

HEALTH SCIENCES



USANA Essentials received
The BrandLaureate
BestBrands Awards
2011-2012

for 5 consecutive years

USANA Health Sciences earns four Best Of State Medals for its products and science

USANA
Mid-Year Recognition &
Prize Giving Ceremony
Recognizing USANA's Top Achievers

Recognizing USANA's Top Achievers from January – May 2012



USANA HEALTH SCIENCES EARNS FOUR BEST OF STATE MEDALS FOR ITS PRODUCTS AND SCIENCE

Named Overall Best Of The Best In Merchandising & Consumer Services

USANA Health Sciences, Inc. (NYSE: USNA) was presented with four Best of State Awards for having the best dietary supplements, nutrition beverage, health products and research and development department for a Utah-based company. USANA also received the prestigious The Best of the Best® award as the overall winner of the merchandising and consumer services category for the second time since 2008.

To date, USANA has earned more than 20 Best of State awards since 2003 and currently sells its award-winning products in 18 international markets.

This is the ninth year USANA has been recognized as having the best dietary supplements in the state and the second year it has been recognized for its exceptional health and nutrition products. In addition to its nutritional supplements, USANA's Rev3 Energy® drink* earned its fourth consecutive

title since it was introduced to the public in 2009, while the company's research and development department took home its first medal for its rigorous testing methods, studies, and innovative product technology.

The Best of State Awards were created in 2003 to recognize outstanding individuals, organizations and businesses in Utah. Best of State candidates are evaluated by a panel of 100 judges based on three criteria: achievement in the field of endeavor; innovation or creativity in approaches, techniques, methods or processes; and contribution to improving the quality of life in Utah.

USANA has also received four top honors for its Sensé™ skin-care line since 2007 and was named Utah's best employer in 2010.

*Not available in Malaysia.









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EBRATING

here were you 20 years ago? Maybe you were struggling with a nine-to-five job you hated. Maybe you were trying desperately to figure out a way to pay off all your bills and feed your family. Maybe you were just out of college, unsure of your future. Or maybe, you weren't even born yet. For me, 20 years ago was when my life changed in an incredible way.

In 1992, my father and I founded a revolutionary nutritional company called USANA Health Sciences. While we were just a small company, in a small office, in the heart of Salt Lake City, we soon realized we had created something special, something that needed to be shared with everyone, everywhere. Something that could change the lives of people all over the world for the better. We had a vision of a world free from pain and suffering, and we were going to share that vision with anyone who would listen.

We started small in the United States, but we couldn't contain ourselves for long. Soon, we expanded into Canada, then Australia and New Zealand, and now we are in markets all over the world, most recently opening into Europe and Thailand. Every day, more and more people are hearing the message of USANA, and every day we get closer to helping people live their lives they have always dreamed of with true health and true wealth.

But USANA's mission isn't just about expanding our vision, it's also about expanding the horizons of our amazing Distributors. I've watched people go from struggling with life

emotionally, physically, and financially, to thriving to becoming healthy, happy, and free from financial burdens. I've seen fathers who were finally able to go to their children's soccer games and school plays because they no longer had to work long, stressful hours at the office. I've seen single mothers gain financial independence and the time freedom to stay at home with their children instead of living paycheck to paycheck. These stories are at the heart of the USANA message.

In 1992, I never thought USANA would lead me to where I am today. Like many USANA Distributors, I am living a life I never imagined. I'm the husband to a beautiful wife, father to two healthy, incredible children, and leader of a company that is making a difference in the world. I am proud of USANA. I am proud of our Distributors. I am proud to be helping people all over the world live lives full of happiness and health.

For the past 20 years, we have striven to make this company excellent. And I give you my word that I will work hard to continue that excellence for the next 20 years.

Live well,

Dave Wentz

CEO, USANA Health Sciences







USANA's Lifetime Matching Bonus program, which gives you a percentage bonus based on the earnings of your sponsored Premier PaceSetters and Premier Platinum PaceSetters, gives you another level of control over how much money you can make over the lifetime of your USANA business.*

With this program, you are rewarded for starting off strong and for continuing to build a strong, steady business by creating strong, steady leaders on your team. As you can see, PaceSetters, and especially Platinum PaceSetters, are able to maximize their benefits by taking full advantage of the Lifetime Matching Bonus.

IF, AT THE TIME OF YOUR NEW DISTRIBUTOR'S ENROLLMENT, YOU ARE A:	AND YOUR NEW DISTRIBUTOR BECOMES A:	
	PREMIER PLATINUM PACESETTER	PREMIER PACESETTER
PLATINUM PACESETTER	15%	10%
PACESETTER	10%	5%
DISTRIBUTOR	5%	2.5%

*As long as you are commission qualified and in compliance with your Distributor agreement.

BENEFITS:

- GET A RAISE ON FUTURE COMMISSIONS AND MAXED BUSINESS CENTRES.
- GET PAID FOR ONE LEG.
- UNLIMITED EARNINGS FOR ALL BUSINESS CENTRES.

For more examples of how Lifetime Matching Bonus works and for complete official Lifetime Matching Bonus rules, please visit USANAtoday.com.

MATCHING BONUS USAN JNTUK SEPANJANG HAYAT USANA终生对等奖金

GANJARAN KEJAYAAN, GANJARAN SEUMUR HIDUP

成功的奖励,终生的奖励



Program Matching Bonus Sepanjang Hayat USANA memberikan anda satu peratusan bonus berdasarkan perolehan Premier PaceSetter dan Premier Platinum PaceSetter yang anda taja, dan membolehkan anda menentukan jumlah pendapatan yang boleh diterima sepanjang hayat perniagaan USANA anda.*

Menerusi program ini, anda akan diberikan ganjaran kerana memulakan perniagaan dengan kukuh sekali, dan membina perniagaan yang kuat dan stabil serta membina pemimpin yang kuat dan stabil dari pasukan anda secara berterusan. Ini adalah kerana PaceSetter, dan khususnya Platinum PaceSetter boleh memaksimumkan faedah-faedah mereka dengan mengambil kesempatan Matching Bonus Sepanjang Hayat ini.

USANA终生对等奖金方案,是根据您所保荐的特级领航员与特级白金领航员所赚取的佣金,而发给您某个百分比的奖金,为您提供 -个可让您掌控您USANA事业的另一层次。

透过这个方案,只要您的事业有个坚强的起步、在您的团队中培养出更多坚强稳固的领袖、让您的事业坚强稳定的扩展,就能获得 奖励。正如您所见的,领航员,尤其是白金领航员,能充分利用终生对等奖金,将奖励的百分比尽量提高。

SEKIRANYA, SEMASA MENAJA PENGEDAR BARU, ANDA ADALAH SEORANG: 您所保荐的新直销商登记入会时, 如果您的身份是:	DAN PENGEDAR BARU ANDA MENJADI SEORANG: 而您的新直销商成为一位:	
	PREMIER PLATINUM PACESETTER 特级白金领航员	PREMIER PACESETTER 特级领航员
PLATINUM PACESETTER 白金领航员	15%	10%
PACESETTER 领航员	10%	5%
PENGEDAR 直销商	5%	2.5%

*Asalkan anda mengekalkan kelayakan untuk menerima komisen dan mematuhi perjanjian Pengedar anda. *只要您保持符合领取佣金资格和遵守您的直销商协议。

MANFAAT 好处:

- NIKMATI KOMISEN YANG LEBIH TINGGI DAN MEMAKSIMAKAN PUSAT PERNIAGAAN PADA MASA DEPAN. 增加未来佣金,扩大商务中心收入。
- DAPATKAN BAYARAN UNTUK SATU 'LEG', 透过单支线获得奖金。
- PENDAPATAN TANPA HAD UNTUK SEMUA PUSAT PERNIAGAAN. 所有商务中心的收入 没有最高限制。

Untuk contoh yang lebih banyak tentang Matching Bonus Sepanjang Hayat dan syarat-syarat Matching Bonus Sepanjang Hayat rasmi yang lengkap, sila layari USANAtoday.com.

Pharmaceutical Grade

Supplement Facts



As the market is flooded with thousands of brands and millions of supplemental products, it is of utmost importance to make informed decision when it comes to choosing the right supplements. A good supplement will help maintain your health, whilst a bad supplement is detrimental to health and gets excreted as "expensive urine". Nearly 75% of the world population consumes supplements, but only a fraction of them are equipped with the knowledge of quality supplements.

Supplements in the market are either of Food Grade or Pharmaceutical Grade. The difference between each grade type is one of quality and purity. In technical

terms, no substance is 100% pure, as there will always be other substances added to various products. The difference between the grades is one of how much of these other substances are present in the product.

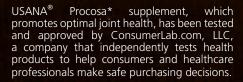
For pharmaceutical grade supplements, the product must be in excess of 99% purity with no binders, fillers, excipients, dyes, or unknown substances. For food grade supplements, many times the raw materials may contain only 90% or less of the listed ingredients along with 10% or more corn starch and lactose which may trigger allergy in some people. The bioavailability of food grade supplements is questionable, thus limiting its health benefits.

The United States Pharmacopeia (USP) provides assurance to the consumer, as well as those involved in manufacturing and processing, that the quality and purity of the raw materials utilized are of pharmaceutical grade. Consequently, the USP guarantees a certain standard of excellence sold only through physicians and selected pharmacies.

Hence, choose wisely, choose pharmaceutical grade.

USANA® PROCOSA RECEIVES CONSUMERLAB.COM CERTIFICATION

Third-Party Testing Company Approves USANA's Joint Health Product



ConsumerLab.com previously approved USANA's Probiotic*, Coquinone® 10*, Visionex®*, BiOmega™*, Mega Antioxidant* and Chelated Mineral* supplements, among others.

When testing supplements, ConsumerLab. com uses rigorous independent testing to determine the product's strength, purity, and disintegration—specifically for Procosa, ConsumerLab tested its glucosamine content, how it meets stringent lead levels criteria and its ability to disintegrate or break apart.

"In 20 years of doing business, we've never had to issue a product recall," said Jim Brown, USANA's vice president of global operations. "Because we manufacture over 90% of our products in-house in our FDA registered facility, we can control the quality, safety and efficacy of our supplements. We also insist that our vendors follow our same strict quality control processes, so that by the time our product is shipped out, it has been tested numerous times."

"We welcome any third-party organization, such as ConsumerLab.com, to test and verify the claims we make on our products," says Dan Macuga, USANA's chief communications officer. "It gives us the opportunity to prove the claims we've been making for years on products that are now sold in 18 countries worldwide. All USANA employees are given free products monthly, so we are both the manufacturers and the end users of our own supplements. We arevery committed to our products."

In addition to earning ConsumerLab.com's seals of approval, USANA's products, which are used by over 600 professional athletes, are



also independently tested by NSF International and HFL. The company's Utah-based manufacturing facility follows Federal Drug Administration (FDA) guidelines for *Good Manufacturing Practices* (GMP) and voluntarily tests its supplements to make sure they meet United States Pharmacopeia (USP) standards and specifications for potency, uniformity, and disintegration.

About ConsumerLab.com

ConsumerLab.com is a leading provider of consumer information and independent evaluations of products that affecthealth and nutrition. The company is privately held and has no ownership from, or interest in, companies that manufacture, distribute or sell consumer products. For more information visit www.ConsumerLab.com.

*Based on U.S. formulation.



The Grammy Awards for Branding

5, we did it again

USANA Health Sciences Malaysia has once again won

The BrandLaureate Best Brands Awards 2011/2012 And this is for 5 Consecutive Years!

An Achievement of Excellence!

ESSENTIALS

Best Brands in Wellness Advanced Nutritional Product













Direct Selling Association

The Direct Selling Code of Ethics

PROTECTS

- the consumer
- the seller
- the industry

ENSURES

an ethical marketplace

ESTABLISHES

• industry standards

PROVIDES

- consumer assurances and satisfaction
- assurances in excess of local regulations

The Direct Selling Code of Ethics At A Glance

Direct selling has a century long history of serving the public with quality products and trusted relationships. When you buy from a direct seller, be sure the company is a member of the Direct Selling Association of Malaysia (DSAM). All DSAM member companies must adhere to a strict code of ethics to ensure your complete satisfaction and protection as our valued consumer.



A member of WFDSA World Federation of Direct Selling Associations www.WFDSA.org

DSA code of ethics DSA code of ethics DSA code of ethics DSA code of ethics

of Malaysia Our Promise To YOU!

The independent direct seller promises the following:

We will refrain from deceptive or unfair sales practices.

We will provide identification.

We will provide accurate and complete product descriptions and comparisons.

We will clearly articulate pricing and terms of payment.

We will provide key delivery details.

We will provide written order forms specifying cooling-off rights and guarantee/warranty terms.

We will provide truthful and fair commentary:

- Providing only company-authorized product claims.
- True, applicable, relevant testimonials free from deceptive/unfair comparisons or comments.

We will respect your request for privacy.

We will make timely deliveries.

We will discontinue a sales presentation immediately upon the consumer's request.

Our Companies promise the following:

We will refrain from deceptive or unfair recruiting practices.

We will provide truthful and accurate information - based on facts - regarding our earnings opportunity.

We will provide a contractual agreement with our direct sellers.

We will provide periodic account status detailing purchases, earnings, commissions, bonuses and other relevant information.

We will repurchase, if requested, upon termination any unsold, re-saleable product inventory, promotional material, sales aids and kits purchased within the previous 12 months and refund your original cost less a handling fee not to exceed 10% of the net purchase price.

We will not expect you to purchase unreasonably large amounts of product inventory.

We will not sell materials that do not comply with company standards.

We will provide training to enable direct sellers to operate ethically.

Complaint handling procedure

Our member companies promise to make every reasonable effort to resolve complaints through the company's complaint handling process.

If complaints cannot be resolved satisfactorily, the DSAM independent Code Administrator will work to resolve complaints related to a possible breach of the code to the satisfaction of all parties involved.

If you have complaints

Contact the company about which you have the complaint. All companies with the DSAM logo on their literature are committed to honoring our Code of Ethics and to addressing complaints in a fair and timely manner.

If your complaint is not resolved quickly and to your full satisfaction, you may contact the DSAM independent Code Administrator.

Send complaints to:

Tan Sri Dr Sulaiman Bin Mahbob Code Administrator Direct Selling Association of Malaysia 1702 Block A, Damansara Intan 1 Jalan SS 20/27 47400 Petaling Jaya Selangor, Malaysia

> Tel: +6 (03) 7726 9232 Fax: +6 (03) 7726 9049 E-mail: info@dsam.org.my

Direct Selling Association of Malaysia

The Direct Seller

Our Promise To YOU!

The Value of The DSA Code of Ethics

Ensures an ethical marketplace

Establishes industry standards

Provides consumer assurances and satisfaction



Promise to Direct Sellers

Our Companies will:

Provide accurate information about the company's compensation structure, products, and sales methods

Base all sales and earning claims on documented facts

Refrain from any unethical recruiting practices and high entrance or training fees

Provide information clearly detailing your business relationship with the company

Provide acounts regarding purchases, earnings, commissions, etc.

Refrain from charging unreasonably high entrance fees

Discourage you from purchasing inventory in unreasonably large amounts

Repurchase inventory under resonable terms if you terminate your business

Refrain from selling materials that do not comply with company standards

Abide by all legal requirements



A member of WFDSA World Federation of Direct Selling Associations www.WFDSA.org

Backed by our complaint handling procedures

Our member companies promise to make every reasonable effort to resolve any complaints you may have related to a possible breach of the code through their company complaint handling process.

If complaints cannot be resolved satisfactorily, you may contact the DSA independent Code Administrator.



If not resolved...



Send complaints to:

Tan Sri Dr Sulaiman Bin Mahbob Code Administrator Direct Selling Association of Malaysia 1702 Block A, Damansara Intan 1 Jalan SS 20/27 47400 Petaling Jaya Selangor, Malaysia

Tel: +6 (03) 7726 9232 Fax: +6 (03) 7726 9049 E-mail: info@dsam.org.my

Direct Selling Association of Malaysia

-The Consumer

Our Promise To YOU!

The Value of The DSA Code of Ethics

Ensures an ethical marketplace

Establishes industry standards

Provides consumer assurances and satisfaction



Promise to Consumers

Our Companies will:

Refrain from engaging in deceptive or unfair sales practices

Provide truthful and fair commentary, specifying only company-provided promises

Provide written order forms specifying:

- Your right to cancel
- Guarantee/warranty terms

Provide accurate and complete product descriptions

Provide pricing and clearly articulated payment terms

Honor your request for privacy

Discontinue a sales presentation immediately upon request

Provide contact information pertaining to the salesperson and/or the company

Abide by all legal requirements



A member of WFDSA World Federation of Direct Selling Associations www.WFDSA.org

Backed by our complaint handling procedures

Our member companies promise to make every reasonable effort to resolve any complaints you may have related to a possible breach of the code through their company complaint handling process.

If complaints cannot be resolved satisfactorily, you may contact the DSA independent Code Administrator.



If not resolved...



Send complaints to:

Tan Sri Dr Sulaiman Bin Mahbob Code Administrator Direct Selling Association of Malaysia 1702 Block A, Damansara Intan 1 Jalan SS 20/27 47400 Petaling Jaya Selangor, Malaysia

> Tel: +6 (03) 7726 9232 Fax: +6 (03) 7726 9049 E-mail: info@dsam.org.my

2012 Mid-Year Recognition & Prize Giving Geremony 25 June 2012 • Menara Axis, Petaling Jayan

n June, for the first time,
USANA held a Mid-Year
Recognition and Prize Giving
Ceremony to recognize the Top
Achievers who advanced to a new
rank or excelled in their USANA
business within the period of 1
January to 1 June 2012. Winners and
representatives of some winners of
the iPad Contest were also invited to
the event to receive their prizes.

Rank Advancement — New Gold Directors



(From left) Yong Kok Wai, Ooi Chee Wee, Loo Ker Fern, Lee Thin Yow, Chai Kwai Yong

Yong Kok Wai Ooi Chee Wee Loo Ker Fern Chai Kwai Yong & Lee Thin Yow

Top 10 Income Earners



(From left) Nelson Chew Chin Leen, Sallehuddin Bin Shuib, Anthony Ang, Tina Li, Annie Low



(From left) Lucas Lim, Alex Ting, Rafeah Ahmad, Ahmad Nadzri Zakaria, Yong Kok Wai

- # 1 Annie Low, Diamond Director
- # 2 Anthony Ang & Tina Li, Ruby Directors
- #3 Yurko Ng Siew Choo, Diamond Director
- # 4 Sallehuddin Bin Shuib, Ruby Director
- # 5 Nelson Chew Chin Leen, Gold Director
- # 6 Yong Kok Wai, Gold Director
- #7 Rafeah Ahmad & Ahmad Nadzri Zakaria, Ruby Directors
- #8 Jenny Heng, Gold Director
- #9 Alex Ting, Gold Director
- # 10 Jane Leow & Lucas Lim, Gold Directors

Top 10 Rising Stars



(From left) Eddie Leong Kit Chuan, Peggy Yeoh, Boo Ai Peng, Ooi Chee Wee, Yong Kok Wai

- #1 Yong Kok Wai, Gold Director
- #2 Jenny Heng, Gold Director #3 Aceline Lai, Gold Director
- #4 Soh Sau Ngo, Silver Director
- #5 Ooi Chee Wee, Gold Director
- #6 Chin Swee Sang, Silver Director
- #**7 Boo Ai Peng,** Silver Director #8 – Loh Jaw Hann, Silver Director
- #9 Goh Soo Hean, Silver Directo
- #10 Eddy Leong Kit Chuan & Peggy Yeoh, Silver Directors

Top 10 Growth Distributors



(From left) James Law, Secielia Gor, Jason Kwan, Sydney Teoh, Nelson Chew, Ooi Chee Wee, Yong Kok Wai

- #1 Yong Kok Wai, Gold Director
- #2 Soh Sau Ngo, Silver Director #3 Ooi Chee Wee, Gold Director
- #4 Ooi Cheng Huat, Silver Director
- #5 Nelson Chew Chin Leen, Gold Director
- #6 Jenny Heng, Gold Director #7 Goh Soo Hean, Silver Director
- #8 Jason Kwan & Sydney Teoh, Ruby Directors #9 James Law & Secielia Gor, Gold Directors
- #10 Aceline Lai, Gold Director

Top 3 Distributor Enrollers



(From left) Yong Kok Wai, Ooi Chee Wee, Lucas Lim

- #1 Yong Kok Wai, Gold Director #2 Ooi Chee Wee, Gold Director
- #3 Jane Leow & Lucas Lim, Gold Directors

Top 3 Preferred Customer Enrollers



Syed Shaharuddin Yang

- #1 Keith Howard, Director
- #2 Syed Shaharuddin Yang, Achiever #3 Shaun Kwong, Achiever

iPad Contest Winners



(From left) Siow Geok Fan, Darsani Zakaria (representative of Sahrul Zakaria), Chong Mun Fai (representative of Charles Calvin Ting), Tan Cheng Hong, Vincent Liew, Goh Siew Gim (representative of Mohd Syamim B Mohd Shukor) & Lee Fen Fen

Week 1: Siow Geok Fan Week 2: Sahrul Zakaria

Week 3: Charles Calvin Ting

Week 4: Tan Cheng Hong, Vincent Liew, Mahadhir Bin Mohamad, Mohd Syamim B Mohd Shukor, Lee Fen Fen

Once again, USANA would like to congratulate all the Top Achievers and Winners for their outstanding accomplishment and commend them on their commitment towards the business!



In the SPOTLIGHT

ave you ever wondered how some Distributors seem to achieve a certain milestone in their USANA business so easily and effortlessly? It may seem to us that luck and success is on their side, and they possess selling and leadership skills that are far superior to others, but

how many of us actually know what they went through to be where they are today? In this issue, we will take a closer look at how some of these outstanding Distributors made it to becoming the Top Income Earners and Top Growth Distributors in the first half of 2012!









Congratulations on yet another great achievement! You were the Top Income Earner of 2010 and 2011, and now, in the first half of 2012, you are once again our Top Income Earner!



So how does it feel like to be the Top Income Earner again, especially for 2 consecutive years and the first half of 2012?

Annie: I feel so honoured, excited, and surprised to be crowned "Top Income Earner" again for the first half of 2012 and also for the last two years! I'm amazed that although I have not advanced to a new rank in the last two years, I was still able to earn a stable income, which can only mean that all my hard work invested in this business throughout the time was worth the effort! It also dawned on me how powerful network marketing is that has enabled me to enjoy residual and leveraged income over the time.



For many people, becoming one of the Top Income Earners in USANA is just a dream for them, but you make it seem so easy to achieve! Is it really that difficult? How were you able to sustain your earnings and maintain your level of success?

Annie: Well, it may not be as difficult as many perceive it to be. The most important thing is to persevere and continue doing those simple things over and over again in the business with a positive mindset and joyful attitude. You will be surprised with the unexpected rewards that this business offers. I can't emphasize enough on the importance of product education and Autoship, because it is only through these two factors that I am able to create a consistent stream of leveraged income and sustain my earnings. We need to educate our consumers on the goodness of the products and the benefits of Autoship, and once they have understood it, they will certainly start taking USANA products for a long period of time. It is also important to find the right people to do the right things in the network marketing business, because when you do that, you are sure to achieve a greater outcome in the business!



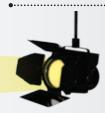






Anthony Ang & Tina Li

Ruby Directors
Top Income Earner (#2)



You were ranked 5th place in the Top Income Earners category for 2011, and then you made it to 2nd place in the same category in just a short period of 6 months! That is amazing!



Did you feel any pressure while pushing yourself towards your goal? And why is that so?

Anthony & Tina: Many people may think that we have worked harder and faced greater pressure during the process. Yet in actual fact, we did not feel or give ourselves any pressure. Since the day we started our USANA business, we have never slowed down — the amount of effort we put in today is just the same as the effort we put in from day one. And now, all our hard work and effort has finally paid off as it has allowed us to double and triple our return. The best part is, the more effort we put into it, the easier and more enjoyable it gets. Through USANA, we have truly experienced wealth freedom with the leveraged income we have achieved.



What motivated you to continuously strive for greater results looking at the accomplishment that you have already achieved in 2011?

Anthony & Tina: That is because we continuously set a new goal. We believe that there are two kinds of success – one is by accidental, and one is inevitable. If your success is by accidental, you might not progress and fall behind, causing a decline in your performance and your team to suffer with you. But if your success is inevitable, then you have indeed achieved true success. Our accomplishment today does not mean anything because it is merely a timeout in a ball game. In order to achieve an inevitable success, we will continuously set new goals and fulfill them through proactive actions.



Gold Director
Top Growth Distributor (#1)



What an astounding achievement in the first half of 2012! Not only did you advance to Gold Director, but you also earned first place in the Top Growth Distributor category as well as some other awards!



I'm sure many people would like to know how you did it. What motivated you to accomplish such outstanding achievements?

Yong: Thank you so much. I would say that one of the main factors that has attributed to my success is building a network of contacts and continuously sharing this business with them. USANA is a people business, and therefore it is important to find the right people to execute the right things. Timing is another key factor — knowing the right time to grasp the right opportunity and aim for it. The role of an upline is equally important in duplicating his/her success to the downlines.



What are your goals in the future? Do you see yourself achieving greater heights?

Yong: My wish is to help more of my downlines to succeed. I would love to advance to a higher place, but what matters most now is not about optimizing my business structure, but building a stronger structure for my downnline organization, because when they succeed, we succeed too!

July 2012

July 2012

July 2012





USANA Jom'Heppi' Camp

1 – 2 July 2012, Port Dickson



he USANA Jom 'Heppi' Camp was recently organized at Eagle Ranch,
Port Dickson in early July. This 2-day
1-night camp was conducted in Bahasa
Malaysia and Distributors had a blast at the camp, participating in various exciting activities such as teambuilding games and trainings. The Happiness
Camp aims at bringing Distributors together for a fun and wonderful time while cultivating team spirit among them. It also helps to train Distributors on the effective ways to operate the USANA business with a positive mindset.





USANA Malaysia wins The BrandLaureate BestBrands Awards 2011/2012 once again for 5 consecutively amazing years!



The APBF Salutes the Winners of The BrandLaureate BestBrands Awards 2011-2012 The BrandLaureate Awards 2011-2012 Winners Listing

USANA Essentials have been awarded The BrandLaureate Awards 2011-2012 for the best brand in Product Branding Best Brands in Wellness for Advanced Nutritional Product. The BrandLaureate Ceremony was held on 8 May 2012 at Sunway Resort Hotel & Spa, Petaling Jaya.

Since 2007, USANA Essentials have received The BrandLaureate Award for being the best in product branding in wellness, and it is a great honour for USANA to achieve such high recognition over the years. Without the support and dedication from the Distributors, USANA would not have come this far. Thank you once again to all USANA Distributors for making this a success!

About The BrandLaureate Awards

The BrandLaureate Awards (TBL) was conceptualized to honor brand excellence amongst the best of brands in Malaysia and the world. It is awarded to deserving brands from multinationals (MNCs), trans-national corporations (TNCs), large corporations (LCs), public-listed companies (PLCs) and government-linked companies (GLCs) that have shown best practices in branding and met the stringent selection criteria of the APBF.

New Gold Directors



Aceline Lai

Know your goals and make an effort to work towards them. Even when you are faced with challenges, never give up and persevere until the end. Nothing in the world can stop you from achieving the impossible as long as you have the will and drive to accomplish it.

Involve yourself in the business

Before joining USANA, Aceline Lai used to be very against direct selling. "My father owns a business supplying health supplements, so I believed that supplements are beneficial to health. However, I was not a believer of MLM, and I couldn't help but feel skeptical about this industry," she explained. It was not until she experienced a change in her health after taking USANA products that she realized how different USANA was from other MLM companies. "I used to be helping my father with his business, but now, I'm also working part-time in the USANA business," she said.

Aceline couldn't have achieved the Gold Director title if it weren't for the help and support of her teammates. They played a very important role in her success by growing the business and building strong networks. She commented, "I want to take this opportunity to thank all my teammates for their unending support and encouragement. A big thanks to my uplines for their unconditional help and guidance, and not forgetting my downlines who have shown a high level of tenacity and dedication for their business in the course of progressing towards their goals!"

Aceline also emphasized on the importance of actively involving oneself in the development of the business and making things work. "Know your goals and make an effort to work towards them. Even when you are faced with challenges, never give up and persevere until the end. Nothing in the world can stop you from achieving the impossible as long as you have the will and drive to accomplish it," she shared.

She continued, "This business is not about 'me', but it's about the team. What matters most is the achievement and success of my downlines, not the rank that I will achieve next." In the near future, she aims to help more of her downlines to advance to the Silver or Gold Director rank.



No pain, no gain. It is only through hard work and dedication that you will see results in your business.

Team effort equals success

For 8 years, Yong Kok Wai was working in another MLM company before he called it quits. "I left the MLM business for 5 years because I wanted to focus on my business. I never thought of venturing into MLM again until I met my upline Nelson Chew. He was very persistent and visited me each week from Monday to Friday for 6 months to share about USANA. I was so touched by his passion for the business that I finally agreed to join USANA," said Kok Wai. Without Nelson's continuous follow-up, Kok Wai would not have changed his mind to return to MLM.

After joining, he discovered that USANA was very different from other MLM companies, because not only did USANA provide him with good quality products, it also offered him the financial opportunity to build his own team and network. "USANA's Compensation Plan is easy to understand, and the uniqueness about this plan is teamwork - when everyone works together, they enjoy greater earnings and achieve a higher rank!"

USANA has also enabled him to achieve True Health and True Wealth. "Not only was I able to generate a stable income, my friends and relatives were also able to enjoy better health with USANA products!"

Yong credited his success to a range of good products and a broad social network. He commented, "It was through my team's effort and social network that they were able to share the products with their customers, and the customers would then introduce the products to others. Word of mouth is free publicity that can be very effective and powerful!" He added, "No pain, no gain. It is only through hard work and dedication that you will see results in your business."

He would like to take this opportunity to thank Dr. Myron Wentz because without him, USANA would not have existed. He would also like to thank Nelson Chew, Anthony Ang and Tan Gay Hing for advicing, guiding, and encouraging him to keep working hard in USANA. Also, he would like to say a big thank you to his team, family and USANA staff for their support.



Leon Yeoh

About Me: Products: My Experience:

To Share:

Full-time USANA Distributor Good quality five-star products Compensation Plan: Focuses more on teamwork USANA products improved his health and made everyone healthy Achieve True Health and True Wealth through USANA.



Siew China & Tiong Hock Kwong

About Me: Products:

Housewife

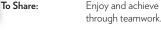
Excellent products for good health.

Compensation Plan: A plan that is easy to follow and

understand

My Experience:

USANA products contain powerful antioxidant properties compared to other products. Enjoy and achieve success





Kuan Wei Chong

About Me: Owner of Bus Transportation

Company

An answer to his health problem. Products: Compensation Plan: Fair and stable. A plan that allowed

him to achieve his dream.

My Experience & To Share:

USANA has enabled him to help many people to put an end to their health issues



Wong Chun Hou

About Me:

Full-time USANA Distributor Products: Good products that improved his

health

Compensation Plan: A simple plan that helped him to

bring in extra revenue

My Experience: Gained nutrition knowledge and

helped others to choose the right

product.

No pain, no gain.



Aruna Krishnasamy

About Me:

Full-time USANA Distributor &

Housewife

Products:

Very effective, improved her health tremendously & changed her life.

Compensation Plan: Easy to understand, fair & rewarding. Each team member plays an

important role.

My Experience:

Continuous learning & persistence are the keys to achieving financial

freedom.

East or west, USANA products &

To Share:

About Me:

Products:

business are still the BEST!

My Experience:

To Share:

Part-time USANA Distributor Best and most promising products Compensation Plan: Best plan that can generate residual income.

Gained more knowledge about

health and true wealth. Persistence leads to success.



Adrian Gan

About Me: Products:

To Share:

Full-time USANA Distributor Highly effective. Gives sufficient nutrition to our health.

Compensation Plan: Everyone is able to achieve an

extraordinary income through

USANA

My Experience: To Share:

Teamwork Makes the Dream Work. The size of your success is measured by the strength of your desire, the size of your dream, and

how you handle disappointment.



Choi Jian Fai



Nyim Sui Cheong

About Me: Products:

To Share:

Owner of Advertising Firm Very effective. Improved his

health.

Compensation Plan: Earned money easily and helped

others to become healthier

Able to achieve "true health, true My Experience:

wealth and freedom of time"

through USANA. Helping people to become

healthier is more important than earning money.

Other New Silver Directors

Rank Advancement 01 January 2012 – 29 April 2012

Anidah Bte Baba

Serrina Lee

Mohd Limin Bin Baba

Wang Xinghui

Chai Yew Kae

Daniel Ting Tai Hsu

Ng Beng Keong

Wong Leh Hu & Sia Ung Hee

Yeu Ching Ching

Yu Mei Fah

Ooi Ah Peng

Ding Choo Ing

Ng Lai Aii

Eau Ah Booi

Ooi Chee Wee

New Bronze Directors

Foo Chee Horna Winnie Law Choy Teck Liew

Diana Melynda Forman Lee Ting Sing

New Directors

RANK ADVANCEMENT 01 JANUARY 2012 - 29 APRIL 2012

Goh Chun Yong Kong Sieng Ing Yong Kok Hong Yap Chee Kit

Soon Lee Ling Mylene Lee Chwee Yean Ooi Cheng Huat Lim Eam Ngoh

Chai Siak Fah Ngu Liong Hie Soh Sau Ngo Goh Soo Hean

TP Wang & YT Lim



New Premier Platinum PaceSetters

Rank Advancement 01 January 2012 - 29 April 2012

Ab Rahim Bin Hj. Ali Abd Rashid Bin Ahmad Adeline Yii Adrian Lau & Rachael Choong Adrian Mah Yew Beng Ah Kam @ Yap Ah Kam Ahmad Zaki Bin Mohd Sagiman Ambigapathi Samarasan Analisa Vera Morga Ang Chin Woon Ang Geok Ling Ang Swe Lian Ang Tze Chee Anger Choong Angie Choo Anne Koh Lee Fong Arni Binti Mahmud Aruna Krishnasamv Aw Bee Yong Aw Wei Chun Beh May Yen

Ben Leong Benjamin Mariappan Bong Siew Mew Boon Fong Loo Cally Tan Carmen Teoh Carol Theng Chai Ah Loy Chai Kin Teck Chai Yong Fung Chan Kiang Fatt Chan Kok Hoon Chan Loi Foong Chan Peng Khay Chan Shiao Yen

Chan Siu Siu

Chan Wev Ni

Chan Yew Keong

Charlotte Teoh

Chau Lee Seng

Chaw Lay Fong

Che Azizan Bin Che Che Ismail

Cheah Pei Mei Cheah Ying Keet Cheah Ying Yung Chee Ah Moi @ Chee Yet Ying Chee Choon Foo Chen Fong Eng Chen Thu Kiaw Cheng Chon Ghen Cheng Chon On Cheong Chian Chian Cheong Siew Hong Cheong Yeok Wah Chia Peng Choon Chin Shinn Haur Chnq Yen Sa Choi Voon Chin Choi Wan Wei Chong Chien Min Chong Choi Mee Chong Foong Yin Chong Hang Chyang Chong Kim Lian Chong Kuan Seng Chong Kui Fong Chong Pik Ling Chong Shin Yee Chong Teng Shy Chong Wai Ling Chong Yeow Fee Chong Yuen Feng Choo Chuo Siong Choo Kooi Fang Choo Shen Yang Choong Choi Hoong Choong Soo Fatt Chor Chun Wei Chow Kim Long Chow Wai Yin Chu Weng Keat Chual ee Lee Chua Siew Lian Chuang Swee E Chye Li Hsuan CT Loo CW Ooi Danny Ong

David Teh

Derrick Giam

Ding Tung Hing

Dzul Asyraf Azman Elisa Marie Puah Fadzilah Binti Md. Jani Faridah Bt Hussin Fathiah Bt Mohd Atan @Ab Rauf Fatimah Abu Samah Foo Fui Ling Foo Soo Fung Foo Yum Cheong Foong Poh Chee Fu Ah Main Gan Ain Tian Gan Boon Chin Gan Siok Lan Gary Thong Genevieve Wong Go Chan Yap Goh Ah Yook Goh Bee Yen Goh Chun Hock Goh Chun Yong Goh Li Chiu Goh Seng Chai Goh Soo Hean Goh Su Yap Goh Swee Moi Goh Tong Peng Goh Yee Fong Gor Ley Bee Hasani Saleh Heng Miew Keng Heng Siew Eng Heng Toy Cheng Hew Nye Moi Hew Siew Chuen Ho Lee Hona Ho Suok Mee Hock Shiau Pim Hoi Kah Yong Hong Yong Fu Hoo Swee Ee Hoong Choi Huan How Yoke Kim Hu Chee Mei Hwong Ling Ting

Indradevi A/P Muthusamy

Jeremy Tan Beng Wah Joanna Sim Ching Chu Joanne Tan Joe Lim Johann Loh Johnson Gan Pow Nee Joseph Ong Kean Guan Joseph Ting Kuang Yeo Josephine Prabavathi Andrew Judith Lum Mei Lin Julia Tan Siew Luan Julian Wong Chung King Jun Wong Lai Kun June Chin Kim Fa Kan Lai Chin Kathy Tan Yee Ket Kelly Leong Kenny Low Kenny Yeap Kian Soo & Joy Xin Kew Hoi Sim Kew Yoke Sim KG Ooi Khairul Bin Hamizon Khalid Bin Mohamad Busri Khoo Ee Chin Khoo Hong Khoo Siew Ngor Khoo Wei Sheng Ki Mei Hia Koh Lian Sang Kok Hon Man Kon Heng Tong Kong Chai Fong Kong Mee Lai Kong Seow Ling Kong Sien Min Kuan See Mei Kuang Seik Wen Lai Chin Yii Lai Leong Meei Lai Leong Yong Lai Suet Mee Lainnie Yii

Lau Chu Kee

Lau Hwee Lee

Jacqueline Yeu Hie Hie

Lau Tze Wah Lau Wai Nee Law Siew Ching Le Ang Soon Lee Ai Ying Lee Bee Lian Lee Bee Wooi Lee Eng Foo Lee Geok Noi Lee Hong Lian Lee Hoong Onn Lee Huan Ying Lee Kah Wai Lee Kheong Ho Lee Kim Choo Lee Kim Hua Lee Kim Liana Lee Kim Seong Lee Kuok Ing Lee Lay Peng Lee Nga Yen Lee Sam Nooi Lee Sau Wan Lee Siw Lian Lee Yap Lee Yi Hong

Leong Chee Chong & Wai Chooi Fong Leong Phooi Yee Leong Pui Jie Lew Jing Huei Lew Keim Feng Liew Chooi Voon Liew Fook Seong Liew Kee Keong Liew Khai Foon Liew Kim Foona Liew Kok Fong Liew Siew Teng Lily Chou Lily Khor Lim Bee Chin Lim Chee Seng Lim Cheng Hooi Lim Cheong Thiam Lim Chun Lin Lim Chung Shen

July 2012 (USANA) 20



New Premier Platinum PaceSetters

Lim Goon Hwei Lim Huey Hean Lim Hui Ting Lim Kai Teong Lim Kian Tat Lim Kian Yau Lim May May Lim Meng Huat Lim Miaw Wei Lim Poh Chin Lim Theng Theng Lim Wee Sin Lim Xin Yun Lim Yun Hui Ling Puh Choo Liw Kim Loges & Vidhya Loh Kim Yeng Loh Shi Ming Loh Shu Rong Lok Choi Yen Low Beng Lee Low Chee Seng Low Seng Lum Low Yoong Hwa Luke Ting Kuong Miang Lum Chooi Foona Manimaran A/L Raman Mardiana Binti Abdul Latiff Mariam Binti Mugarang Mark Wong Marlina Binti Man Massuzah Binti Abdul Rahman

Mat Sarif Bin Khamis Md Ariffin Md Yassin Mohd Faizal Bin Yusuf Mohd Hairun Bin Awang Moi Wai Leng

Muhamad Idris Bin Annuar

Muhammad Mukhtaruddin B Harun

Na Ah Chuan Ng Ah Hooi Ng Ah Tiok Ng Bak Seng

Ng Chi Kuan Ng Chor Hwa Ng Geok Peng Ng Kae Shyuan

Ng Kek Kiong

Ng Kiat Siang Ng Kim Guan Ng Kwee Lin Ng Loke Khian Ng Pui See Ng Siew Hong Ng Sooi Hong Na Swee Kean Ng Yee Harn Ng Yen Peen Ng Yoke Wan Ng Yong Kuang Nga Hui Lin Ngu Lee Fang Ngu Ung Ling

Noorlela Binti Mustapa Nor Asmidah Binti Mohd Mokhtar

Norhasni Binti Muhamad Norhayati Binti Abdul Hamid Normahdiah Binti Lias Nur Azizah Binti Nurdin Oh Tan Fong Ong Beng Chung Ong Boon Hock Ong Chew Mooi Ong Ken Tong Ong Lai Cheng Ong Swee Geok Ong Yew Teck Ooi Chee Yeong Ooi Cheng Huat Ooi Mei Peng Ooi Suat Kheng Ooi Woon Chee Ooi Yee Mei Ou Hui Yeng Ow Siew Eng Pang Sin Lian

Pee Kee Chiaw Perumal & Sree Devi Nair Phana Chien Yin Piang Teck Liong Poon Swee Hang Pua Lea Pheng Raymond Ting Wei Soon

Renuga Velu Rohani Binti Ahmad Rohaya Binti Ahmad Roliza Binti Hj. Abdul Hamid

Rosidah Bt Hassan Rosmah Binti Awang Lah Rozita Binti Harun S. Gauthamman

S. Mahandran S. Subramaniam Samantha & Jesse

Samsiah Binti Mohamed Samuel Kuek Sasi & Nalini Saw Heng Chooi

Sazali Bin Mohammad Seah Siew Lee See Siew Hoee Sen Choy Lai Seow Meng Keow Seth Kim Yew Shaily Tsai Shek Tan Siam Lee Ing Siam Lee Noy Siew Kung Jong Sii Hiong King

Sim Ching Yeh Sim Soo Hiong Sim Sook Huav Sin Cheang Ming Sin Kok Yiau Sin Loo Yee Sindhumalar Vadiveloo

Siti Hajar Binti Abu Bakar Siti Juriah Bt Sulaiman Siti Maheran Binti Jaafar Siti Zaleha Bt Awang Hassan

Soh Sau Ngo Soo Eng Lee Soo Ming Yang Su Khoon Lim Sue Choy Mei Suren & Aruna Svlvene Lai Chiew Siee Tai Choon Siew Tai Kim Yuet

Tai Ngim Kiau Talib Bin Saleh Tam Yoke Fona Tan Ah Lee Tan Bee Yee Tan Boon Hwa Tan Chee Keong Tan Chik Kim Tan Chin Sean Tan Chooi Hoon Tan Eng Chiew Tan Eng Keat

Tan Guat Hoon Tan Guek Looi Tan Kam Tien Tan Keh Chak Tan Kian Hun Tan Kian Wui Tan Lea Pieng Tan Lee Yen

Tan Lee Yong Tan Ling Ling Tan Ling Ling Tan Mok Hoo Tan Saw Tin Tan Sew Koh Tan Seyok Hon Tan Sioh Peng Tan Sun Ping Tan Vee Lian

Tang Hieng Lee Tee Lay Peng Tee Soon Keong Teh Che Hon Teh Lee Shan Teh Sin Yi Teh Yee Sheng

Teoh Chin Tat Teoh Win Seng Teong Chooi Hong Thanasri Jayarahman Thevadass Suparmaniam

Thoo Lok Moi Tiew Kian Guan Ting Dee Hie Ting Han Moi Ting Hua Sung Tiong Ing Kiat

Tirosheni A/P Jaya Rahman

Tiu Siew Yoong Too Set Peng Viennien Low Vincent Wong Vivian Wong Voon Sam Moi Wan Sau Yong

Wan Wei Kuan Wang Lifang Wang Ta Shin Wee Yee Kew William Kan Wong Bang Maan

Wong Chee Hong Wong Choi Ling Wong Dey Si Wong Hie Khing Wong Ken Sun Wong Khar Fye Wong Khar Hyen Wong Khiun Mui Wong Kim Lan Wong Kim Yoke Wong Lai Yoon Wong Lik Wei

Wong Swee Sing Wong Yau Ling Woo Sek Kee Yap Kim Mun Yap Lee Meng Yap Lian Seng Yap Siew Lan Yap Siew Mook Yap Sok Moy Yap Soon Sing Yau Khoon Moy Yee Mei Ying Yee Swee Meng Yew Jen Li Yong Hun Seong Yong Kok Wing Yong Mee Kuan

Yong Mei Chien

Yong Nget Ngoh

Yoon Mooi Choong Yusra Purwadi Bin Rusli Zaharah Binti Mat Adam Zaharah Sarasa Binti Abdullah Zunainah Binti Abdullah

New Premier PaceSetters

Rank Advancement 01 January 2012 – 29 April 2012

Abdul Razak Bin Baba Ashamah Bt Che Isa

Bunga @ Che Hasniza Bt Ng San @ Che Lah

Chai Kim Haur Chan Ai Cheng Chan Weng Kit Charmaine Boo Chong Sit Lin Chook Siew Hooi Goh Keng Ming

Goh Siew Wan Ho Giao Hoong Jeremiah Karunakaran Kanayalal Paramanad Menaka Kellie Liu Kiet Ping Koon Sze Sean Lam Lee Choo Lee Hoe Kit Lee Siew Kit

Lim Bee Hong

Lim Woon Chin Mohd Izwandy Bin Md Anuar Nazila Bt Mat Bazi

Nordin Bin Wahab Ruhani Bt Hussin Serrence Thong Sia Kong Cheng Tan Boon Ping Tan Ee Lyn

Lim Seok Kean

Tay Kian Hock Teoh Kim Cheng Thien Kui Lan Tiu Lai Fun Wang Wee Sern Wong Ka Foo Wong Li Ching Wong Thean Yew



Qualifying Period: 1 Jan 2012 - 29 Dec 2012

New Rank Advancement

Awarded to Distributors who advance one or more ranks to Gold Director or higher during the year*

Reward: Recognition at USANA Conventions & Celebrations; Annual Retreat (for Gold Directors and above)

Malaysia Growth 25

Awarded to the Top 25 Malaysia Distributors who increase their business in absolute commission points (CVP) the most during the qualifying period.

Reward: Recognition Dinner with corporate management at the AP Convention location Winners must attend the 2013 AP Convention to qualify for the award.

Top 10 Income Earners

Awarded to the Top 10 Malaysia Income Earners.

Reward: Recognition on stage with recognition plaque at the USANA Celebrations

Top 10 Rising Stars

Awarded to the Top 10 new Distributors of any rank who have the highest growth in absolute commission points (CVP) in their 12 months with USANA. Criteria is 2 years or less from enrollment.

Reward: Recognition on stage with recognition plague at the USANA Celebrations

Top 3 Distributor Enrollers

Awarded to the 3 Distributors who personally sponsor the most number of new Distributors during the qualifying period. (Only new Distributors who have activated at least one BC count will be taken into the award.)

Reward: Recognition on stage with recognition plaque at the USANA Celebrations

Top 3 Preferred Customer Enrollers

Awarded to the 3 Distributors who personally enrol the most number of new Preferred Customers during the qualifying period.

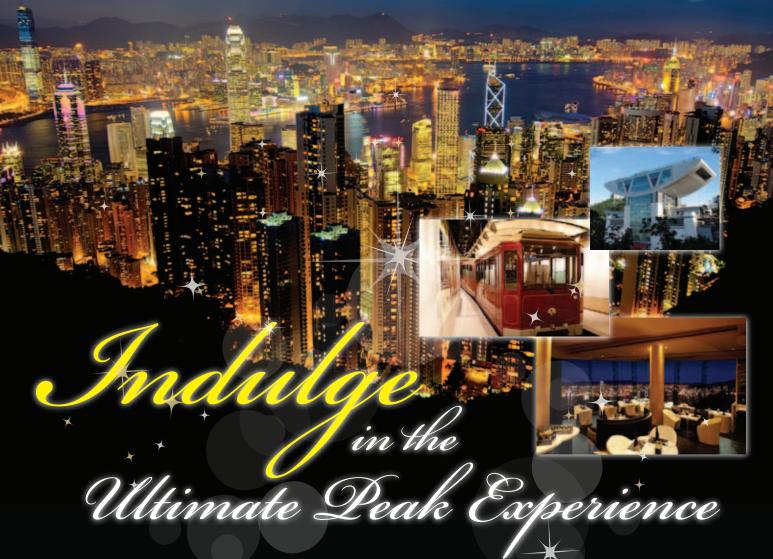
Reward: Recognition on stage with recognition plaque at the USANA Celebrations

Terms and conditions:

- 1. The year* above refers to the qualifying period, which is from January 1 to December 29 of 2012.
- 2. Distributors must be present at the Malaysia Awards Ceremony personally to receive the Awards.
- 3. Only Distributors from Malaysia market are eligible to be recognized.
- 4. Only Distributors who is in good standing in USANA business qualified for the awards & recognitions
- 5. USANA reserves the right to make amendments to the terms & conditions without prior notice and USANA decision is final.







While the sky is the limit in USANA, The Peak in Hong Kong is a short stop for you to enjoy your fruit of labour when you become a winner of the 2013 Malaysia Growth 25! The Peak offers a stunning night view of the beautiful city that brings you an unforgettable experience of Hong Kong's living culture.

To qualify for the 2013 Malaysia Growth 25, be among the 25 Distributors from Malaysia who show the highest increase in their commission* between January 1, 2012 and December 29, 2012 (compared between January 01, 2011 and December 30, 2011) and attend the 2013 Asia Pacific Convention in Hong Kong. Winners of the 2013 Malaysia Growth 25 will be treated to a sumptuous dinner at the amazing Sky Terrace 428 that stands at 428 metres above sea level, which overlooks the breathtaking and magnificent skyline of Hong Kong!