% lower risk of heart attack. ⁸

In the Nurses' Health Study involving over 87,000 women, there was a 41% reduction in risk of heart disease for those who took vitamin E for more than two years. ⁹

In the Nurses' Health Study, vitamin C supplements were also related to a lower risk of heart disease. ¹⁰

In the Health Professionals Follow-Up Study involving almost 40,000 men, there was a 37% reduction in risk of heart disease in men who took vitamin E for more than two years. The average intake in the lowest risk group was 400 IU per day. ¹¹

To date, 17 human group studies have been published on flavonoid intake and the risk of coronary artery disease and stroke. Positive studies have shown reduction in mortality risk of up to 65%. ¹²

The largest and longest study to date, done as part of the Harvard-based Nurses' Health Study and Health Professionals Follow-up Study, included almost 110,000 men and women whose health and dietary habits were followed for 14 years. The higher the average daily intake of fruits and vegetables, the lower the chances of developing cardiovascular disease. Compared with those in the lowest category of fruit and vegetable intake (less than 1.5 servings a day), those who averaged 8 or more servings a day were 30% less likely to have had a heart attack or stroke. ¹³

“

Plentiful intakes of antioxidants have been associated with reduced risk of some chronic diseases, in the same way that generous intakes of fruits, vegetables and grains have been associated with similar health benefits. ”



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Sources and dietary intakes



Antioxidants can be vitamins, minerals, enzymes, or plant-derived nutrients called phytonutrients.

The major vitamin antioxidants are vitamin C, vitamin E and beta-carotene, while selenium is the major mineral antioxidant. However, a thorough examination of antioxidants and their importance to human health must include a much larger list of compounds potentially present in a healthy, varied diet.

The following list is an example of the wide variety of phytonutrient antioxidants present in a healthy diet :

Phytochemical	Food Source
Allyl Sulfides	Onions, garlic, leeks, chives
Carotenoids (e.g. lycopene, lutein, zeaxanthin)	Tomatoes, carrots, spinach, watermelon, kale
Curcumin	Turmeric
Flavonoids (e.g. anthocyanadins, resveratrol, quercetin, catechins)	Grapes, blueberries, apples, strawberries, grapefruit, cranberries, raspberries, blackberries, cherries
Glutathione	Green leafy vegetables
Indoles	Broccoli, cauliflower, cabbage, Brussels sprouts, bok choy

Phytochemical	Food Source
Isoflavones	Legumes (peas, soybeans)
Isothiocyanates (e.g. sulforaphane)	Broccoli, cauliflower, cabbage, Brussels sprouts, bok choy
Lignans	Seeds (flax seeds, sunflower seeds)
Monoterpenes	Citrus fruit peels, cherries, nuts
Phytic Acid	Whole grains, legumes
Phenols, polyphenols, phenolic compounds (e.g. ellagic acid, ferrulic acid, tannins)	Grapes, blueberries, cranberries, strawberries, cherries, grapefruit, raspberries, blackberries, tea
Saponins	Beans, legumes

The recommendation from the National Cancer Institute, the U.S.D.A., and nutrition experts is to eat a minimum of 5-13 servings of fruits and vegetables per day depending on your individual caloric needs. Based on these recommendations, a typical varied diet would provide approximately 200-600mg of vitamin C and 10-20mg (16,000-32,000IU) of carotenoids. Additionally, polyphenols "the most abundant antioxidant in the diet" could have a daily dietary intake as high as 1 gram/day in a mixed, varied diet of fruits, vegetables, grains, and beverages. For example, a person who needs 2,000 calories a day is recommended to take in nine

servings, or 4½ cups of fruits and vegetables each day. It is well-established that a good multivitamin can fill gaps in vitamin and mineral requirements unmet by a poor diet, but broad-spectrum supplemental availability of antioxidants has lagged. Although there is much to be learned about the individual characteristics of the hundreds of potential dietary antioxidants, it seems reasonable that providing supplements of various antioxidant classes may also fill nutritional gaps and provides health benefits potentially missing from the typical western diet.

Safety of Antioxidants

antioxidants

Advanced levels of antioxidants are a common thread among nearly every population less prone to chronic degenerative disease. While high levels of single nutrients and foods may pose a risk of danger and toxicity, there is no known unsafe level of total antioxidants.

Multivitamin/mineral supplements deliver adequate amounts of essential nutrients to help people achieve their recommended intakes. The majority of dietary supplements, including multivitamins, are safe for regular use. Despite widespread usage, there have been no specific published reports of toxicity or adverse effects associated with the proper use of multivitamins.

A series of well-publicised clinical trials utilising relatively high doses of single nutrients or combinations of nutrients (such as vitamin E and/or beta-carotene) in diseased patients have yielded disappointing results, and even suggested the presence of harm. However, those trials were conducted in patients with serious illnesses (such as cancer or cardiovascular disease), who were on multiple medications, or who were smokers.

The results of these trials should be placed in their proper context, including the fact that they are not applicable to the generally healthy population.

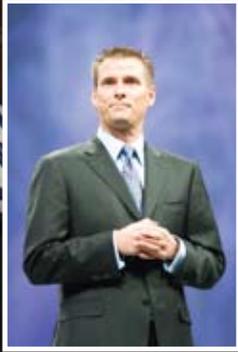
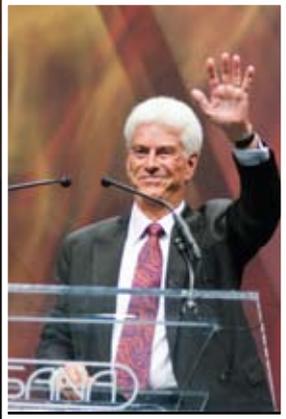
Advanced levels of antioxidants are a common thread among nearly every population found to be less prone to chronic degenerative disease. As an example, the Japanese - often cited as an example of longevity - have high levels of fruit, vegetables, green tea and soy as part of their traditional diet. Vegetarians have lower levels of heart disease and cancer when compared to the typical mixed diet, in part due to their generally higher intake of antioxidants.

While high levels of single nutrients and foods may pose a risk of danger and toxicity, there is no known unsafe level of total antioxidants. As far as we can tell, as long as they are varied and balanced, the more antioxidants the better.



Highlights of the **USANA 2008 International Convention**

Salt Lake City, Utah • 27 - 30 August 2008



USANA Health Sciences, Inc. hosted nearly **8,000** independent Distributors and guests from all across the globe for its four-day **16th Annual International Convention In Salt Lake City, Utah**. As part of the event, USANA unveiled its new Rev3 Energy™ drink, revealed additions to its already lucrative compensation plan and announced its plan to enter the Philippines in early 2009!



USANA's convention also served as a fundraiser for its charitable partner, Children's Hunger Fund. A convention golf tournament and USANA's annual 5K Walk for Life helped raise more than **\$100,000** for the international relief organization.





USANA ASIA PACIFIC
LEADERSHIP
Summit

Aloha, Hawaii!

White sandy beach, crystal clear water, lush green coconut trees, fresh ocean breeze and warm sunshine were just part of the many wonderful sights and experiences the winners had in Hawaii. **Ruby Directors Dr. Zaifuddin Md. Rasip & Khamisah Binti Mohd Yasin**, and **Gold Directors Rafeah Binti Ahmad & Ahmad Nadzri Bin Zakaria** were the winners from Malaysia who made it to be **Asia Pacific's Top 25 Growth Distributors**. Due to their unceasing efforts and commitment, they were rewarded with a trip to Hawaii!



Dr. Zaifuddin Md. Rasip &
 Khamisah Binti Mohd Yasin
 Ruby Directors



Rafeah Binti Ahmad &
 Ahmad Nadzri Bin Zakaria
 Gold Directors



....next destination 2009

Bali, Indonesia



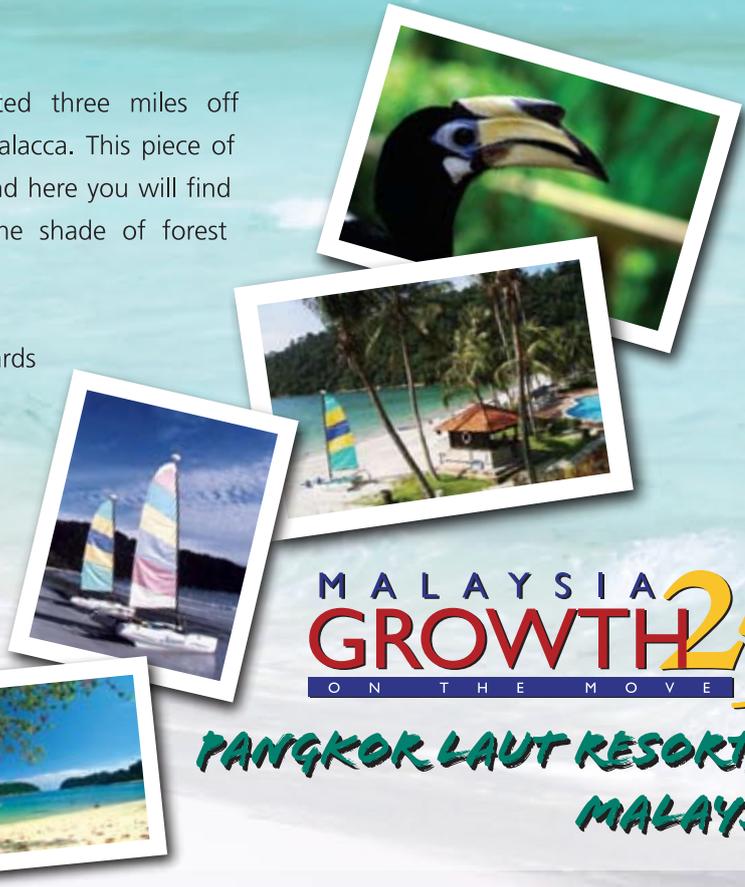
Be one of the Top 25 Asia Pacific Distributors who increase your commission volume points by the biggest amount year on year by February 27, 2009.

Pangkor Laut is a privately owned island located three miles off the West Coast of Malaysia along the Straits of Malacca. This piece of paradise has been 2 million years in the making, and here you will find one of the world's premier resorts nestling in the shade of forest giants as old as the land.

Nature is respected here, almost revered, and it rewards visitors in ways that simply need to be experienced.

Malaysia Distributors who finish in the Top 25 will be invited to this exciting experience at the exclusive Pangkor Laut Resort.

Don't miss YOUR opportunity to be part of the Pangkor Laut Resort experience – qualify for USANA Malaysia's Top 25 Growth Distributors!



Shop@USANA offers 3 Special Online Packs!

25 August - 26 December 2008

SAVE MORE WHEN YOU SHOP ONLINE

Introducing THREE (3) USANA Special Online Packs* exclusively for online purchases only! With online shopping, you get to save even more! Just place your orders online at anytime, anywhere and we'll do the rest!

500 POWER PACK (Item# 903)

Consists of:

- | | |
|------------------|-------------------------|
| 3 x Essentials™ | 3 x CoQuinone™ |
| 3 x Proflavanol® | 3 x Active Calcium Plus |
| 3 x BiOmega™ | 3 x Procosa II |
| 3 x Poly C | 3 x Visionex |



x 3

Special Price: RM2200
(save RM473), 500SVP

TRUE HEALTH PACK (Item# 936)

Consists of:

- | | |
|------------------|-------------------------|
| 1 x Essentials™ | 1 x CoQuinone™ |
| 1 x Proflavanol® | 1 x Visionex |
| 1 x BiOmega™ | 1 x Procosa II |
| 1 x Poly C | 1 x Active Calcium Plus |



Special Price: RM750
(save RM141), 150 SVP

SKIN HEALTH PACK (Item# 900)

Consists of:

- | | |
|---------------------|------------------------|
| 2 x Essentials™ | 1 x DPE SunScreen |
| 1 x Daily Cleanser | 1 x Night Renewal |
| 1 x Hydrating Toner | 1 x Perfecting Essence |



Special Price: RM750
(save RM156), 150 SVP



*Not available at the Malaysia Will Call center. All special packs are only available online.

THE LAUNCHING OF MATCHING BONUS

The much-awaited “surprise” was finally revealed!

In the month of September, a series of special launch events were held in Malaysia to introduce the brand new “Matching Bonus” – a new way to help Distributors increase their earning potential through USANA!

The new Matching Bonus was officially launched at the USANA PJ Office on the 2nd & 3rd of September, with a few other launches held at the following major cities:



30 August 2008, Saturday	Penang
4 September 2008, Thursday	Johor Bahru, Malacca, Kota Kinabalu
5 September 2008, Friday	Sibu
6 September 2008, Saturday	Kuching
9 September 2008, Tuesday	Terengganu
13 September 2008, Saturday	Kota Bharu

The official launch kicked off with an ice-breaking game called “Matching Numbers” which was in line with the new Matching Bonus. Everyone had a chance to mingle around and had a lot of fun at the game.

After the game, it was time to unveil the curtain on the new Matching Bonus. USANA’s corporate staff gave an exciting presentation on Matching Bonus and everyone was thrilled to hear about it. USANA has added the new Matching Bonus to help create a new possibility of income for all Distributors.



Training & Motivational Talk with Jason Shih

12 July 2008 (Saturday),
9.00am~6.00pm, Mandarin Oriental Hotel KL.

Approximately 150 enthusiastic Distributors attended Jason Shih's Training & Motivational Talk on 12 July 2008 and were all perked up after the event. Jason is a Taiwanese renowned speaker who graduated from The University of Taiwan and obtained a Master Degree from the University of Chicago. His years of experience in the Multi-Level Marketing industry have made him one of the most sought-after Chinese Speakers. Distributors participated actively during the training and were extremely excited throughout the time. With Jason's guidance and positive energy, Distributors discovered the secret path to achieving greater success in their USANA business.



ROAD TO GOLD

M A L A Y S I A

26 July 2008 (Saturday), 9.00am~6.00pm,
Cyberview Lodge Resort & Spa, Cyberjaya.

It was an unforgettable day for many Silver Directors who attended the "Road To Gold" Seminar on 26 July 2008. The purpose of the one-day seminar was to motivate them and further equip them with the knowledge and skills to achieve Gold Director status. Among the speakers were Managing Director Dr. Andy Woo, Diamond Director Sam Renga, Ruby Director Dr. Zaifuddin Md Rasip, and Gold Director Ken Ong. Apart from that, all attendees had a great time participating in the teambuilding games and activities. The whole event was very well received by the attendees but most importantly, they saw the opportunity of expanding their USANA business and achieving Gold.



Platinum PaceSetters & PaceSetters *Award Ceremony*

It was an astounding night where Distributors came together to celebrate the success of newly achieved Platinum PaceSetters and PaceSetters at the Platinum PaceSetters and PaceSetters Award Ceremony. This was a prestigious moment for the achievers as it marked a significant milestone in their USANA journey. In recognition of their hard work, many leaders and special guests turned up to witness the momentous occasion. Several top leaders and USANA executives were also present to give their speeches, among them were Mr. Bill Duncan, Executive Vice President of Australasia; Dr. Andy Woo, Managing Director of Malaysia and Singapore; Jasmine Zhao Lu, 4-Star Diamond Director; Sam Renga, Diamond Director; Nicholas Cheoh, Emerald Director and Dr. Zaifuddin Md. Rasip, Ruby Director. The finale of the event was the award ceremony for the new PaceSetters and Platinum PaceSetters by Mr. Bill Duncan and Dr. Andy Woo. Each PaceSetter received a recognition pin, certificate and a name card holder while the Platinum PaceSetters each received a recognition pin, certificate and a watch.



12 July 2008, 8.00pm-10.00pm, Mandarin Oriental Hotel, KL

One World, One Dream: Gold, Silver, and Bronze

“Convention is the event where goals become commitments and commitments are transformed into action and persistence.”

One World, One Dream—the theme for the 2008 Summer Games in Beijing, China—reflected the universal values of the Olympic spirit: unity, friendship, progress, harmony, participation, and dreams. It expressed the common goals of people worldwide to strive for a brighter future.



The original goal of the Olympic games is to create a place and time where boundaries are forgotten; where heritage, language, race, and religious beliefs raise no barriers between individuals; where social order of birth, national power, or material wealth are of no account as far as the worth of human life is concerned; where individuals stripped of their labels compete with their neighbours peacefully and honourably, solely to be their best against a standard of excellence.

The hope was that this Olympic spirit could carry over to inspire the whole world, not just for a few days of an Olympiad every four years, but everyday of every year. The early Olympians sought harmony built upon a twofold goal: to develop individual ability by giving it proper merit and recognition, while never forgetting the collective responsibility we have to one another.

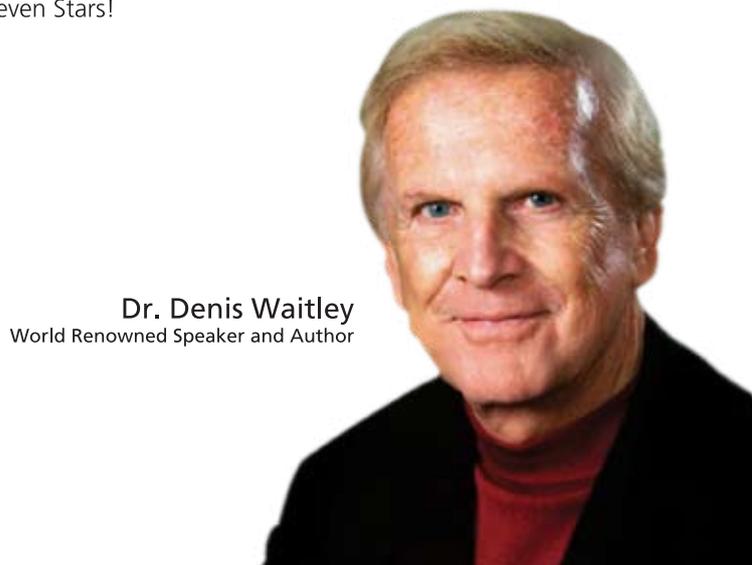
For 16 days in August this year, we witnessed yet another magnificent spectacle of the thrill of victory and the agony of defeat as the perhaps most splendid Olympiad ever leaped to life in front of our eyes via our big, HD, flat-screen TVs.

While flying home from a recent trip to China, where I marvelled at the breathtaking venues in which the Beijing Olympics unfolded before our eyes, I thought about the analogy between the Olympic Games and our own international convention. For those few days in August, the flags of our family members' various countries had unfurled to the resounding roar of all attending, and all our borders and cultural differences blended into one family and one vision.

Just as Olympic champions were featured on pedestals with gold, silver, and bronze medals placed around their necks as recognition of their outstanding performances, so were our USANA winners of all ranks recognised for their dedication and perseverance.

Why have a goal of bronze, silver, or gold as an Olympian? Because focused, specific goals provide targets of clarity with real, emotional, and motivating power. They represent both the tangible rewards worth striving for and also the celebration of victory as we conquer our own obstacles and fears to achieve something that elicits pride in ourselves, our families, and our teammates.

The 2008 USANA International Convention was our summer Olympiad. This was the place and time where all the new Bronze, Silver, and Gold Directors were forged. This was the event where goals became commitments and commitments were transformed into action and persistence. It was also the forum that Bronze, Silver, and Gold Directors had overwhelmingly acknowledged as the launching pad to the higher benchmarks of Ruby, Emerald, and Diamond—and, yes, even Stars!



Dr. Denis Waitley
World Renowned Speaker and Author



Nicholas Cheoh & Felicia Chua

Many friends & associates could not believe it when a well-educated couple chose to venture into USANA. The husband, who was having a promising and growing career in US Multinationals held various senior management positions; and the wife, who had just left the exciting world of Advertising and Promotions in a high-end Jewellery Industry to enjoy her new found life as a homemaker with two lovely kids, chose to be with the best nutritional supplement company in the world. Together, they ventured into the business full-time immediately when USANA commenced operations in Malaysia.

Nicholas and Felicia had never joined any network marketing company and knew very little about the industry way back in 2006. Apart from Nicholas himself, he also observed that Felicia had benefitted tremendously from consuming USANA products. Their fantastic experience was then expanded to the improvement of the physical health of all their family members and many closed friends.

Armed with this new found positive experience, their strong sense of belief in USANA and Dr Wentz's vision grew. Both of them instantly realized that USANA could be the arrival of the next "Microsoft" or "Dell" in the Health Supplement Industry. USANA's recent Asia Pacific Convention in Kuala Lumpur further strengthened Nicholas and Felicia's belief and passion in Dr. Myron Wentz's vision of building the healthiest family on earth. This couple drew inspirations and convictions from the sharing of the uniqueness of USANA's product research and quality, as well as from the success stories of fellow leaders. Their belief and confidence towards USANA took a quantum leap.

Both Nicholas & Felicia embraced the principle that the USANA business requires a strong belief system, passion and willingness to lay five solid years of foundations in order to build a strong residual income. In setting forth a goal, the couple advises new USANA Distributors to decide on their desired goal, draw up an action plan and be consistent, genuine and sincere when sharing the opportunity with others. "Always give your best, give enough time to your USANA business and never, never give up!" These are the words the couple would advise to the new members in their team. During their journey in USANA, they have always held themselves accountable for their own success and constantly reminding each other that obstacles, objections and rejections are part of their learning process. "In our USANA journey, the experience we faced was no different from other Distributors. We faced objections and challenges too. However, we took them positively as we knew that whenever an objection or rejection arose, it was more likely a veil for questions or request for more information or perhaps the timing and circumstances were not appropriate at that moment.

We took them in our stride, maintaining a strictly professional approach and considered them as only "minor delays" in decision making not amounting to an absolute "NO". "We persevered, kept our heads up and NEVER GAVE UP! We know success will come eventually as USANA has great products," shared Felicia. In short, they consistently drew strength from these "minor delays" and continuously set newer heights to scale and conquer. Nicholas remarked that USANA has changed their lives. "Our involvement with USANA has sharpened our personal development skills and enhanced our Emotional Intelligence. It has also trained us to build a clear roadmap to reach our ultimate objective of a solid residual income which eventually can be inherited by our children in future," says Nicholas.

They wish to say a big THANK YOU to all their Distributors who have helped them achieved this important milestone. Their immediate goal in 2008 and 2009 is to produce at least three GOLD DIRECTORS from their team. They will spare no efforts in ensuring the success of their team. In the longer term, they would like to work with each of their downline as partners who embraced USANA as a serious business to earn RM 1 Million, thereby helping them to realize their financial freedom objectives.

"To be successful in USANA, firstly 'you just got to do it'. Secondly, 'be willing to do more, put your heart into getting it done'. And lastly, 'stay focused and be ready to put in at least five solid years of labourious effort'. You must be committed and you will be rewarded with more years of glory later."



Their philosophy in life: "Live life without any regret, have a clear objective and know the 'WHYS' that will help you to achieve your goals in life. Execute on them!" In planning for your rank advancement, "Never hesitate to write down and communicate to your upline and downline partners your targeted rank advancement level and date to achieve it. Always be accountable, be serious, stay focused on your target and never give up. Just do it!"



JOINED USANA 04.05.2006

SILVER DIRECTOR 01.06.2006

RUBY DIRECTOR 08.12.2007

EMERALD DIRECTOR 05.07.2008



Annie Low
GOLD DIRECTOR

Annie Low was introduced to USANA by Ms. Wendy Wu whom she met through an advertisement. Before she met Wendy, she was already consuming USANA supplements and did not realize that she could turn it into a business until Wendy convinced her of its business potentials and the opportunity to promote a healthy lifestyle for her family and friends at the same time.

Because she loved this product very much, her first motivation was to help her family and the people around her as she knew that the quality and effectiveness of USANA products could help them. Her desire to help others has also brought her good income. With the confidence of her team members and their belief in the products and compensation plan as well as the time and effort they put in, they brought in more people to build this business successfully.

“If you believe in something, you must stay focused, work towards your goals and never give up,” says Annie. Her next goal in the future is to become the youngest top achiever in Malaysia and to lead a group of young, dynamic and successful Distributors to succeed like herself. Helping people through USANA has helped her financially and she would like to take this occasion to thank Ms. Wendy Wu and the USANA family for the opportunity and for giving them a world-class product.

“If you believe in something, you must stay focused, work towards your goals and never give up.”



Song Kim Chow
GOLD DIRECTOR

The superior quality of the products, the unique philosophy of sharing, and the opportunity to build financial independence have convinced Song Kim Chow to commit her time and effort to build her own USANA business. Two months after joining USANA with 3 business centers, she became a Gold Director. USANA business has enabled her to fulfill her career goals and personal growth, and also allowed her to devote time to her family. In the modern and busy world today, she has succeeded in striking a balance between personal career and a happy family life.

At first, she encountered many challenges and found it difficult to begin selling and sponsoring. But she was diligent in her learning and persisted in doing the basics of the business. She acquired a more visionary perspective and constructive attitude towards the business, the people and herself. Later, she began to make better progress and enjoyed the business more and more.

She sees USANA as a business which promotes and shares right consumer education, good value and a means to foster caring and loving relationships with people she has come in contact with. USANA business concerns people, and as she continues to

communicate and work with more people, she makes more close and sincere friends.

Through USANA, she has also learned to be an effective leader and a team player. She found her experience to be exciting, enriching and enlightening. Most of all, she has found more meaning in herself, in people and in life.

Her experience has shown her that:

- U** cannot do it alone
- S**haring is an art of love for one another
- A** good relationship is the foundation of success
- N**o favouritism, be fair and pure in heart
- A**nd there are no failures, only quitters

She would like to specially thank her comrade-in-arm, Gold Director Dr. Mohd Radzi for his continuous support and trust, and also a big thank you to all the management and staff of USANA.

“A kite will not fly high if not for the help of the wind.”



Dr. Mohd Radzi
Haji Che Daud
GOLD DIRECTOR

Dr. Mohd Radzi's journey with USANA for the past one and a half years was full of trials and challenges but it had taught him to be stronger and wiser as he strived towards achieving the rank of Gold Director. However, these experiences were nothing compared to the joys he gained from helping others in realizing the true health and true wealth through USANA.

He says, “Once you really understand the vision of Dr Myron Wentz, the company, the products and the compensation plan, you MUST grab every chance to build your USANA business. You have to be positive, ready for challenges, and keep on sharing and caring. Eventually you will reap the rewards.”

To him, faith is the source of all successes. The biggest joy he had was when he qualified as a Gold Director and achieving what others think was impossible. “In fact, ‘impossible’ is made up of two

beautiful words, “I’m” and “possible”. Once I had thoroughly understood the USANA opportunity, I took the first step, and worked hard with consistence and perseverance,” says Dr. Mohd Radzi. One thing for certain is that he will not remain at this level of achievement. Becoming Gold Director is only a milestone of his goal.

He feels grateful to his downline, Gold Director Ms Song, and was fortunate to be introduced to USANA by his upline, Ruby Director Dr Zaifuddin. Today, he has realized all his dreams through USANA and made many good friends.

“Your dreams for the future need not remain as dreams. You can make them come true.”

GOLD DIRECTORS

Rank Advancement | 4 May - 16 August 2008



Agnes Lo Mui Zoh
& Lai Seow Cheang
GOLD DIRECTOR

In 2004, Agnes Lo was introduced to USANA by her colleague John Bergman from Australia. She was not interested about USANA at that time. She asked, "There are thousands of nutritional supplements in the market, how do I know which is the best? Every company claims that they are the best, so what do you have to convince me?"

It all began with Mark and Flora Trinca's cool callings and persistencies, the frequent sending of materials for her reading, followed by Dr Roger's visit to Kuala Lumpur and had a meeting with her. After the meeting, she was impressed with USANA's Downline Management (DLM) System. She and her cousin, Dorine, then started a research on the products and read about the Comparative Guide to Nutritional Supplements, other books such as "What The Doctor Doesn't Know about Nutrition May Be Killing

You", "Death By Prescription" and other reference books. Later, after four months of serious research, she was convinced with the quality of the product and wanted to try them. They were given 2 boxes of USANA Essentials and her health improved thereafter. From then onwards, she continued to take the USANA Essentials and joined USANA as a distributor.

After joining USANA, she was able to help others with her knowledge on nutritional supplements and at the same time earn some residual income. "It was hard work in the beginning, but the more you involve yourself in the business, the more energy you will have. You feel satisfied when you see the money grow in your bank account!" said Agnes. "We help our downlines and work as a team to be successful, and eventually, all of us will enjoy the fruits of our success too", continued Agnes.

Her goal for the future is to achieve Diamond Director status. She added, "God is fair. There will be no success in the end if no sacrifices are made in the beginning. So friends, I am sure all of you can do it too and USANA is for everyone! If you stay focused, you will achieve your GOALS too!"

"We work as a team and we help our downlines to be successful, and eventually, we will be successful too"



Chantel Liew
GOLD DIRECTOR

Chantel Liew started as a consumer in USANA. At that time, she was expecting her first child when her good friend Annie Low introduced her to USANA. Initially, Chantel did not think that she would be involved in the USANA business. However, her perception changed after a trip to Hong Kong with some other USANA members in March 2008. She saw how other successful USANA members in Hong Kong multiplied their income within a short period of time, while it was not possible for her to generate the same income from her current job and investment portfolio. The need to secure a good income for her family was her greatest motivation to start her USANA business.

It has also always been her dream to set up an education fund for orphans to get a better education. She believes that good education creates good citizens. Therefore, USANA wealth was the fastest way to realise her dreams. Without her upline's persistent follow-up, moral support, motivation and guidance, she would have not been successful. Without her downline's hard work, understanding and support, she would not have been able to advance so rapidly. She said, "It is all teamwork. Without each other, I would not have succeeded. Hence, I would like to take this opportunity to thank everyone in our team."

"We need to constantly exchange ideas with our mentors as their experience and advice could simplify many obstacles. Having learnt from that experience, we'll need to guide our downlines just like how our mentors did," she continued. "It is just like a big family. The more caring and independent we are, the bigger your team will become. We should also have our own personal initiatives and obtain additional pointers and guidance from reading good books. Once our capability increases, we will know how to manage a bigger team of people."

Chantel's goal for the near future is to advance to Ruby, Emerald and Diamond within 3 years. She would like to offer a big "thank you" to her mentors - Annie Low, Wendy Wu, Amy Wang, Harry, Steven Chen, Ye Feng - all her excellent team members, the management of USANA, her lovely parents, her beloved husband and son, Jazper. Their patience, guidance, moral support, unconditional love and understanding have brought her to where she is today.

"It is just like a big family. The more caring and independent we are, the bigger your team will become"

SILVER DIRECTORS

Rank Advancement | 4 May - 16 August 2008



Jesmond Siow

About Me:
Self-employed

Products:
Quality products.

Compensation Plan:
Easy to understand and achievable.

My Experience:
A Blue Ocean Strategy. It benefits all. People have trust in the company and products.

To Share:
USANA is a company you can trust.



Robert
Low Yit Meng

About Me:
Full-time USANA Distributor

Products:
Unsurpassed quality in advanced nutrition.

Compensation Plan:
Fair and easy to understand.

My Experience:
Challenging yet fulfilling.

To Share:
What drives him to work hard in USANA is the desire to show people a way to live a more meaningful life.



Sen Cheong Yui

About Me:
Self-employed

Products:
Very good products. He is impressed with Dr. Wentz's competence and active role in developing them.

Compensation Plan:
Very good.

My Experience:
These products have improved the health of many people.

To Share:
Start taking action and bring better health to others.



Habidi Ismail

About Me:
Government Retiree, Self-Employed

Product:
The best products with the finest quality.

Compensation Plan:
Excellent plan for achieving dreams and improving the quality of life.

My Experience:
USANA is an undisputed way of bringing happiness to the people he has met by creating a trustworthy business partnership to improve the quality of life through true health and true wealth.

To Share:
The power to change our lives is in our own hands.



Muhammad Yunus
Bin Abdul Rahman

About Me:
Manufacturing Engineering
(Robotic And Automation) Student

Products:
No. 1 Product.

Compensation Plan:
The fairest marketing plan.

My Experience:
True health & true wealth.

To Share:
Think the impossible and reach
the unthinkable. Keep sharing and
be passionate.



Wendy
Hii Siu Kim

About Me:
She used to be a pastry trainee.
Now she's working full-time with USANA.

Products:
Good, trustworthy, reliable and benefits
all consumers.

Compensation Plan:
Fair, just and reasonable.

My Experience:
Challenging experience as she had
to meet people from all fields. She
needed to be knowledgeable and able to
communicate with others and share her
knowledge. She is so proud to know
about this product.

To Share:
Nothing is impossible. Set your goals. Be
aggressive, positive, motivated, innovative
and confident.



Pan Chu Hwa

About Me:
Full-time USANA Distributor

Products:
Good product. It improved her health.

Compensation Plan:
Easy and simple to achieve.

My Experience:
Met a lot of new friends. Life is full of
excitement and she gained a lot of
health knowledge.

To Share:
To help as many people as she can,
and to introduce them to these useful
products.



Joyce
Yeoh Saw Hoon

About Me:
Yoga centre partner

Products:
A Mercedes-Benz-class of product.

Compensation Plan:
Unique and generous.

My Experience:
Only true health brings true wealth.

To Share:
T.E.A.M. - Together Everyone Achieves
More !



Lau Hui Chu

About Me:
Housewife

Products:
USANA products - a trademark for
health.

My Experience:
Better Health.

To Share:
We can lose anything in life, but once
we lose health, we lose everything.



Chai Huey Miin

About Me:
Self-employed

Products:
Very good, help people to gain better
health.

Compensation Plan:
Easy to achieve. She achieved it happily.

My Experience:
Gained a lot of health knowledge,
able to socialize easily after joining
USANA.

To Share:
Encourage people to consume USANA
products and help others to lead a
healthier life.



Liao Hui Ling

About Me:
Teacher

Products:
Very good. Though busy with her job,
she continues to introduce the product
to others.

Compensation Plan:
Simple and fair.

My Experience:
Happy because the product has
improved her friends' health.

To Share:
Health comes before everything else.
She wants to promote better health to
more people.



Ooi Yhee Shee

About Me:
Musician. Currently teaching and
performing.

Products:
Best quality and trusted product.
Internationally recognized by different
independent nutritional parties.

Compensation Plan:
Great development potential, fair and
rewarding plan.

My Experience:
Good business venture, financial freedom,
self-improvement and development and
time flexibility.

To Share:
Developing and maintaining a good and
healthy inter-relationship is crucial in this
business.

OTHER NEW SILVER DIRECTORS

Abdul Rahim Bin Abu Seman
Ahmad Tarmizi bin Abu Seman
Ahmad Anas Bin Abdul Rahim
Ah Choo Eu
Alex Ting
Ang Chee Meng
Azmi & Dr. Elliyin Katiman
Boss Network
Chew Tee Lim
Chow Tee Tah

Dr. Jamil Bin Kassim
Esther Thong
Fabillah Binti Ibrahim
Fiona Mah
Jaclyn
Jong Yih Khiew
Kuasadua Network Network
Lee Ping Saw
Linah Binti A. Rahman
May Ee Kuan

Monica Chan
Mooi Yong Tee
Nay Chin Ang
Ng Siam Lan & Ng Sian Lan
Poh Poh Tan
Rosli Bin Kassim
Seh Kai Tee
Sharmaine Wong
Siew Hong Pang
Syed Muktar Bin Yang

Sy Huey Loh
Tee Eng Goh
Wan Kamal Azmy Bin Wan Ibrahim
Yong Kong Tan
Yow Lee Yong
Zulkifli Bin Mohd Ali

Bee Pheng Ong

Norasikin Binti Ahmad Saibi

Saw Kim Ooi

Ganesh Rao Jogga Naidu

Peter & Susan Yong

DIRECTORS

Rank Advancement | 4 May - 16 August 2008

Afiah Binti Ahmad

Dato & Datin Michael Ng

Khai Kheng Teoh

Shaharuddin Bin Abu Seman

Ah Hiang Lee

En Yun & May May Viona Lee

Kim Chye Kang

Siew Chua

Ah Mooi Leong

Goh Meng Chuan

Kim Hon Song

Sisley Chong

Ah Nya Sim

Goh Tiam Tiak

Kuan Ming Chong

Soo Teng Seow

Aik Teng Lio

Howard & Shun Lan

Kuan Yong Lee

Tsan Yong Chong

Ariff Iskandar bin Ibrahim

Hku Thye Foo

Mohd Hafiz Bin Zainol Shokor

Wai Fun Ngai

Awang Adiris Bin Awang Damit

Ho Lai Meng

Neo Sye Liang

Wan Mohd Fariq Bin Wan Muhamad Mokhter

Bee Jin Christine Teh

Hazarudin & Noreha Hussin

Ng Kok Seong

Wan Mohd Syauqi Bin Wan Hussin

Chee Wen Ng

Ismail Bin Rashid

Ng Yoke Chun

Yoke Seng Ling

Chen Yin Wong

Law Geok Eng

Norziana Binti Ajmanin

Yook Lan Kong

Choy Lian Lim

Lim Tiau Lai

Poh Tin Teoh

Yoon Yean Lee

Chong Foo Lee

Johnson Teo

Pick Kuen Loke

Yuen Teng Low

Chuan Chuen Chow

Kah Keong Khoo

Rohana Ahmad

Connie Lam

Kathrini Ee Binti Abdullah

Rosazaman bin Sarifdin



Platinum PaceSetters

4 May 2008 - 16 August 2008

Abdullah Mohd Hafiz

Helen Chan

Mohd Fauzi

Suat Ngoh Ong

Ah Hiang Lee

Hii Eng Ping

Mohd Fauzi Kassim

Suet Leen Wong

Ah Mooi Leong

Ho Lai Meng

Mohd Fekry Bin Habidi

Sze Lan Low

Ah Ngian Chong

Huey Miin Chai

Mohd Nasarul @ Nash

Tak Hong Puen

Ah Nya Sim

Huey Yi Ho

Mooi Yong Tee

Tan Swee Chin

AiQing Zhang

Hui Tiin Law

Mook Lian Woon

Tang H. Sing

Ann Fong Wen

Hwa King Ting

Nadiah Binti Ahmad Pauzi

Teck Kiong Wong

Arisfadillah Bin Mohd Ibrahim

Ida Norwani & Azlan Ontong

Nancy Anak Ulin

Wai Fun Ngai

Ashvink

Joyce Lim Chengxi

Neo Sye Liang

Wai Kiat She

Bee Chin Lee

Justin Chen

Ng Siew Choon

Wai San Chan

Beng Chai Lim

Justine Lim

Nurul Widayu

Wei Kan Chiew

Bong Ah Lan

Kamisah Bte. Abd Latib

Oi Wan Chong

Wendy S. K. Hii

Chang Mei Yong

Kim Heng Lim

Ooi Meng Sua

Yang Chui Ha

Chee Kong Chung

Kim Hoy Ng

Peck Ling Koh

Yean Piaw Wong

Chee Wen Ng

Kim Pun Yap

Pei Wen Teo

Yhee Shee Ooi

Chiam Shin Sheng

King Siong Yong

Phuah Lay Fong

Yoon Yean Lee

Chien Ming Chan

Kok See Cheong

Pick Kuen Loke

Yow Lee Yong

Cho Lang Tiong

Kuk Juern Yew

Priscilla Hii

Zulaika Binti Zainal Abidin

Chong How Lee

Lai Laing Chong

Ratna Hussein

Christine Cheah

Lai Meng Yik

Sabariah Binti Suaip @ Suip

Chu Hwa Pan

Lau Chee Ching

Sahira Banu Binti Abd Rahman

Chui Meng Chong

Lay Eng Goh

Sai Choon Loong

Chung Lin Chiong

Lay Song Ng

Sai Ge

Daud Bin Jalai

Lee Foong Chun

Sally Yap

Dr. Paul Chan

Lee Pang Phang

Salome S.P. Chin

Dzulkifly Bin Hamzah

Leong Siew Ling

Saw Kim Ooi

Edith Hii

Li Fang Seow

Sazali Bin Abu Samah

Eng Hock Wee

Lim Choon Huat

Sebastian Tan

Eng Wan Hui

Lim Guat Een

Seik Nie Lee

Erneila Alberto

Lim Tek Tang

Shamsudin Bin Kamaru Zaman

Esther Hii

Lingan Kathiraveloo

Sharmaine Wong

Fong Poh Ling

Lo Lee Jin

Shung Chiang Vun

Fui Chin Wee

May Chun Siew

Sia Kar Tiam

Gaik Huang Yeap

May Ee Kuan

Siew Hong Lim

Goay Keow Chew

Mazilah Abdullah

Sin Lian Pang

Haji Ahmad Bin Husain

Mee Chin Choong

Siti Zainab Bte Bakar

Hamden Bin Amin

Mio Ting Ling

Siung Ping Lau



Abdullah Mohd Hafiz
Ah Guan Ooi
Ah Hiang Lee
Ah Mooi Leong
Ah Ngian Chong
Ah Nya Sim
Ai Hoon Lee
AiQing Zhang
Ann Fong Wen
Arisfadillah bin Mohd Ibrahim
Ashvink
Azril Bin Ahmad Zainal
Baharudin Bin Hassan
Baizuin Binti Hassan
Bee Chin Lee
Bee Eng Rebecca Tan
Bee Koon Ong
Beng Chai Lim
Bong Ah Lan
Brian Lee
Chang Mei Yong
Chee Kong Chung
Chee Wen Ng
Chen Meixiu
Cheng Lei Hua
Chew Eng Goh
Chew Mei Juat
Chew Tee Lim
Chi Cheong Yip
Chiam Shin Sheng
Chien Ming Chan
Chin Cheang Ching
Chin Sing Gan
Cho Lang Tiong
Chong How Lee
Chong Soon Yee
Chong Thiam Chee
Christine Cheah
Christopher Tan Khoo Suan
Chu Hwa Pan
Chui Meng Chong
Chui Ling Phang
Chui Shian Chew
Chung Chooi Kum
Chung Lin Chiong
Chung Sook Sim
Colin Wang Ngie Sing
Darwinsyah Mahjudin
Dato & Datin Michael Ng
Daud Bin Jalai
Deng Dong
Dr. Paul Chan
Dzulkiyly Bin Hamzah
Edith Hii
Ee Poh Kuan
Eng Hock Wee
Eng Teong Ng
Eng Wan Hui
Erneila Alberto
Esther Hii

Ethel Chung
Fong Poh Ling
Fui Chin Wee
Gaik Huang Yeap
Goay Keow Chew
Guat Cheok Lee
Haji Ahmad Bin Husain
Hamden Bin Amin
Hei Jun Lai
Helen Chan
Hii Eng Ping
Ho Lai Meng
Hong Mei Choo
Hoy Chin Lee
Huat Seng Saw
Huey Yi Ho
Hui Ming Law
Hui Tiin Law
Hwa King Ting
Ibnu Rasyeed Bin Mat Isa
Ida Norwani & Azlan Ontong
Intan Binti Kushairy
Izyan Tan Binti Abdullah
Jackie Ng
Jacky Chaw
Joyce Lim Chengxi
Justin Chen
Justina Eddy
Justine Lim
Kamisah Bte. Abd Latib
Karen Hii
Khor Lai Koon
Kim Heng Lim
Kim Hoy Ng
Kim Pun Yap
King Siong Yong
Kok See Cheong
Kuk Juern Yew
Lai Laing Chong
Lai Meng Yik
Lai Ying Loh
Lau Chee Ching
Lay Eng Goh
Lay Lean Ang
Lay Song Ng
Lee Chain Ng
Lee Foong Chun
Lee Pang Phang
Lee Sieng Hie
Leong Siew Ling
Leong Siew Ni
Li Fang Seow
Lim Choon Huat
Lim Guat Een
Lim Koon Thye
Lim Tek Tang
Linda Oon & Louis Ho
Lingan Kathiraveloo
Lo Lee Jin
Maisara Othman

Man Fun Phan
Mardiana Binti Omar
May Chun Siew
May Ee Kuan
Mazilah Abdullah
Mee Chin Choong
Mio Ting Ling
Mohamad Subhi Bin Ishak
Mohammad Saadin Bin Yusof
Mohd Fauzi
Mohd Fauzi Kassim
Mohd Fekry Bin Habidi
Mohd Izzera Mohd Izam
Mohd Nasarul @ NasH
Mohd. Said Ahmad Pauzi
Moo Pick Shan
Mooi Bee Lim
Mooi Yong Tee
Mook Lian Woon
Mutiasabihah Mohd Asri
Nadiah Binti Ahmad Pauzi
Nancy Anak Ulin
Napisah Abdul Hamid
Neo Sye Liang
Ng Chu Geok
Ng Siew Choon
Nik Khatijah Bt. Nik Ismail
Nor Suriana A. Rahim
Norziana Binti Ajmanin
Nurazuwa Noor, M.D.
Nurul Widayu
Nutrigrreen Centre
Nyat Ching Chia
Oi Wan Chong
Ooi Meng Sua
Parasuramulu Kanniah
Peck Ling Koh
Pei Wen Teo
Peng Chun Lee
Phuah Lay Fong
Pick Kuen Loke
Priscilla Hii
Pui San Lee
Puoi Hiang Tan
Rahman Bin Lariwoo
Ratna Hussein
Rebecca Chang
Rosdahayati Binti Hashim
Sabariah Binti Suaip @ Suip
Sahira Banu Binti Abd Rahman
Sai Choon Loong
Sai Ge
Sai Hole Kong
Sally Foo
Sally Yap
Salome S.P. Chin
Saw Kim Ooi
Sazali Bin Abu Samah
Sebastian Tan
Seik Nie Lee

Shankar Poobalagan
Sharmaine Wong
Shawani Rashid
Shung Chiang Yun
Sia Kar Tiam
Siang Tec Lim
Siew Hong Lim
Siew Kay Yuen
Sin Lian Pang
Siti Zainab Bte Bakar
Siung Ping Lau
Sok Moi Lee
Soo San Low
Sook Lee Choong
Sook Wei Tan
Soon Tat Ng
Suat Beng Goh
Suat Ngoh Ong
Suet Leen Wong
Sze Lan Low
T. Ping Tang
Tak Hong Puen
Tan Guat Eng
Tan Moi Lee
Tan Swee Chin
Tan Woei Chyuan
Tang H. Sing
Tang Lay Theng
Tay Su Chen
Teck Kiong Wong
Teng Lim
Wai Fun Ngai
Wai Kiat She
Wai Sam Chan
Wai San Chan
Wan Chuen Yong
Wei Kan Chiew
Wei Ying Khor
Wendy S. K. Hii
Weng Khim Lim
Yang Chui Ha
Yean Piau Wong
Yee Wah Wong
Yhee Shee Ooi
Yoon Yean Lee
Yow Lee Yong
Yuan Fun Choo
Yuen Teng Low
Zaleha Binti Ismail
Zhi Ren Yee
Zurainah Ramlee



Make Your Life Easier

Autoship, Hassle-Free Shopping That Pays

As your subscription to health, Autoship can change your life. It is perfect for helping you to keep a continuous stream of USANA products on hand without having to purchase something online every time you need it. The moment you run out of one product, you have another one waiting at your door! It is a great reminder, on a regular basis, of your commitment to true health.

■ **Save 10%**

Receive an additional 10 percent discount on the Autoship price for products you order when you participate in the Autoship programme.

■ **Residual Income**

The compounding and duplication of Autoship orders from you and your downlines can be the key to your financial success.

■ **Hassle-Free Service**

You can change your Autoship order by logging on to www.usana.com or send us an e-mail to make the changes.

■ **Customised Orders**

Customise your orders into two rotating four-week cycles (called Autoship A and B). In this way, you can experience USANA® Nutritionals products in the first cycle and Sensé products in the second cycle!

■ **Retail Incentive**

Not only will you receive commissions on each product sold, you also receive 100 percent mark-up (retail incentive) of the Autoship price to the retail price.

■ **Staying Qualified**

Being qualified means you accumulate commissionable volume of a minimum of 100 or 200 PSV every four weeks on the left or right side of your Business Centre. As your volume grows, you are eligible for commissions according to the commission payout schedule.

■ **Convenience and Consistency**

All products are conveniently delivered to your home. Your credit or debit card is automatically charged each month so that payment can be made faster and easier.

Put your health first. Never miss a day of excellent nutrition with Autoship!



Your Guide to Becoming a PaceSetter or Platinum PaceSetter

By reading this, you are already on the right track to achieving the prestigious status of a **PaceSetter**, or better still, a **Platinum PaceSetter**!

Your very first target as a USANA Distributor is to become a **PaceSetter** or **Platinum PaceSetter**. **PaceSetters** and **Platinum PaceSetters** are 'fast-starters' who enjoy exclusive privileges and promotions in USANA, so **don't miss out!**



How To Become a PaceSetter

You sponsor **TWO (2)** or more Distributors within six weeks of your own enrollment, and help at least two of them:

- Activate either one or three Business Centres upon enrollment
- Remain actively qualified for eight consecutive weeks. (This means each of the two must stay on their **FIRST** autoship of 100 points or more, with no returns, no sponsor changes or rules violations)



How To Become a Platinum PaceSetter

You sponsor **FOUR (4)** or more Distributors within six weeks of your own enrollment, and help at least four of them:

- Activate either one or three Business Centres upon enrollment
- Remain actively qualified for eight consecutive weeks. (This means each of the four must stay on their **FIRST** autoship of 100 points or more, with no returns, no sponsor changes or rules violations)

You have six weeks from the day you enroll to qualify for these prestigious awards. So don't waste a minute!

PACE SETTERS

P L A T I N U M

10 REASONS WHY BECOMING PLATINUM IS IMPORTANT?

- 1** Receive 100% Matching Bonus for 8 months (32 weeks) on the sales volume of Distributors you enroll who become Platinum PaceSetters.
- 2** Enjoy 4 weeks of FREE Starter Kit immediately following the week you become a Platinum PaceSetter.
- 3** You only have one opportunity and your first six weeks to qualify as a Platinum PaceSetter.
- 4** It is a lifetime Platinum status!
- 5** Have access to special promotions and offers that will help you build your business bigger and better!
- 6** One of the biggest benefits that gives you an exciting and inspiring blueprint to follow when starting your business.
- 7** Special VIP treatment at big USANA events.
- 8** Distributors who become Platinum PaceSetter the minute after enrollment are the ones who succeed the quickest!
- 9** Receive prestigious gifts and lapel pins that come along with membership.
- 10** It is your first step in becoming a successful Distributor.



INTRODUCING THE BRAND NEW MATCHING BONUS

The perfect way to increase
your earning potential!

Effective from 23 August 2008

To help create a new possibility for ALL Distributors to maximise their income, USANA recently announced the new **Matching Bonus** promotion. PLUS, as a Platinum PaceSetter, you are on the fast track to success in your USANA business, because with the new **Matching Bonus**, it makes earning money even easier!

Status of Sponsor	Status of New Distributor	CVP Matching Bonus for the Sponsor
Platinum PaceSetter		100%
PaceSetter		50%
Neither		25%



Log on to www.usana.com or call 03-7953 8028 for more information.