Your Guide to **USANA** Supplements

For a personal health assessment, please visit www.truehealthassessment.com

ESSENTIALS

Mega Antioxidant

- top-rated daily vitamin and antioxidant supplement for adults
 - formulated with a powerful amount of vitamin D

MultiMineral Plus

- - delivers a wide spectrum of essential minerals and co-factors needed for long-term optimal health

AO Booster"

- boosts antioxidant protection
- contains resveratrol and grape-seed extract

Body Rox[™]

- daily vitamin, mineral, and antioxidant
 - supplement for young adults • helps compensate for young adults' erratic eating habits

Usanimals^{*}

- daily vitamin, mineral, and antioxidant supplement
- fun and easy-to-eat chewables

Cardiovascular System

Proflavanol® C¹⁰⁰ H

- provides antioxidants for the maintenance of good health
 - helps support balanced immune function

CoQuinone[™] 30

- an optimal combination of coenzyme Q10 and bips pioqil-edgle
- helps support a normal, healthy cardiovascular system

CoQuinone[™] 100

- more than three times the strength of
- regular CoQuinone 30 • an optimal combination of coenzyme Q10 and alpha-lipoic acid

Nervous System

Visionex™

- advanced eye health supplement
- antioxidant formula designed to help support healthy eyes

Ginkgo-PS^{*}

- unique Ginkgo biloba formula helps prevent age-associated memory decline
- formulated with the highest-guality Ginkgo biloba extract

Endocrine System

PhytoEstrin™



• supplement to help relieve symptoms associated with menopause and premenstrual symptoms

Pure Rest"

• fast-acting melatonin supplement • supports the body's natural sleep and wake cycles

Palmetto Plus[™]



• supplement to help relieve the urological symptoms associated with mild to moderate benign prostate hyperplasia

Skeletal System

Active Calcium Plus™



- complete bone health formula for adults
 - and young adults
- helps maintain strong, mineral-rich bones

Active Calcium[™] Chewable

- bone health formula in a chewable for adults and young adults
- helps to prevent bone resorption and osteoporosis

Procosa[®]

• groundbreaking formula that supports optimal



Cellular Function

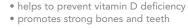


• blend of essential fatty acids from organic flax seed, sunflower, pumpkin, and olive oils • suitable for vegetarians and vegans





- high-quality, ultra-pure fish oil supplement • supports sound cardiovascular health
- Vitamin D



- Polv C®
- USANA's proprietary, advanced vitamin C supplement
- helps in immune health and the development and maintenance of bones, cartilage, teeth, and gums

BiOmega[™] Jr.



- omega-3 supplement in an orange-pineapple flavoured ael
- supports healthy brains and bodies

Digestive System



USANA® Probiotic



- unique blend of two probiotic bacteria strains, clinically proven to survive the harsh acidic environment of the stomach
- promotes healthy digestion

USANA[®] Digestive Enzyme

- helps support healthy digestion
- eating too quickly • supports the body's natural detoxification processes

• helps resolve stomach upset associated with

Hepa Plus® 月



- supports and balances the body's natural detoxification processes
- helps protect against oxidative stress

Fibergy[®] Plus



- supports good digestive health
- promotes regularity
- gluten free, dairy free, soy protein free









