

The USANA
U-Wellness Tour
Health. It's important. But are you doing everything

Health. It's important. But are you doing everything you can to develop a healthy body—and a healthy mind? Stop wondering and start learning from the people who understand the science of optimal health. Lyle MacWilliam, who served at the behest of Canada's federal Minister of Health to help develop a new regulatory framework for natural health products, will give you the information you need to take your health—and your life—to the next level. Join him and other health and wellness experts to find out more about how the newest nutritional scientific developments will improve your life from the inside out.

## **FEATURED SPEAKER**



**Lyle MacWilliam,** BSc, MSc, FP

An author, educator, and chemist, Lyle MacWilliam is the president and CEO of the NutriSearch Corporation, a Canadian company serving the needs of the natural

health products industry. He is also the publisher of the Comparative Guide to Nutritional Supplements, used by leading nutritional manufacturers and healthcare professionals. He is passionate about personal fitness and health, and has served as a consultant and public advocate for the health industry for several years, making his scientific, communication, and research skills an incredible commodity for those interested in improving their overall well-being.

U-Wellness will also include other health and wellness experts from your area!

## FEATURED SPEAKER

Westin Bristol Room: Sutton B 950 Dixon Rd. Toronto, ON

7:00 p.m.-9:00 p.m.

Associates, \$25; Guests, \$5

Register: http://optimalutoronto.eventbrite.com

