

LISA TAMATI USANA Ambassador



Ultra Marathon Runner & USANA Sponsored Ambassador

Date of Birth: 24 September 1968

Discipline: Ultra Marathon Running

Lisa takes **USANA Essentials™**, **Active Calcium Plus™**, **BiOmega™**, **Procosamine®**, **Proflavanol® C¹⁰⁰**, **CoQuinone 100™** and **Rev3 Energy™ Drink**.

Sporting Career Highlights:

2012

Expedition 140km Desert (Alice Springs, Australia)

2011

La Ultra – The High, 'Toughest Footrace on the planet'- (Himalayas, India)

The North Face 100km event, (Blue Mountains, Australia)

2010

5th at the Sahara Desert stage Multi Day Adventure race - (Egypt)

2nd at the Gobi Desert stage Multi Day Adventure race - (China)

2009

Expedition Run 2250km –52 marathons in 42 days for charity
NZ representative at the Commonwealth Mountain & Ultra Distance Championships (Keswick, UK)

9th- Badwater 217km Ultra Marathon (Death Valley, USA)

2nd- NZ National 100km Championships

Lisa is an elite ultra-runner, adventurer, author, and documentarian and is among the top female ultra-athletes in the world. She has run more than 60,000km to date and has traversed on foot almost every major desert in the world.

Why USANA is important to me...

Lisa says, 'I am honoured to join the USANA family as a USANA Sponsored Ambassador. As an ultra-marathon runner I push my body, sometimes days on end over huge distances so I need the best supplements out there. Diet alone just doesn't make the cut and with the nutrients I get from taking USANA's supplements I know I am getting the optimum nutrition to perform and to keep on performing for years to come. I work and play hard and need the support of a top team and top supplements so thanks USANA for believing and supporting me!'

For more information contact: